

**Responsorial Psalm Response**  
Ps 144:1-2.8-11.13-14. R r.1  
I will praise your name for ever,  
my king and my God.

**Gospel Acclamation**  
**Alleluia, Alleluia!**  
God loved the world so much, he gave us his only Son,  
that all who believe in him might have eternal life.  
**Alleluia!**

**WEEKEND MASSES**

**Epping** 5:00pm Vigil, 8:30am, 10:15am, 6:00pm

**Carlingford** 6:00pm Vigil, 7:45am, 9:30am

**WEEKDAY MASSES**

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	<b>Comm. Serv. 6/11</b>
<b>CARLINGFORD</b>	9:30am	No Mass	<b>10:00am</b>	9:30am	9:30am	No Mass	<b>at Epping</b>

**HEALING MASS** Carlingford—1st Thursday, Epping — 3rd Wednesday

**EXPOSITION OF THE EUCHARIST:** Epping Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am

**SACRAMENT OF RECONCILIATION:** Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm  
**OR BY APPOINTMENT**

**BAPTISMS AND WEDDINGS: BY APPOINTMENT**

**PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au

**ST GERARD MAJELLA PRIMARY SCHOOL:** **PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au

**OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL:** **PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**  
**Recently deceased:**  
Ernst Lau, Terry Hoolahan, Helena Recko, Margaret Doyle (sister of Eileen Rourke), Jimmie Hamell, Roy Dias, Helmut Piffe, Bernadette Fonseka, John Verhagen.

**Anniversaries:** Roger & Jean-Claude Nina, Jesus Felipe Soria.

**Also for:** Young Hwan Ho, Yong Min Ho, Soo Woog Jin, Maria Hur, Young Seok Seo, Fernalina Alarcon.

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsys, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Peter Baker, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella, Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

**AFTER HOURS SICK CALLS— 9876 2853**

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**Admitted to Hospital**

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

**ECUMENICAL RELATIONSHIPS**

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

**Have You Told Us?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

Date	Mass	Epping	Mass	Carlingford
09/11/19	5:00pm	Fr P Sevare osa	6:00pm	Fr Peter Dowd
10/10/19	8:30am	Fr P Sevare osa	7:45am	Fr Peter Dowd
10/10/19	10:15am	Fr P Sevare osa	9:30am	Fr Peter Dowd
10/10/19	6:00pm	Fr J Frauenfelder		

**The Truth Justice and Healing Council**  
www.thecouncil.org.au  
Ph.: 6234 0900

**The Catholic Parish of Epping and Carlingford**  
**Diocese of Broken Bay**

**Our Lady Help of Christians' Church**  
31 Oxford Street, Epping and

**St Gerard Majella Church**  
543 North Rocks Road, Carlingford

**Parish Priest: Fr Peter Dowd,**  
**Ph.:** 9876 2853  
**Email:** peter@eppcarl.org.au

**Parish Office: 02 9876 2853**

**Assistant Priest: Fr Joey Frez**  
**Ph.:** 9872 3400  
**Email:** joseph@eppcarl.org.au



**Email:** parish@eppcarl.org.au

**Parish Website:** www.bbcatholic.org.au/eppingcarlingford

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

**YEAR C THIRTY-FIRST SUNDAY IN ORDINARY TIME 3-11-19**

**Wisdom 11:22-12:2 2 Thessalonians 1:11-2:2 Luke 19:1-10**

Dear sisters and brothers

Firstly, my thanks to all those who assisted with the preparation and celebration of our annual State Primary Schools Mass at St Gerard's last Sunday! There was a wonderful spirit evident in the church as we came together as a parish family to acknowledge and celebrate the sharing of the Good News of Jesus within our state schools undertaken by our catechists. A special thanks to Katherine Tam our primary school Catechist coordinator for her wonderful work in coordinating the organisation of so many adults and children, and also to Christine Beasley for leading the music ministry so beautifully.

