

<p><b>Responsorial Psalm Response</b> Ps 121:1-5 R cf.v.2 Let us go rejoicing to the house of the Lord.</p>	<p><b>Gospel Acclamation</b> <b>Alleluia, Alleluia!</b> Blessed is he who inherits the kingdom of David our Father, blessed is he who comes in the name of the Lord. <b>Alleluia!</b></p>
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WEEKEND MASSES							
<b>Epping</b>	5:00pm Vigil, 8:30am, 10:15am, 6:00pm						
<b>Carlingford</b>	6:00pm Vigil, 7:45am, 9:30am						
WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
<b>HEALING MASS</b>	Carlingford—1st Thursday,			Epping — 3rd Wednesday			
<b>EXPOSITION OF THE EUCHARIST: Epping</b> Saturday 9:45-10:15am, <b>Carlingford</b> , 4th Thursday 10:00am							
<b>SACRAMENT OF RECONCILIATION: Epping</b> Saturday 9:45-10:15am <b>Carlingford</b> Saturday 5:00—5:30pm OR BY APPOINTMENT							
<b>BAPTISMS AND WEDDINGS: BY APPOINTMENT</b>							
<b>PARISH OFFICE:</b> 29 Oxford Street, Epping NSW 2121 <b>PH:</b> 9876 2853 <b>Email:</b> parish@eppcarl.org.au							
<b>ST GERARD MAJELLA PRIMARY SCHOOL: PH:</b> 9871 1633 <b>Email:</b> sgc@dbb.catholic.edu.au							
<b>OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH:</b> 9868 3322 <b>Email:</b> olhc@dbb.catholic.edu.au							

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**  
**Recently deceased:** Helena Recko, Margaret Doyle (sister of Eileen Rourke), Jimmie Hamell, Roy Dias, Helmut Piffe, Bernadette Fonseka, John Verhagen, Sandra (Sandy) Bradley, Daphne North, Mary Carroll, Tony de Luca,  
**Anniversaries:** Wong Oh Goun, Ng Ah Chin, George & Jeanne Ally, Hilda Cooper, Marjorie Webb, Frank Holmes,  
**Also for:** Lawrence & Dominic Scully, Deceased members of Scully & Tomlinson families, Young Hwan Ho, Yong Min Ho, Young, Seok Seo, Maria Hur, Soo Woog Jin,  
**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Peter Baker, Bev Aliprandi, Barbara Madafiglio, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella, Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Sr Pauline Wicks rsj.  
*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

**AFTER HOURS SICK CALLS— 9876 2853**  
 Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**Admitted to Hospital**  
 A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**ECUMENICAL RELATIONSHIPS**  
 Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

Date	Mass	Epping	Mass	Carlingford
30/11/19	5:00pm	Fr Peter Dowd	6:00pm	Fr Joey Frez
01/12/19	8:30am	Fr Peter Dowd	7:45am	Fr Joey Frez
01/12/19	10:15am	Fr Peter Dowd	9:30am	Fr Joey Frez
01/12/19	6:00pm	Fr Peter Dowd		

**The Truth Justice and Healing Council**  
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 Ph.: 6234 0900

# The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

**Our Lady Help of Christians' Church**  
 31 Oxford Street, Epping and

**St Gerard Majella Church**  
 543 North Rocks Road, Carlingford

**Parish Priest: Fr Peter Dowd,**  
**Ph.:** 9876 2853  
**Email:** peter@eppcarl.org.au

**Parish Office: 02 9876 2853**

**Assistant Priest: Fr Joey Frez**  
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**Email:** joseph@eppcarl.org.au

**Email:** parish@eppcarl.org.au

**Parish Website:** www.bbcatholic.org.au/eppingcarlingford

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

## YEAR C OUR LORD JESUS CHRIST, KING OF THE UNIVERSE 24-11-19

**Samuel 5:1-3**

**Colossians 1:11-20**

**Luke 23:35-43**

Dear sisters and brothers

What a wonderful evening we had last Wednesday evening at our parish Thanksgiving evening! Almost 200 parishioners came to "give thanks" for the many blessings our parish has received over the past year as well as offer some words of appreciation to Fr Joey for his almost two years of service and ministry to our parish. In particular, I want to thank Natasha Boswell and her wonderful "team", James and Liam, for providing such a sumptuous and magnificent supper...words can't express our gratitude for all you provided us on such an important occasion! Finally my thanks also to the choir, sacristans etc. who assisted with the Mass as well as the Parish Pastoral Council for your untiring efforts in setting up and cleaning up the hall as well as assisting with the serving, etc. Well done!!

