

# The Catholic Parish of Epping and Carlingford

## Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford



**Parish Priest: Fr Jim McKeon**  
Tel.: 9876 2853  
Email: jim@eppcarl.org.au

Email: parish@eppcarl.org.au

**Assistant Priest: Fr Bogdan Skupien**  
Tel.: 9876 2853  
Email: Bogdan.Skupien@bbcatholic.org.au

Parish Office: 9876 2853

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's Church at Carlingford and Our Lady Help of Christians' Church at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebration of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR B**

**PENTECOST SUNDAY**

**23-05-21**

**Acts 2:1-11**

**Gal 5:16-25**

**Jn 15:26-27; 16:12-15**

Dear Parishioners,

**Happy Pentecost!** This is the great celebration of the Holy Spirit. We also consider it to be the birthday of the Church, for it was on that first Pentecost Sunday which we hear in Acts Chapter 2 that the disciples began to preach the good news. We hear from St Paul that the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithful, gentleness and self control. Is there one of these which you particularly need or desire? Pray this weekend for the Holy Spirit to manifest this in you. We are celebrating Pentecost at all weekend Masses, at our vigil prayer service on Saturday night (details below) and with an ecumenical gathering on Tuesday night (details on page 2).

**Volunteering:** The Holy Spirit gives us gifts to equip us for ministry. Each of us has access to the Holy Spirit, so each of us have a contribution to make to the ministry of the parish. St Paul writes about this extensively in 1 Corinthians chapter 12. This weekend there are volunteer sheets on your seats. We invite you to choose a ministry you'd like to assist with by ticking the box, and placing the sheet in the blue or red collection boxes in the church. Your details will be given to the leader of that ministry who will contact you to invite you to take part and to answer your questions. You can download the volunteer form now at <https://www.bbcatholic.org.au/epping-carlingford/groups-and-ministries/volunteering/volunteering> and return to [eppcarlvolunteer@bbcatholic.org.au](mailto:eppcarlvolunteer@bbcatholic.org.au)

**Safeguarding** is the term we use for pro-actively ensuring that children and vulnerable people are kept safe in the Church. We do this both to avoid the sins and crimes and of the past, but also in response to Jesus' command to "let the children come to me, and do not stop them". In the coming months we have a project to review our parish life to ensure that we are doing everything we can to keep children safe. Fr Jim is looking for a few people with a passion for safeguarding to work with him on this project. Please contact him [jim@eppcarl.org.au](mailto:jim@eppcarl.org.au), 9876 2853 or see him at Mass.

**Relocation:** With the recent announcement that the re-development of the Epping site will commence at the start of 2022, Fr Jim has begun consulting with the Parish Pastoral Council and other groups to look at how we continue to operate at OLHC Church, and what services and ministries we will move offsite. A small team has been formed with Helen Barry, Joan Sally, Declan Sally and Kevin McDonald to map out the various processes and tasks required. Keep an eye out for a number of consultations within the parish in the coming months.

**"A Paddock Out the Back"** is the title of the history of OLHC Church and Parish, written in 2017 for the centenary of Catholic worship in Epping. To celebrate the feast of Our Lady Help of Christians on Monday we have copies of this book available, free for parishioners, at the back of OLHC Church this weekend.

**School Masses:** St Gerard's School will join us for the 9.30am Mass on Mon May 24<sup>th</sup> to celebrate 200 years of Catholic education in Australia. We will also have a special Mass at 11.15am at OLHC with OLHC school, which is coincidentally the solemnity of Our Lady Help of Christians.

**The Parish Bulletin** is a key piece of communication within the parish, both printed, and emailed to 700+ people per week. You may have noticed however that much of the information is duplicated from week to week as we try to give advance notice for upcoming events. To reduce the time spent on bulletin production each week we will move to produce the bulletin fortnightly, starting from next week. This will also have a cost savings and an environmental benefit. Groups submitting notices for the bulletin will need to have their notices to Maree by Wednesday May 26<sup>th</sup> for the May 30 & June 6 bulletin.