Secondly, I received some sad news this week from Fr David Ranson that Fr Joey will be leaving us at the end of November as he takes up his new ministry as hospital chaplain at Royal North Shore Hospital. I am sure I speak on behalf of all of us in saying we will miss Joey's presence among us and are deeply grateful for his wonderful ministry and friendship. Our prayers will accompany him during this time of transition. Also, Fr Joey will be taking two weeks' holiday commencing this coming Tuesday.

Fr David has also announced that Fr Bogdan Skupien has been appointed assistant priest of Epping and Carlingford and will arrive towards the beginning of December. Fr Bogdan is currently assistant priest at The Lakes parish and prior to that spent some time in New Guinea. I am sure you will join with me in praying for Fr Bogdan over these weeks and welcoming him to our parish family.

Finally, I hope as many of you as possible will join us for our annual parish 'thanksgiving' evening which will take place on Wednesday 20th November at St Gerard's Carlingford.

Everyone is welcome and the evening commences with Mass at 7pm followed by our thanksgiving supper in the parish hall. For catering purposes please let the parish office know by email or phone if you are attending no later than the 8th November.

Fr Peter

**THANKSGIVING EVENING FOR OUR PARISH**

Once again we will be having our Thanksgiving Evening for both our communities. The evening will be held on **Wednesday, 20th November, commencing with Mass at 7:00pm** followed by supper. The venue this year will be Carlingford, as last year's gathering was held at Epping. Everyone in the parish is cordially invited to come along to this evening.

For catering purposes please **RSVP by Friday 8th November** on the tear-off slip below.

**Please detach the tear-off slip and return to either Parish Office-**

I /We will be attending the Parish Evening at St Gerard's

Name/s:.....

Numbers attending: .....

**Please note the Mass commences at 7pm not 7:30pm as previously shown**



### Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

### Safeguarding Message November 2019

Children and young people will be kept safe by adults who treat them with care, respect and compassion.



### Combined State Primary Schools Mass

Last Sunday, we celebrated our Combined State Primary Schools Mass at St Gerard's Church, Carlingford. It was a celebration in which our children took part in various ministries in the Mass.

We had children involved in the ministries of Reading, the Procession of the Gospel, the Prayers of Faithful and the Presentation of the Gifts (Bread and Wine with flowers). Also, there was a lovely children's choir who led us in the singing of the hymns for the Mass, including a thanksgiving hymn 'A Child's Prayer' unaccompanied for the congregation.

The occasion came to a close with a scrumptious morning tea after Mass where everyone enjoyed some good food, drinks, and a friendly chat.

We thank the children and parents for their efforts in making the Children's Mass possible, the catechists for their generous support and all people who have contributed to the occasion.

Finally, we thank the State Primary Schools, Roselea, Murray Farm, Epping Public, Epping North, Epping West and Epping Heights for their continuous support for our Catholic students.

### GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen

### SANCTUS

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

### National Drought Prayer Campaign

The Catholic Bishops of Australia have announced a National Prayer Campaign for Drought to take place during November. People across the country are encouraged to pray for the gift of rain, for people affected by the drought and to provide practical support, where possible. The Bishops note that large parts of the country are directly affected by the drought, but the impact is national – and so should the response be national. Access resources and find out more at: [www.catholic.org.au/drought](http://www.catholic.org.au/drought)

### Attention all Teachers/Ex-Teachers - Position Vacant Part-Time

High School Catechist Co-ordinator  
Hours—Approx. 3 hrs per week (school term)  
Role: Leading Scripture classes from a detailed manual/PowerPoint.  
Mentoring Catechists  
Covering class when Catechists are away. Please contact [sue-anne@lindfieldkillara.org.au](mailto:sue-anne@lindfieldkillara.org.au)

### THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For our men and for our salvation  
he came down from heaven, (all bow)  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.