Next weekend will be Fr Joeys final weekend here in the parish. An opportunity to present him with a farewell gift will be available at the 9.30 Mass at St Gerard's. Please ensure any donations towards his gift are submitted to the parish office, if possible, by then.

Also, as mentioned in last week's bulletin we require non-perishable food the drought victims. Tinned foods such as fruit, long life milk, tea, coffee, Milo, juice, cereals, rice, pasta, biscuits, toiletries and personal items for both men and women and children, sun screens, moistures, Aerogard, and really any items you would use in your own home, but no chocolate due to the heat. Food for pets would also be appreciated. Also any new books, new toys and any items which might be included to bring a little joy for birthdays and Christmas.

Cut off date for this year is Sunday, 24th November, as a convoy of volunteers with cars, trailers, etc. is transporting all items to the drought areas the following weekend.

At each church a basket is available for you to place your donations by **this weekend**. Another opportunity to donate will be available during the month of January.  
*Fr Peter*

### OUR LOCAL ADVENT ECUMENICAL SERVICE

A reminder that our next gathering with our fellow local Churches with whom we share a covenant relationship will take place on



**Tuesday 26th November at 7:45pm**

at Our Lady Help of Christians Church, Epping.

Please be there for this final ecumenical gathering for the year as we prepare together to celebrate the Lord's birth.

**If you are planning to come along, could you please bring a plate to share in fellowship.**

### MEMORIAL WALLS: A MASS FOR THOSE WHO ARE COMMEMORATED

We will celebrate Memorial Masses at Epping and Carlingford, which will be offered for the repose of the souls of those commemorated on the plaques attached to the walls of both churches.

The celebrations will take place on **Saturday 30th November.**

- at Epping at 9:15am.
- at Carlingford at 9:30am



**Parish Mission Statement**

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

**Safeguarding Message November 2019**

Children and young people will be kept safe by adults who treat them with care, respect and compassion.



**CHRISTMAS EVE CHILDREN'S MASSES**

All children are invited to take part in the Christmas Vigil Masses (5 pm at St Gerard's and 6 pm at OLHC on Christmas Eve in both churches.) We would like volunteers for many roles. We also need parent volunteers to assist at the practices, during the Mass and with supper.

The children participating in the Mass will be required to attend practices. Parent helpers will also be required to attend.

**Carlingford:**  
Parent run-through & dress rehearsal for Gospel mime  
**Saturday 21st December 10am - 11am**  
Readers: **Saturday 21st December 11am—11:30am**

**Epping:**  
Parent run-through & dress rehearsals  
**Thursday 12th Dec. & 19th Dec. 4:00pm - 5.00pm .**

Any questions? Please email:  
**Lynn for Carlingford** stgchildrenmass@gmail.com  
**Therese for Epping** olhcchildrensmass@gmail.com

--Please detach and return no later than 29th November--

**Epping / Carlingford**

(Please circle which church you will be attending)

Please provide order of preference for each child for roles from Gospel mime, readings and processions. Although we try to give everyone his or her first preference, it is not always possible.

Child's Name	Age	Role

**Parents:** I am / am not able to assist with practices & during Mass  
I am / am not able to assist with packing away supper after Mass

Parent's name: \_\_\_\_\_

Email Contact: \_\_\_\_\_  
*Confirmation of roles etc. will be notified via email*



**ANGEL TREE 2019**

Once again through the "Angel Tree," the Catholic Parish of Epping and Carlingford can deliver the Christ love of Christmas to children of prisoners. Prison Fellowship invites you to help make a child's Christmas a little brighter. The children we are supporting have a parent/s serving a goal term, but the children are often the forgotten victims of their parents' crime.

Your commitment will involve purchasing a gift (up to \$30) or donating money towards the postage of the gift. We do not know how these gifts will be received, or the material circumstances of the family, but these families are suffering. The gift is from an incarcerated parent who cannot personally buy or deliver the gift to their child.

You are asked to collect an "Angel Card" from the Tree in St Gerard Majella church **this** weekend. The Card has the child's name, sex, age and possibly a gift suggestion requested by the parent.