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## Pentecost Worship Night

Join us for a night of spirit filled worship.

PROGRAM: Holy Rosary | Praise and Worship | Teaching by Father Bogdan | Adoration of the Blessed Sacrament

▪ 22 MAY 2021 ▪ 7.30 PM ▪

▪ OUR LADY HELP OF CHRISTIANS ▪  
31 OXFORD ST EPPING

The Catholic Parish of Epping and Carlingford

**Pentecost** is one of the great feast of the church and we intend to celebrate it well! Come and join us for an hour of praise and worship where we will call to the Holy Spirit on Saturday night, 7:30pm at OLHC Church. Contact Fr Bogdan for more information.

### OUR LOCAL PENTECOST ECUMENICAL LITURGY

The next gathering of the local Churches in our Covenant will be to celebrate Pentecost:

**Tuesday 25th May at 7:45pm**

at **St Albans Church,**

3 Pembroke Street, Epping.

Please **come along and be part of**

**this celebration together.**



EPPING AND CARLINGFORD

# PARISH TRIVIA NIGHT

HOSTED BY ANTIOCH

26TH JUNE , SATURDAY  
7-10PM @ST GERARD'S PARISH HALL  
\$10 PER PERSON, 6-8 PEOPLE ON A TEAM

FUNDS RAISED WILL SUPPORT THE NEXT RETREAT FOR THE YOUTH.

Lots of prizes to be won!

**Bookings essential. RSVP to Joanna on**  
[joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au) or 0404 710 588 or fill in your details on the registration sheet at the back of the Church.

**Today we celebrate the gift of the Holy Spirit.** the Spirit we name every time we bless ourselves,

the Spirit whom we pray for in every Eucharist that our gifts might become the body and blood of Christ,

the Spirit in whom we were confirmed.

But the work of the Spirit, the great work of the Holy Spirit is **unity:**

In the inner life of the Trinity the Spirit is the bond of love between the Father and Son; and so in the Church the Spirit becomes the bond of love uniting us as daughters and sons of the Father and sisters and brothers of Christ.

But we pay only **lip-service** to the Holy Spirit if we confirm that work of the Spirit's just to *within* the Church:

*"The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit" (John 3:8).*

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**PARISH DIARY FOR THIS WEEK**

Day	Date	Time	Event
Sun.	23/05/21		Ministry recruitment weekend at all Masses.
		7:00pm	PMR Epping Antioch Meeting
Mon.	24/05/21	6:00pm	CH Epping—Reconciliation & Adoration
		6:30pm	St Gerard’s Church—Rosary Group
Tue.	25/05/21	7:00pm	PH Carlingford—Alpha Session
		7:45pm	Pentecost Ecumenical Liturgy at St Albans Church.
Wed.	26/05/21	7:30am	PMR Epping Parish Finance Committee Meeting
Thur.	27/05/21	7:30pm	PMR C’ford Men of St Joseph
Fri.	28/05/21	10:00am	PMR C’ford Scripture Reflection
		7:00pm	PH Carlingford CANA
		7:30pm	CH C’ford—Reconciliation & Adoration

**PARISH STAFF**

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
 Email: dennis@eppcarl.org.au

**Asst. Parish Secretary:**  
**Maree Balzulat** Ph.: 9876 2853  
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**Pastoral Care Assistant:**  
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 Email: maree@eppcarl.org.au

**Parish Support Worker (PSW) Sacramental Programmes and Children’s Ministries**  
**Lynn Siau**  
 Ph.: 0407 255 593  
 Email: lynn@eppcarl.org.au

**Sacramental Programme Assistant:**  
**Lisha Abraham**  
 Ph.: 0407 255 593  
 Email: kids sacrament@eppcarl.org.au

**Pastoral Support Worker (PSW) Youth:**  
**Joanna Mak**  
 Ph.: 0404 710 588  
 Email: joanna@eppcarl.org.au

**Missionary Discipleship Coordinator:**  
**Denis McNamara**  
 Ph.: 0410 041 944  
 Email: denis.mcnamara@eppcarl.org.au

**Parish Pastoral Council**  
 If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)



**CLOTHING DRIVE  
 Thankyou**

St Vincent de Paul, Carlingford thank all who contributed to the clothing drive last Saturday. 50 families put their names down for a pickup and the Society collected a truck full of valuable clothing and bric-a-brac items. These items will be given to those in need or sold in the Society’s Centers to provide funds to assist the poor in Our Community.