## 24 Chapters of Luke in 24 days

# 24 DAY CHALLENGE

Starts 01 December 2019  
Ends 24 December 2019



A few minutes each day read or listen to a Chapter using your Bible or SmartPhone



Reflect on the reading



Share your Reflection in WHATSAPP

TO JOIN TEXT '24' TO 0435 031 848 (Leon)

<https://www.bbcatholic.org.au/epping-carlingford/>

### VERY REVEREND DR DAVID RANSON DIOCESAN ADMINISTRATOR OF THE DIOCESE OF BROKEN BAY

CORDIALLY INVITES YOU TO ATTEND THE  
LITURGICAL RECEPTION AND SOLEMN MASS  
OF INSTALLATION  
of  
*The Most Reverend Anthony Randazzo*  
DD JCL

FOURTH BISHOP OF BROKEN BAY

ON MONDAY 4 NOVEMBER 2019 AT 6.45PM

at  
THE LIGHT OF CHRIST CENTRE  
28 YARDLEY AVENUE, WAITARA  
FOLLOWED BY LIGHT SUPPER

RSVP BY: MONDAY 28 OCTOBER  
Please complete RSVP form online at  
[www.trybooking.com/564526](http://www.trybooking.com/564526) or  
Email: [events@bbcatholic.org.au](mailto:events@bbcatholic.org.au)  
Tel: 02 8379 1621

### Pre-Marriage Course

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## Reflection on Sunday's Gospel—Gospel Challenge

The gospels point out that, before his conversion, Zacchaeus was a short man, someone lacking in height, but that, after his conversion, the tall man gave back what the small man had stolen. Meeting Jesus, it seems, made Zacchaeus grow bigger in stature.

That's what goodness does to us, it makes us grow taller. For example, a friend of mine shares this story: He has a neighbor who frequently drops round to drink coffee and chat. The neighbor is a good man from a wonderful family and has been blessed with lots of love and good example in his life. But, like the rest of us, he has his weaknesses; in his case, gossip and occasional pettiness. One day, as he was sitting with my friend, he made a very racist remark. My friend, instead of accusing him of being a racist or shaming him with the inappropriateness of his remark, called him instead to his own essential goodness: "That comment surprises me," he said, "coming from you. I've always considered you and your family big-hearted people, with class, never petty. I've always envied your family for its goodness and understanding. That remark simply doesn't sound like you!"

The man's reaction was instant, positive. Immediately he apologized: "You're right," he said, "I don't know why I sometimes say stupid things like that"! Like Zacchaeus the taller man gave back what the smaller man had taken.

It's interesting to note that the word "Gospel" means "good news," not "good advice." The gospels are not so much a spiritual and moral theology book that tell us what we should be doing, but are more an account of what God has already done for us, is still doing for us, and the wonderful dignity that this bestows on us. Of course the idea is that since we are gifted in this way our actions should reflect that dignity rather than what's less lofty and more petty inside us. Morality is not a command, it's an invitation; not a threat, but a reminder of who we truly are. We become taller and less petty when we remember what kind of family we ultimately come from.

In essence, we all have two souls, two hearts, and two minds. Inside of each of us there's a soul, heart, and mind that's petty, that's been hurt, that wants vengeance, that wants to protect itself, that's frightened of what's different, that's prone to gossip, that's racist, that perennially feels cheated. Seen in a certain light, all of us are as small in stature as the pre-converted Zacchaeus. But there's also a tall, big-hearted person inside each of us, someone who wants to warmly embrace the whole world, beyond personal hurt, selfishness, race, creed, and politics.

We are always both, grand and petty. The world isn't divided up between big-hearted and small-minded people. Rather, our days are divided up between those moments when we are big-hearted, generous, warm, hospitable, unafraid, wanting to embrace everyone and those moments when we are petty, selfish, over-aware of the unfairness of life, frightened, and seeking only to protect ourselves and our own safety and interests. We are both tall and short at the same time and either of these can manifest itself from minute to minute.