Due to jail regulations please do not wrap the presents. Place the "Angel Card" on the outside of the gift and return to the Tree on the weekend **8/9th December**. Please continue to pray for the children, parents and carers this Christmas.

Margaret Wiseman



**CHARITABLE WORKS FUND APPEAL**

The second CWF Appeal for this Financial Year continues this weekend.

**Shortfall after the third week \$7,757**

Envelopes can be found in the pews. Please give generously as any shortfall from this appeal will have to be made up from normal parish funds – please support the appeal so that we can avoid this happening. Our Parish quota for this Appeal is \$18,577.



**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen

**THE NICENE CREED**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven, (all bow)  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.

**Christmas Markets—  
Epping Uniting Church**

A wonderful opportunity to buy locally made & hand-made gifts for all ages.

Devonshire Tea available.

**When:** Saturday 7th December  
**Time:** 8:30am—1pm  
**Where:** Epping Uniting Church  
Cnr Oxford & Chester Streets

For more information —4-8 747 880 or email:  
hello@epping.church

**How are we preparing?** ~ by praying.  
We are asking the Holy Spirit to draw people to know Jesus and grow in friendship with Jesus wherever they are moved by the Spirit. These options rely on others in our parish responding to the call of the Spirit to invite others then support and serve those who come.

Please join us as we pray **Jesus, may thy Kingdom come** in our lives, in our families, among our friends and neighbours and may we be witnesses to your resurrection by being fully alive in the Spirit in loving and caring for ourselves and our neighbours.

PS. One way to thank God for the blessings of this year is to be gracious and welcoming to all who join us for Christmas. Learn more about his in Advent...



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**Betty Ockerlander**  
bettyockerlander@mcgrath.com.au  
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### National Drought Prayer

Eternal God,  
in wisdom and love  
you created our earth  
to sustain us and give us life.

We turn to you now  
in faith, hope and love,  
asking you to look with favour  
on our drought-stricken land,  
on our starving animals,  
on our failing crops.

Strengthen, sustain and give  
new heart to our farmers  
and to all who are affected  
by drought:  
be with those who support them.

In your loving providence,  
send abundant rain and  
restore our parched earth.

Father of all compassion,  
hear our prayer  
through Jesus Christ your Son,  
in whom the promise of new life  
has dawned, and through the  
power of the Holy Spirit,  
the Lord the giver of life:

Renew your faithful people:  
Renew the face of the earth.

Our Lady of the Southern Cross,  
Mary, help of Christians –  
Pray for us.  
St Mary of the Cross MacKillop-  
Pray for us.

### BAPTISMS IN THE PARISH THIS SUNDAY

Welcome to: Clea Lenore Ferrao  
Elliot James Chipman



Please hold these children and their  
families in your prayers.

**St. Vincent de Paul "Shop till you Drop"** would like to thank all those wonderful people, who came along and had a fabulous day on the Bargain Bus. We managed to raise over \$1300 towards the Christmas Appeal, which was done just by being on the bus and doing your Christmas Shopping.

Many thanks for your support for a very needy cause.  
Marilyn Sharp

### POSITION VACANT:

#### Faith Formation Team Leader, Parish of St Agatha's Pennant Hills. Full time

The Catholic Parish of St Agatha's, Pennant Hills is seeking applications from interested and suitably qualified persons for the position of Faith Formation Team Leader.

To obtain more information about this role including **how to apply** please, email [recruitment@bbcatholic.org.au](mailto:recruitment@bbcatholic.org.au). Applications close 4.00pm, Monday 9 December 2019.

The successful applicant will also be required to undergo pre-employment screening including WWCC verification.

### Reflection on Sunday's Gospel.....

The Church's year is closing; and we look towards the glorious consummation of God's plan for creation – when the Saviour will 'hand over the kingdom to God the Father' (1 Cor 15:24), having triumphed over all evil, and (as our second reading puts it) 'made peace by the blood of his cross'.

Let us not be put off by the fact that in today's world, 'kings and queens' are no more than symbolic figures. Today we are invited to rejoice in the fact that we have the one 'in whom all things were made' as our leader. The incident remembered in our first reading – when the tribal chiefs of old Israel proclaimed David to be their leader - reminds us how important leadership is in our life. All the best things of life, we achieve together. Good leadership makes this possible; bad leadership creates most of the world's greatest problems. Our Saviour is far more than a symbolic figure, we know; and our faith will be greatly strengthened, if we own him as the leader who can bring fulfilment to all our hopes.