**WELCOME TO THE MEN OF  
 ST JOSEPH**



The group is dedicated to Catholic men, who together spend time, to pray and to discuss how Catholic men live in today’s world, discuss and support Catholic family issues and choices we make.  
 You are most welcome to join us on Thursday, 27th May at 7:30 pm, in the parish meeting room, Carlingford.

**PARISH FINANCE COMMITTEE** will meet **this Wednesday 26<sup>th</sup> May**, in the parish meeting room at Epping commencing at 7:30pm.

**The Parish Pastoral Council Meeting** will take place this Wednesday, **2<sup>nd</sup> June** in the parish meeting room at Epping commencing at 7:00pm.

**GRACE**

Group Radio Association of Carlingford & Epping



**Episode 16**

Tune in to hear more about OLHC Feast Day, Pentecost, the attempted assassination of Pope John Paul II, and join us as we get the inside scoop from Father Jim!



[www.anchor.fm/grace2020](http://www.anchor.fm/grace2020)



## Parish Information


**CHARITABLE WORKS FUND**  
**May 2021 Appeal –this weekend**

Please give generously to the final CWF appeal of the Financial Year 2020/21. Donations are 100% tax deductible and support five charities:-

1. Hospital Chaplaincy and Pastoral Care ministers reach 3,500 patients and 700 families each year in our local hospitals.
2. Confraternity of Christian Doctrine—materials, training and support for almost 1,000 catechists who take the gospel to students in our State schools.
3. St Lucy's School—serving primary school students with disabilities.
4. St Edmund's College—serving secondary school students with disabilities.
5. Ephpheta Centre—serving the Catholic deaf community.

**Donate to CWF by:**


- CWF envelope in your pew
- Online at [www.bbcatholic.org.au/give](http://www.bbcatholic.org.au/give)
- Or scan the QR code.

All donations contribute to our parish target. Our annual target is \$57,774, and because of covid-enforced low numbers at Mass last year we still have \$40,529 to go. This equates to around \$50 for each of the 750 or so people who attend Mass each weekend. Some of us cannot afford to give this much, others of us can afford more. Please take a moment to watch our heart-warming "Thank you" video to hear from those you are helping – <https://youtu.be/hvA4Etwvd4E>

**The Year's Shortfall**  
**\$9,219.00**



Please pray for guests and team at the Alpha Retreat Saturday 29<sup>th</sup>. They will be learning ~ *Who is the Holy Spirit? What does the Holy Spirit do?* And most important of all, ***How do I receive the Holy Spirit?***

**Pentecost**
**At Pentecost, what happened?**

Luke tells us many sights and sounds had an impact on those in Jerusalem. The noise of a mighty wind brought people from every nation under heaven to the place where the Apostles with the community of believers were gathered.

**What changed?**

The apostles were filled with joy, transformed by the Holy Spirit. They lit up with tongues of fire upon them and began to speak foreign languages. The people in the crowd heard in their own language what the believers were saying. How could they understand this group from Galilee talking all these languages? They were *bewildered, amazed and astonished. We hear them preaching in our own language about the marvels of God.*

**What marvels?**

The apostles told them what Jesus did in his life and how he died. Of all these, the greatest marvel was his rising from the dead. He has no tomb. His home is in Heaven. Jesus is the Son of God. The latest marvel they can see. The Holy Spirit is poured out on believers who proclaim,

**Jesus is Lord.**

The people at Pentecost asked, *What must we do?* Peter said, **Repent**, which means change and **Be Baptised**. Be immersed in God's power! Ask yourself, "what must I do?" The answer is the same. **Change, improve!** That is pretty impossible without God's power in your life. That is why we pray, "Holy Spirit bring your power. Change our lives."