But, as we all know, we are most truly ourselves when what's tall in us takes over and gives back to the world what the short, petty person wrongly takes. John of the Cross, the great mystic, made this insight the center-piece of his theology of healing. For him, this is the way we heal:

We heal not by confronting all of our wounds and selfishness head-on, which would overwhelm us and drown us in discouragement, but by growing to what he calls "our deepest centre." For him, this centre is not first of all some deep place of solitude inside the soul, but rather the furthest place of growth that we can attain, the optimum of our potential. To grow to what our deepest DNA has destined us for is what makes us whole, makes us tall—humanly, spiritually, and morally.

Thus, if John of the Cross were your spiritual director and you went to him with some moral flaw or character deficiency, his first counsel would be: What are you good at? What have you been blessed with? Where, in your life and work, does God's goodness and beauty most shine through? If you can grow more and more towards that goodness, it will fan into an ever larger flame which eventually will become a fire that cauterizes your faults. When you walk tall there will be less and less room for what's small and petty to manifest itself.

But to walk tall means to walk within our God-given dignity. Nothing else, ultimately, gives us as large an identity. That's useful too to remember when we challenge each other: Gospel-challenge doesn't shame us with our pettiness, it invites us to what's already best inside us.

Ron Rolheiser

*Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, [www.ronrolheiser.com](http://www.ronrolheiser.com).*

### Christian Meditation: Sunday, 17 November 2019.

You are invited to a Christian Meditation Introduction and Renewal Day at St Benedict's Monastery, 121 Arcadia Rd, Arcadia. Welcome and Registration on the day from 10am. 10:30am start and 3pm conclusion. Presentations, Introduction to Meditation for newcomers, period of Meditation for ongoing meditators, Mass, Book Display for perusal or purchase, BYO picnic lunch, tea and coffee provided. No charge for day, donations gratefully accepted for the monastery. Contact Br Terry: 0438 282 318 for possible accommodation in monastery guest house. Other enquiries Ann Bergman: [anniebergman@hotmail.com](mailto:anniebergman@hotmail.com) or Ann Lomas: [atlomas@bigpond.com](mailto:atlomas@bigpond.com) or 9653 2637.

We are happy to welcome home Fr Michael Kelly osb after 12 years service as Abbot General in Rome.

Morality is not a command, it's an invitation; not a threat, but a reminder of

## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	03/11/19	9:30am	Children's Mass—No Kidz Word
		10:15am	Kidz Word at OLHC Church
		6:00pm	PMR Carlingford Antioch meeting
Mon	04/11/19	9:30am	<b>Mass at St Gerard's</b>
		7:30pm	PMR Carlingford SVdP meeting
		7:30pm	St Gerard's Church—Rosary Group
Tue.	05/11/19	12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		7:00pm	CH Carlingford Adult Choir Practice
		9:15am	<b>Communion Service at OLHC Church</b>
Wed.	06/11/19	9:30am	<b>Mass at St Gerard's Church</b>
		11:00am	Mass at Rayward Nursing Home
		2:00pm	OLHC School Reconciliation Yr. 4
		7:00pm	PH Epping Unlocking the Mystery of the Bible
		7:00pm	PMR Epping Parish Pastoral Council meeting
		7:00pm	CH Epping Adult Choir Practice
		10:00am	<b>PMR Carlingford Healing Mass</b>
Thur.	07/11/19	10:00am	No Unlocking the Mystery of the Bible this week due to the Healing Mass
		12:15pm	Mass at Our Lady Help of Christians
		9:30am	<b>Mass at St Gerard's Church</b>
		10:10am	PMR Carlingford Scripture Reflection
		10:10am	St Gerard's School Reconciliation Yrs. 3/4W
Fri.	08/11/19	12:15pm	<b>Mass at Our Lady Help of Christians' Church</b>
		4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford—CANA Meeting
		9:15am	<b>Mass at Our Lady Help of Christians' Church</b>
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
Sat.	09/11/19	5:00pm	<b>Mass at Our Lady Help of Christians' Church</b>
		5:00pm	Reconciliation at St Gerard's Church
		6:00pm	<b>Mass at St Gerard's Church</b>