'Let us keep our eyes fixed on Jesus, who leads us in our faith and brings it to perfection; for the sake of the joy which lay ahead of him, he endured the cross, disregarding the shame of it, and has taken his seat at the right of God's throne' (Heb 12:2). This text, like our gospel reading from Luke, reminds us that all our human expectations are overturned as we come to understand how Christ the King establishes and exercises his reign. Luke's portrayal of Jesus crucified shows how well the community for which he wrote his gospel had come to appreciate this. Jesus (proclaimed 'The King of the Jews', in the inscription attached to the cross) has made himself powerless; he is rejected by 'the leaders' of the people (while 'the people', foreshadowing those who are to find faith, stand watching in silent awe); he is mocked and ridiculed by the leaders, by the brutal soldiers, and even by one of the criminals crucified with him. Ironically, their jeers give expression to what the crucified one really is - 'the Christ of God', 'the Chosen One', the 'king' the nation longs for, the one who 'saves'.

And then, as if to reduce them all to silence, the other criminal crucified with him makes his submission of faith in Jesus crucified – as the one who would fulfil the hopes of Israel: 'Jesus, remember me when you come into your kingdom'. And Jesus responds with the first pronouncement of an everlasting reign that will be shaped by the generous and merciful ways of his Father: 'I promise you, today you will be with me in paradise'.

The first Christians were to glory in the reign of Christ – so different from the ruthless regimes of their familiar world. In today's reading from the letter to the Colossians, we have a hymn from their early liturgies, celebrating the Saviour whose leadership 'holds all things in unity'.

*John Thornhill sm*

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### PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	24/11/19	9:30am	Kidz Word at St Gerard's Church
		9:30am	Catechist Recruitment drive at the 9:30am Mass
		10:15am	Kidz Word at Our Lady Help of Christians' Church
Mon	25/11/19	7:00pm	PMR Epping Antioch Meeting
		9:30am	<b>Mass at St Gerard's Church</b>
		7:30pm	PMR Carlingford SVdP meeting
Tue.	26/11/19	7:30pm	CH Carlingford Rosary Group
		12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		7:00pm	CH Carlingford Adult Choir Practice
Wed.	27/11/19	8:00pm	Divine Mercy Chaplet see pg. 4
		9:15am	<b>Mass at Our Lady Help of Christians' Church</b>
		9:30am	<b>Mass at St Gerard's Church</b>
Thur.	28/11/19	7:00pm	CH Epping Adult Choir Practice
		7:00pm	PMR Carlingford PPC Information Evening
		9:30am	<b>Mass at St Gerard's Church</b>
		9:35am	Yr 7 Mass at Cheltenham High School
		12:15pm	Mass at Our Lady Help of Christians' Church
		12:15pm	<b>Mass at St Gerard's Church</b>
Fri.	29/11/19	10:10am	PMR Carlingford Scripture Reflection
		11:00am	PMR Carlingford Catechists Christmas Party
		12:15pm	Mass at Our Lady Help of Christians' Church
		4:00pm	OLHC Family Festival—Whole site
		4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford CANA Meeting
Sat.	30/11/19	9:15am	<b>Mass at OLHC &amp; blessing of Memorial Wall</b>
		9:30am	<b>Mass at St Gerard's &amp; blessing of Memorial Wall</b>
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		5:00pm	<b>Mass at Our Lady Help of Christians' Church</b>
		5:00pm	Reconciliation at St Gerard's
		6:00pm	PMR Carlingford Discernment/information
			About the Plenary Council 2020
		6:00pm	<b>Mass at St Gerard's Church</b>

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

### How is God calling us to be a Christ-centred Church?

As the Catholic Church in Australia prepares for the first gathering of the Plenary Council in October 2020, we are all invited to discern how we are being called to be a Christ-centred Church. To learn about the process of discernment, visit [plenarycouncil.catholic.org.au](http://plenarycouncil.catholic.org.au) or speak with your parish priest or local animator



### Thanksgiving for 2019 ~ a Year of Grace

This year we thank God for those in **Lenten Groups**, those in **Alpha** and those at **Unlocking** the Mystery of the Bible.