**What difference does the Holy Spirit offer us?**

**The Holy Spirit** is *God dwelling within us* and the Holy Spirit is, *The love of God poured into our hearts.* Rm 5:5 Change is possible and the Holy Spirit makes the difference. How do you and I receive the Holy Spirit? We join with Mary, the apostles and the others who made up the community of 120 people gathered together. They prayed to receive the Holy Spirit with Mary, who had been *overshadowed by the Holy Spirit.* We pray with Mary when we say, *Holy Mary, Mother of God, pray for us sinners.* Mary is praying for us to receive the Holy Spirit. We simply pray with her, **Come Holy Spirit.**

**How do you know if the Holy Spirit has come upon you?**

Jesus said, *You will be baptised (immersed) in the Holy Spirit. You will receive power, you will be witnesses.* The Holy Spirit will guide you and you can let the Spirit give you the joy and power to witness with your life. St Paul wrote, **No one can say "Jesus is Lord" unless under the influence of the Holy Spirit.** 1Cor 12:3 Can you say Jesus is Lord of your life? We need the Holy Spirit to love the Lord with all our heart, all our mind and all our strength. Together we pray for all of us, **Come Holy Spirit.**

Youth And Young Adults

**OUR PARISH ANTIOCH COMMUNITY**

**MEETING 23rd MAY**

Come along to the Antioch meeting to hear a great talk, join in discussion time, hear some awesome music, take time out for prayer and meet heaps of great young people from our parish! The meeting starts at **7pm** in the **parish meeting room at Epping.**

So head on down and bring a friend, all 16-22 year old's are **VERY WELCOME!**

Joanne 0416 030 927, Karen 0421 506 577 (parent supporters)

*"It was at Antioch the believers were first called Christians"*



**CANA: OUR 6-9 yrs. YOUTH GROUP**

If you're in Years 6-9 come along for a night Jam-packed with **FUN & FAITH!** **EVERY FRIDAY** night of the School Term, **7:30-9pm** in the Parish Hall at St Gerard's. It's a great place to catch up with old friends, and meet some new ones!

**CANA will meet on Friday 28th May**

**CANA**  
YOUTH GROUP



John 2:11 'The first of these miraculous signs, Jesus performed at Cana.'

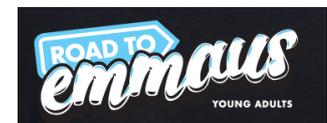
**Retreat in the school holidays for year 7-12s**

**When?** 9:30am, Monday July 5 – 1:00pm, Thursday July 8, 2021

**Where?** Benedict XVI Retreat Centre, 347 Grose Wold Rd, Grose Vale  
Get in with the early bird rate of \$260 (full rate: \$280)

Register at <https://www.trybooking.com/events/landing?eid=746555&>

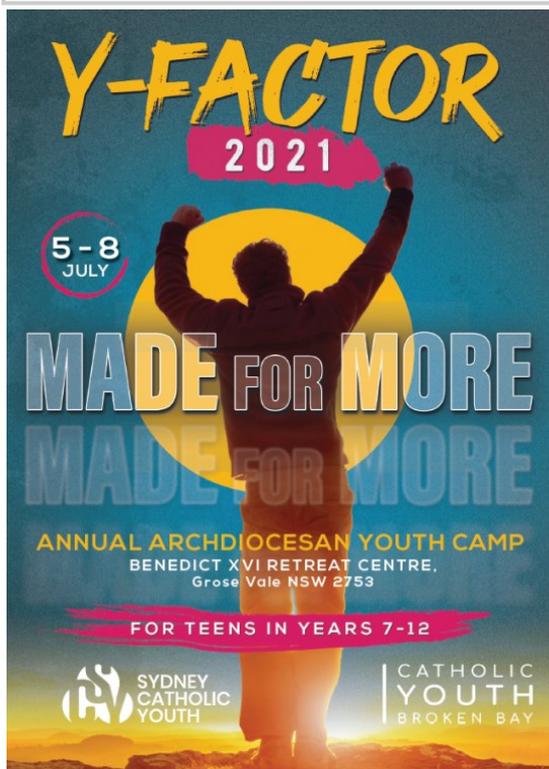
For more information contact [info@sydneycatholicyouth.org](mailto:info@sydneycatholicyouth.org) or call Sydney Catholic Youth on 9307 8152 or the Parish Youth Minister, Joanna Mak on 0404 710 588.