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

## PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
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**Asst. Parish Secretary:**  
**Maree Balzlat** Ph.: 9876 2853  
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**Pastoral Support Worker (PSW) Youth:**  
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**Parish Pastoral Council**  
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to [ppsecretary@eppcarl.org.au](mailto:ppsecretary@eppcarl.org.au)

"Little by little you (*God*) correct those who offend, you admonish and remind them of how they have sinned, so that they may abstain from evil and trust in you, Lord". (1<sup>st</sup> reading Wisdom 12:2)

*God loved the world so much he gave us his only son, that all who believe in him might have eternal life. Alleluia!*

Zacchaeus, what were you thinking? That was a bad financial day for the Zacchaeus children. They lost half their inheritance! (Thoughts by someone, *not a Disciple*)

### Could I be another Zacchaeus?

Are you anxious to see what kind of a man Jesus was? Would you like to catch a glimpse? Are you prepared to run ahead, climb a tree? If so, would you pray~ "Jesus 'look at me'; notice me. Call me to come down. Let me hear you say, I want to stay with you today".

I any neighbours complain, *Jesus* is with a sinner! Just pray. You could say ~ "Lord help me to stand my ground, change me to be generous and give to the poor and if I have wronged, well no need for "if". Where I have wronged or wounded another, I will pay back the injustice and heal the injury".

May you hear Jesus say to you, "You are a child of God, so you inherit the promises fulfilled by Jesus—**Receive the Holy Spirit.**

Jesus came to seek put and save the lost, who are those alienated from their neighbours and those who have lost their friendship and trust in God. Ask the Holy Spirit to give you the words to pray.



## Plenary Council 2020

### Listen to what the Spirit is saying...

We invite the group who participated in Listening and Dialogue to now reconvene in communal Discernment on any one of the six themes. Each Discernment session is expected to result in a response that can be summarised in 1000 characters and that can be submitted through a form on the Discernment page (opened on 1st September). Our Writing and Discernment Groups will then meet and discern on these responses, with prayer and from their own theological knowledge, towards publishing thematic papers and fleshing out the agenda for the first session of the Plenary Council in October 2020.

This week we will look at:

### Humble, Healing and Merciful

This National Theme for Discernment is inspired by the voices of the People of God who expressed a deep and faith-filled trust in God and a need for lament and healing within the Church, acknowledging the sexual abuse crisis as a turning point for the Church in Australia. It identified the need for relationship and reconciliation among many within the Catholic community, and with the wider Australian society, particularly with Australia's First Peoples and with all of creation. A desire was expressed for stronger prayer and sacramental life and more effective outreach to those who seek healing, as a renewed openness to and sign of God's mercy.

If you would like to be part of a group please complete the sheets which can be found at the back of both churches.

## Our next CWF Appeal will take place this weekend 2/3 November 2019

This week the video is about Rachel and Clare. Two catechists who attended a public school in our Diocese and who received a Catholic Special Religious Education through the CCD. Clare even converted to Catholicism thanks to her positive experience with the CCD. Perhaps you or someone you know has benefited from a Catholic Religious Education class in a NSW Public School, made possible through donations of the faithful?

Donations to CWF help our community through five charities and agencies that serve the people in our Diocese. These are the Confraternity of Christian Doctrine (CCD), Catholic Care Hospital Chaplaincy and Pastoral Care Practitioners, St Lucy's School, St Edmund's College and the Ephpheta Centre. For more information on the beneficiaries please visit the Diocese of Broken Bay website. <https://www.bbcatholic.org.au/give/charitable-works-fund>.