We are **preparing for 2020** with Alpha in February at Epping and Lenten Groups from Ash Wednesday. Then after Easter we hope some groups will continue to meet in **Circles of Faith** to reflect on the Sunday Gospel. Some others will come to **Bible study** to Unlock the Mystery.

### PARISH STAFF

**Parish Secretary:**  
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**Parish Pastoral Council**  
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

### Hospitality Team—Can You Help?

The Bible had numerous references to hospitality in connection with spiritual experiences and our Parish desires that everyone be warmly welcomed and befriended as they attend our churches. From the welcome at the door through to the morning tea afterwards, an atmosphere is built to help people feel welcomed, cared for and connected. We desire our church to be a safe place!

### This hospitality ministry comprises:

**Welcome team** to greet people as they arrive and befriend them in the foyer

**Hospitality team** to provide morning tea after the service

**Can you help in one of these areas? If yes, please contact the parish office with your details. We would love to hear from you.**



### Children's Liturgy of the Word

Children's Liturgy (Kidz Word) is an age-appropriate Liturgy of the Word offered at the 9:30am Sunday Mass at Carlingford and the 10:15am Mass at Epping during school terms. The presiding Priest calls forward the authorised adult leaders and children just after the Collect (Opening Prayer). The children are invited to go on a little "pilgrimage" with the leaders to the parish meeting room to celebrate the Gospel.



During Kidz Word, the leaders lead the children through prayers, songs/mimes and readings. The children reflect on the same Scripture readings as the rest of the assembly. They are taught a simplified message of the readings and are encouraged to share that message with their family and

friends after Mass.

Adult or youth volunteers are needed to lead Kidz Word each week, as well as to assist with the supervision of the children. This is a great opportunity for adults and middle/high school/uni youth to help these eager youngsters celebrate God's Word. A Working with Children's Check will be required, which we can assist you with. Training will also be provided before you begin and you can be assured you are always part of a team!

If you would like to help bring this meaningful ministry to life so God's Word can reach the hearts of our young children, please contact the parish office on 9876 2853 or email me at [lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au) We look forward to hearing from you!

Lynn Siau  
Sacramental Programmes & Children's Ministries  
0407 255 593  
[lynn@eppcarl.org.au](mailto:lynn@eppcarl.org.au)

**Divine Mercy Prayer Group** meets this **Tuesday, 26<sup>th</sup> November at 8pm**. Come join us for an hour of reciting the Chaplet, praise and worship, reflection of a Scriptures verse, prayer for intentions and thanksgiving followed by some simple fellowship.

Venue changes monthly within the neighbourhoods, all are very welcome to attend, please call Cynthia for more info on 0404 488 238.

### Recycle Bin—St Gerard's 9:30am Mass Morning Tea

We now have a clearly labelled RECYCLE bin at either end of the hospitality table.

*At present Styrofoam and Waxed coffee and tea cups are not able to be recycled.*

**Please only place into the Recycle bin empty plastic cordial cups clean waste paper/cardboard**

Thank you, Mother Earth

### Rosary for the Intentions of the Immaculate Heart of Mary

The rosary for the intentions of the Immaculate Heart of Mary will be recited every Friday afternoon at 4:30pm in Our Lady Help of Christians' Church. You are most welcome to join us.



### Consider Jesus as a "King"

The title *King Jesus*, contradicts our image of Jesus. King is an image too difficult for people in our culture to comprehend! How do the readings at Mass help us?

Paul wrote *We give thanks to the Father, because he has taken us out of the power of darkness and created a place for us in the Kingdom of the Son that he loves. In him we gain our freedom, the forgiveness of our sins.*

Being set free in Jesus takes us out of the power of darkness. Perhaps we don't see or can't comprehend we are under a power of darkness that separates us from friendship with God and needing forgiveness.

Another contradiction – we live our lives as though we are a god, the centre of our universe! Everything is there to serve us. We have the expectations of a little child. That is until we receive grace that reveals **Jesus as the image of the unseen God**. We come to know we are **created in him and for him**.

Luke contrasts the two crucified with Jesus. One says, *Are you not the Christ? Save yourself and us*. He knew he needed saving. He did comprehend what he needed saving from.

The other replies. **Have you no fear of God. We deserve this. He has done nothing wrong. Jesus, remember me when you come into your Kingdom**. He knew there was something more. His prayer to Jesus was to be remembered in the Kingdom after this life. Jesus replied. **This day you will be with me in paradise. Jesus made peace by his death on the cross.**

How hard is that to comprehend! ~ Jesus dying a violent death on a cross, *promises paradise and makes peace*. The name nailed to the cross was **INRI ~ Jesus of Nazareth, King of the Jews**. This King and his Kingdom are different to anything we imagined a king and a kingdom to be.