**Emmaus Young Adults (23-30years old)**

Our young adults group will next meet on **Tuesday, 1st June** in the parish meeting room from 7:00-8:30pm.

If you have any questions, please contact the Youth Minister Joanna on 0404 710 588.



**BIBLE IN A YEAR**

Join us on the journey via Facebook or WhatsApp as we read 'The Bible in a Year' with Fr. Mike Schmitz.

Starts 10 May 2021



For more information contact: Joanna Mak 0404 710 588

facebook



WhatsApp



**Organised by the Bible Reading Group**  
CATHOLIC PARISH OF EPPING AND CARLINGFORD

## Parish - Reflection Who Am I to Judge?

Perhaps the single, most-often quoted line from Pope Francis is his response to a question he was asked vis à vis the morality of a particularly dicey issue. His infamous-famous reply: who am I to judge?

Although this remark is often assumed to be flighty and less-than-serious, it is, in fact, on pretty safe ground. Jesus, it seems, says basically the same thing. For example, in his conversation with Nicodemus in John's Gospel, he, in essence, says: I judge no one.

<p>Only when we are living inside these virtues are we living inside God's Spirit.</p>	<p>If the Gospel of John is to be believed, then Jesus judges no one. God judges no one. But that needs to be put into context. It doesn't mean that there aren't any moral judgments and that our actions are indifferent to moral scrutiny. There is judgment—except it doesn't work the way it is fantasized inside the popular mind. According to what Jesus tells us in John's Gospel, judgment works this way:</p> <p>God's light, God's truth, and God's Spirit come into the world. We then judge ourselves according to how we live in the face of them. God's light has come into the world, but we can choose to live in darkness. That's our decision, our judgment. God's truth has been revealed, but we can choose to live in falsehood, in lies. It's our decision, our judgment to make.</p>
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And God's Spirit has come into the world, but we can prefer to live outside that spirit, in another spirit. That too is our decision, our judgment. God judges no one. We judge ourselves. Hence we can also say that God condemns no one, though we can choose to condemn ourselves. And God punishes no one, but we can choose to punish ourselves. Negative moral judgment is self-inflicted. Perhaps this seems abstract, but it is not. We know this existentially. We feel the brand of our own actions inside us. To use just one example: how do we judge ourselves by the Holy Spirit.

God's Spirit, the Holy Spirit, is not something so abstract and slippery that it cannot be pinned down. St. Paul, in the Epistle to the Galatians, describes the Holy Spirit in terms so clear that they can only be rendered abstract and ambiguous by some self-serving rationalization.

Does he describe and define the Holy Spirit?

So as to make things clear he sets up a contrast by first telling us what the Holy Spirit is not. The spirit of God, he tells us is not the spirit of self-indulgence, sexual vice, jealousy, rivalry, antagonism, bad temper, quarrels, drunkenness, or factionalism. Anytime we are cultivating these qualities inside of our lives, we should not delude ourselves into thinking we are living in God's spirit, no matter how frequent, sincere, or pious is our religious practice. The Holy Spirit, he tells us, is the spirit of charity, joy, peace, patience, kindness, goodness, trustfulness, gentleness, and chastity. Only when we are living inside these virtues are we living inside God's Spirit.