Donations can be made online via [www.givenow.com.au/cwf](http://www.givenow.com.au/cwf) You will be prompted to click on your Parish so that your donations can be credited to our Parish quota.

Donations to the CWF may be Tax-Deductible.

For the people of the Diocese of Broken Bay, charity begins at home.

St. Vincent de Paul "Shop till you Drop" would like to thank all those wonderful people who came and made it such a great day last Saturday. Everyone left with a bargain and a happy day was had by all.

Many thanks for your support.  
Marilyn Sharp

## A Welcome Gathering for all 2020 Kindergarten Families at Our Lady Help of Christians and St Gerard Majella's Schools

An invitation is extended to All Kindergarten families for 2020 at Epping on:

**Sunday 17th November at the 10:15am Mass**

and

at Carlingford on:

**Sunday 1st December at the 9:30am Mass**

The families will be called forward for a blessing at the commencement of their child's years of school education. The Principal will also greet the families and after Mass there will be a morning tea to give class families a chance to meet with each other over a cuppa. We look forward to seeing you then.  
Fr Peter



## The Initiation Process for Adults: The significance of the Liturgical Year

### Q How does the initiation process unfold during the liturgical year?

**A** The initiation process is closely linked with the liturgical year.

The first and second stages – inquiry and catechumenate – can begin at any time. But the heart of the initiation process takes place in Lent, the Sacred Triduum, and Easter Time.

At the beginning of Lent, catechumens who are found to be ready for the sacraments participate in the Rite of Election, in which the bishop declares them to be members of the "elect" – those chosen by God for the sacraments

Throughout Lent, during the Period of Purification and Enlightenment, the elect engage in deep prayer and reflection. They search their conscience, repent of sin, and strengthen their resolve to follow Christ.

At the Easter Vigil, they receive the sacraments of initiation: Baptism, Confirmation, and Eucharist.

The Period of Mystagogy corresponds to the fifty days of Easter, though in a certain sense this time of deepening understanding of the sacraments lasts a lifetime.

*Corinna Laughlin. © 2017 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Art by Steve Musgrave.*

**CCD Diocesan Mass** The CCD Annual Diocesan Mass will be held at 11:30am on Saturday 9 November 2019 at Our Lady of the Rosary Cathedral, 23 Yardley Avenue, Waitara and we are pleased to announce that Bishop Anthony Randazzo will be presiding. Mass will be followed with light refreshments. We warmly invite all catechists of the Diocese, their families and friends to attend. Please RSVP to Sharon da Roza by Monday 4 November 2019 Phone: 8379 1638 or Email: [ccdadmin@bbcatholic.org.au](mailto:ccdadmin@bbcatholic.org.au)

## Youth Page

### OUR PARISH ANTIOCH COMMUNITY

#### Meeting this Sunday 3 November

Why not come along to the Antioch meeting to hear a **great talk**, join in discussion time get into some **awesome music**, take time out for **prayer and meet people!**



The meeting starts at 6pm in the parish meeting room @ Carlingford So head on down and bring a friend!



For more information  
Joanne—0416 030 927

"It was at Antioch that the believers were first called Christians." ~Acts 11:26

### Promoting Missionary Disciples

What happened for Zacchaeus?

Let us follow the steps in his journey as a disciple. He had heard about Jesus. These stories had built up **positive links** that made a good and pleasing connection to Jesus. When he heard Jesus was coming by, he was intrigued. He felt a chemistry that connected them, so **trust began**. His openness grew into a **spiritual curiosity**. He wanted to learn more. If only he could find out "what kind of person Jesus was". This grew stronger. He wanted to catch a glimpse of Jesus. He **was curious to know more**. He made no choices and certainly no commitment. He was anxious to know. Curiosity now moved Zacchaeus to action. *He was too short and could not see for the crowd, so he ran ahead. He climbed a tree to catch a glimpse of Jesus.* This really mattered to Zacchaeus. He had not changed, but he was **open to change**. *That change could be personal and spiritual.* Then Jesus saw that Zacchaeus had gone out on a limb for he was now **active and spiritually seeking to know Jesus**. He was admitting to himself he was open to the possibility of change. *Could Jesus make a difference to his life? Could he commit to this person Jesus?*