Jesus on the cross is **the image of a God** we can see but cannot comprehend. May our daily prayer be, **Your Kingdom come**, and our dying prayer be, **Jesus, remember me, you have come into your Kingdom**.

Denis McNamara  
Supporting Missionary Disciples

## Youth Page

### OUR PARISH ANTIOCH COMMUNITY

#### Meeting this Sunday 24 November

Why not come along to the Antioch meeting to hear a **great talk**, join in discussion time get into some **awesome music**, take time out for **prayer and meet people!**

The meeting starts at **7pm** in the parish **meeting room @ Epping**  
So head on down and bring a friend!



For more information  
Joanne—0416 030 927

"It was at Antioch that the believers were first called Christians." ~Acts 11:26

### Join us for an evening of discernment

Hosted by Epping and Carlingford Antioch in conjunction with the Vocations Office, Diocese of Broken Bay.

**Theme:** Hearing God's Call

**Date/Time:** 30th November at 7-9pm

Come for 7pm supper at St Gerard's Meeting Room; followed by group discussion about Hearing God's Call and how to discern what God may be telling you, given by expert speakers including Priests and Seminarians. If you have any questions please email the Broken Bay Vocations Office vocations. [Ministry@bbcatholic.org.au](mailto:Ministry@bbcatholic.org.au) or contact Joanna Mak, the youth minister on [joanna@eppcarl.org.au](mailto:joanna@eppcarl.org.au)

**For the first time in 18 years, the relics of St Thérèse of Lisieux**, one of the most popular saints of modern times, will visit Australia in 2020 on a four-month pilgrimage with her parents, saints Louis and Zélie Martin.

The relics will visit the following parishes in the Diocese of Broken Bay:

5 March: St Ives Parish  
6 March: The Lakes Parish  
7 March: Hornsby Cathedral  
8 March: Gosford Parish  
9 March: The Entrance Parish

### Pray For Cheltenham Girls' and Epping Boys' High Schools

A group of people from local churches meets together for one hour, once a term, to pray for Cheltenham Girls' and Epping Boys' High Schools to support the students, staff, chaplains and Scripture program.

Please join us on Thursday 5 December from 8-9pm at **9 Gloucester Road Epping**. We will finish promptly.  
Enquiries: Katrina Collins 0400 488 459 / [ckjsqe@gmail.com](mailto:ckjsqe@gmail.com)

### CANA: OUR yrs. 7-9 YOUTH GROUP

If you're in Years 7-9 come along For a night jam-packed with **FUN & FAITH EVERY FRIDAY** night of the School Term. 7.30—9.00om. In the Carlingford Parish Hall.

It's a great place to catch up with old friends and meet some new ones!

Please remember that a small donation when you come along to the meeting would really help out with the costs of the night. Thanks ☺

Enquiries to Joanna Mak  
0404 710 588



### Australian Catholic Youth Festival 2019



The Australian Catholic Youth Festival (ACYF) is only two weeks away before our pilgrims head to Perth for a 3 day Catholic convention. Five youth from our parish will be going over, and this is what some of our pilgrims are looking forward to:

#### Antony (aged 21)

I am looking forward to travelling to Perth for the first time and coming to an event full of young people from around Australia to celebrate our Catholic faith. I'm also looking forward to hearing a variety of talks on topics that I'm interested in. What I'm expecting at ACYF is hearing talks from great Catholic speakers and making new friends at the event.

#### Joanna Mak (aged 23)

I am most looking forward to experiencing ACYF for the first time. I expect that this convention will be filled with amazing talks about youth, music ministry, prayer and helping grow disciples as well as lots of music and joy. In recent times, I have felt this deep desire in young people who want to listen and discern the Holy Spirit in our lives and what we can do for our Church today. The theme of this ACYF aligns with the 2020 Plenary Council 'Listen to what the Spirit is saying' Revelation 2:7 and it will be exciting to hear about young people's thoughts about the church and our call to holiness and evangelising. I would also love to have the opportunity to see quokkas in Perth, as they have the friendliest and happiest smile.

Stay tuned to hear more!