So then, this is how judgment happens: God's Spirit (charity, joy, peace, patience, kindness, goodness, trustfulness, gentleness, and chastity) has been revealed. We can choose to live inside the virtues of that Spirit or we can choose to live instead inside their opposites (self-indulgence, sexual vice, rivalry, antagonism, bad temper, quarrels, drunkenness, and factionalism). One choice leads to a life with God, the other leads away from God. And that choice is ours to make; it doesn't come from the outside. We judge ourselves. God judges no one. God doesn't need to.

When we view things inside this perspective it also clarifies a number of misunderstandings that cause confusion inside the minds of believers as well as inside the minds of their critics.

How often, for instance, do we hear this criticism: if God is all-good, all-loving, and all-merciful, how can God condemn someone to hell for all eternity? A valid question, though not a particularly reflective one. Why? Because God judges no one; God punishes no one. God condemns no one to hell. We do these things to ourselves: we judge ourselves, we punish ourselves, and we put ourselves in various forms of hell whenever we do choose not to live in the light, the truth, and inside God's Spirit. And that judgment is self-inflicted, that punishment is self-inflicted, and those fires of hell are self-inflicted.

There are a number of lessons in this. First, as we have just seen, the fact that God judges no one, helps clarify our theodicy. That is, it helps deflate all those misunderstandings surrounding God's mercy and the accusation that an all-merciful God could condemn someone to eternal hellfire. Beyond this, it is a strong challenge to us to be less judgmental in our lives, to let the wheat and the darnel sort themselves out over time, to let light itself judge darkness, to let truth itself judge falsehood, and to, like Pope Francis, be less quick to offer judgments in God's name and more prone to say: "Who am I to judge?"

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

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The Spirit's work is to unite all Christians, and the work for Christian unity is not simply a matter of telling others 'they should come back to us': **That is an arrogance utterly divorced from the Spirit.**

For those truly open to the Spirit, 'who blows where he wills' the work for Christian unity is about seeking together a common place of unity.

"We proceed along the road leading to the conversion of hearts guided by love which is directed to God and, at the same time, to all our brothers and sisters, including those not in full communion with us. Love gives rise to the desire for unity. Love builds communion between individuals and between Communities. If we love one another, we strive to deepen our communion and make it perfect. Love is given to God as the perfect source of communion—the unity of Father, Son and Holy Spirit—that we may draw from that source the strength to build communion between individuals and Communities, or to re-establish it between Christians still divided. Love is the great undercurrent which gives life and adds vigour to the movement towards unity." (Pope John Paul II, Ut Unum Sint, n.21).

For Pope John Paul, if a person is not ecumenical they are not Christian. And today's feast of Pentecost asks whether we pay only lip-service to the Spirit.  
*Copyright Fr Colin Blayney*

**Celebrations this Week**

As the Easter Season concludes we return to the Ordinary Time of the liturgical year, resuming with the 8th Week in Ordinary Time.

**Monday:** Solemnity of Our Lady Help of Christians.

**Wednesday:** St Philip Neri

**E-Bulletin**

If you would like to receive the bulletin by email, please send an email with e-bulletin as the subject title to: maree@eppcarl.org.au

**Have You Told Us?**

If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.



**Our Lady Help Of Christians Catholic Primary School**  
Principal: Ms Dominique O'Sullivan  
8 Cambridge Street, Epping 2121 Ph: 9868 3322  
www.olhcdbb.catholic.edu.au  
Email: olhc@dbb.catholic.edu.au

**Ecumenical Relationships**

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church.