Jesus spotted Zacchaeus and said **Come down. I must stay at your house today**. Zacchaeus welcomed Jesus into his house and into his life. Then all the neighbours complained, *Jesus has gone to stay with Zac the sinner, the tax collector!* Something happened that changed Zacchaeus. *He stood his ground, confronted the complainers and made an amazing commitment. "Look sir, I am going to give half my property to the poor and IF I have cheated anybody, I will pay him back four times the amount".* In one sentence Zacchaeus made a **conscious commitment to follow Jesus** as an obedient disciple, **to reorder his life and live justly** according to the law of God. He became a friend of the poor; he asked forgiveness from those he had cheated and promised compensation. He welcomed Jesus. He had an encounter with Jesus that transformed his life. He experienced joy in becoming a disciple. Can you see how those five steps of trust, curiosity, openness, seeking then encounter are unfolding in your life as you encounter Jesus?

*Dennis McNamara Supporting Missionary Disciples*

**Rosary for the Intentions of the Immaculate Heart of Mary** The rosary for the intentions of the Immaculate Heart of Mary will be recited every **Friday at 4:30pm** at Our Lady Help of Christians' Church. You are most welcome to join

### CANA: OUR yrs. 7-9 YOUTH GROUP

If you're in Years 7-9 come along for a night Jam-packed with **FUN & FAITH!** **EVERY FRIDAY** night of the School Term, **7:30 - 9pm**, In the Carlingford Parish Hall.

It's a great place to catch up with old friends, and meet some new ones!

Please remember that a small donation when you come to the meeting would really help out with the costs of the night. Thanks

Enquiries to Joanna Mak  
0404 710 588



### Alpha Masterclass



On Monday 18 November all Alpha teams are invited to our annual **Alpha Masterclass**, a time to come together to learn and support one another, as we exchange ideas and experiences of Alpha, our wins and challenges.

Lorraine McCarthy, Alpha in a Catholic Context Coordinator in Australia, will be joining us for the evening to provide input on how we can make Alpha in 2020 even more successful.

**Date:** Monday 18 November  
**Time:** 7.00pm – 9.00pm  
**Venue:** Caroline Chisholm Centre Pennant Hills, NSW

We encourage you to invite your entire Alpha Team. Please RSVP by 14 November 2019 to [faith.formation@bbcatholic.org.au](mailto:faith.formation@bbcatholic.org.au) or Tania Rimac 8379 1629.

**Save the Date:** Lorraine McCarthy will be joining us again in the new year for an **Alpha 'Come and See' Night** on Friday 7 February 2020, and **Alpha Team Training** on Saturday 8 February 2020. Please mark these dates in your diary. For any parishes wishing to explore Alpha in the new year, please contact us now for assistance in setting up a team and planning.

Early bird registrations are now open for the **Divine Renovation Conference** being held in **Halifax, Canada** from **15-17 June 2020**.

This 3-day conference will include talks, worship, networking opportunities, and breakout sessions. There are some extra pre-conference sessions which have been organised for the Australian contingent going as well as pre and post conference events focused on Alpha. Some affordable accommodation has been arranged by the organisers and can be booked at time of registration. Availability of accommodation is limited so we encourage registering as soon as possible so as not to miss out.

All leaders within the Church including clergy, laity and passionate parishioners are encouraged to come and experience a parish which has moved **from maintenance to mission**. **Come and meet the leaders and parishioners who understand what it takes to create and live a vibrant parish community filled with intentional disciples.**

Please be aware that the conference tickets sell out, so please discuss, decide and book your tickets as quickly as possible. If you are keen to experience and witness a missional Church and see what is possible for your parish, come along to DR20.