**St Gerard's Catholic Primary School**  
Principal: Mrs Barbara Yee  
543 North Rocks Road, Carlingford 2118  
P: 9871 1633  
www.sgcdbb.catholic.edu



**After Hours Sick Calls— 9876 2853**

Outside office hours our office phones divert to Fr Jim and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**USEFUL LINKS**

**Facebook:**

<https://www.facebook.com/CatholicParishOfEppingAndCarlingford>

**Instagram:** <https://www.instagram.com/catholicparisheppcarl/>

**Fr Jim's YouTube:**

<https://youtube.com/channel/UCLpbDNqP8u1Wx4Gm08jJydA>

**Epping and Carlingford Website:**

<https://www.bbcatholic.org.au/eppingcarlingford>

**G.R.A.C.E podcast via internet:**

<https://open.spotify.com/show/1y2EWOFkWJMRN5tAWJN9am>

**Admitted to Hospital**

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

Date	Mass Time	Epping	Mass Time	Carlingford
29/05/21	5:00pm	Fr Bogdan Skupien	6:00pm	Fr Jim McKeon
30/05/21	8:30am	Fr Bogdan Skupien	7:45am	Fr Jim McKeon
30/05/21	10:15am	Fr Bogdan Skupien	9:30am	Fr Jim McKeon
30/05/21	6:00pm	Fr Bogdan Skupien		



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**Responsorial Psalm Response**

Ps: 103:1:24, 29-31, 31-34 R. v. 30

Lord, send out your Spirit  
and renew the face of the earth.

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**Gospel Acclamation****Alleluia, alleluia!**Come Holy Spirit, fill the hearts of your faithful,  
and kindle in them the fire of your love.**Alleluia!****WEEKEND MASSES****Epping** 5:00pm Vigil, 8:30am, 10:15am, 6:00pm**Carlingford** 6:00pm Vigil, 7:45am, 9:30am**WEEKDAY MASSES**

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass

**HEALING MASS** Carlingford—1st Thursday, Epping — 3rd Wednesday (no Healing Mass in Jan.)**EXPOSITION OF THE EUCHARIST: Epping** Saturday 9:45-10:15am, **Carlingford**, 4th Thursday 10:00am**SACRAMENT OF RECONCILIATION: Epping** Saturday 9:45-10:15am **Carlingford** Saturday 5:00—5:30pm  
**OR BY APPOINTMENT** [Temporary dates for Reconciliation Monday 6pm at Epping and Friday 7:30pm at Carlingford until further notice]**BAPTISMS AND WEDDINGS: BY APPOINTMENT****PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au**ST GERARD MAJELLA'S PRIMARY SCHOOL: PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au**OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Alexander Tocher, Monica Lau, Haldane Andrews (mother of Chris Watts), Placido Mayhua, Hubert Tchibouk, Christopher Cross, Brian Mossef.**Anniversaries:** Patrick (Pat) Hall.**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard, Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Brian Walsh, Patricia O'Connor, Kathy Noonan, Dorothy Bonaccorso, Margaret Floyd, Barbara Madafiglio, John Lyons, Bev Gibbeson, Radhi Riley, Patrick Thornton, Jan Doherty, Maureen McKeough, Ana Matijasic, Benjamin Verco, Peter Kelly, John Goodwin, George Bell, Patrick Thornton, Michael & Susan Tuite, Benjamin Verco, Noelene Viset, Eileen Brownlow, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Alex Benjamin Zaragoza, Amarech Zewolde, Janice Lemon, Mary Lou Petony, Donald Wong, Joyce Heidke.**Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.****Sequence***(please remain seated to pray the Sequence after the 2nd Reading).*Holy Spirit, Lord of light,  
From the clear celestial height  
Thy pure beaming radiance give.Come, thou Father of the poor,  
Come with treasures which endure;  
Come, thou light of all that live!Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow;Thou on toil art comfort sweet;  
Pleasant coolness in the heat;  
Solace in the midst of woe.Light immortal, light divine,  
Visit thou these hearts of thine,  
And our inmost being fill:If thou take thy grace away,  
Nothing pure in man will stay;  
All his good is turned to ill.Heal our wounds, our strength renew;  
On our dryness pour thy dew;  
Wash the stains of guilt away.Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray.Thou, on us who evermore  
Thee confess and thee adore,  
With thy sevenfold gifts descend:Give us comfort when we die;  
Give us life with thee on high,  
Give us joys that never end.