

Responsorial Psalm Response The Lord gave them bread from heaven.		Gospel Acclamation Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!					
WEEKEND MASSES							
Epping	5pm Vigil, 8:30am, 10:15am, 6:00pm						
Carlingford	6:00pm Vigil, 7:45am, 9:30am						
WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur	Fri	Sat.	
EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
HEALING MASS	Carlingford —1st Thursday, Epping — 3rd Wednesday						
EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford , 4th Thursday 10:00am							
SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm OR BY APPOINTMENT							
BAPTISMS AND WEDDINGS BY APPOINTMENT							
PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au							
ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sgc@dbb.catholic.edu.au							
OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au							

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:
Recently deceased: Sheila Lansom, Lawrence O'Donnell (father of Marilyn Sharp), Gerald Viset, Clara Suh, Mary Margaret Smith, Brendan Flanagan, Betty Pearson, Vincent Kertapati, Veronica Ann Gracie, Gilbert Connor, Barbara McCardle (UK), Patricia Amy (sister of Margaret Coonan), Fr Paul Ryan, Marion Barton.

*Please pray for Mary McKinnon who died last week.
The funeral Mass will be on Friday 10 Aug. at 12 midday at St Gerard's*

Anniversaries: Jessie Brennan, Gregory McShane, Esperinia Soria.

Also for: Frank Karman

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Amy, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Cooper Rundell, Anna & Leo Bruzze, Gerhard Stieger, Fred Saad, Ron Jenkins, Mike Van Werdt, Tammy Birch, Dorothea Ellis, Veronica Hartwich, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Pam Taig, Elaine Hunt, Arnold Day, Marcie Power, Maureen Carlon, Fr Adrian Borst, Ausustine Hong, Luba Charlton, Tony ?, George Khouri, Martin Sill, Antony Hogan, Ingrid Connor, Steve Toth, Rob Neil, Josie Scully, Martin & Gay Flood, William Jones, Kath McCarthy, Patricia Amy, Nicholas Rajanayagen, Maria Lee, Frank Holmes, Joyce Fewtrell, Patricia Muschalik, Ernest Lau,

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

Date	Mass	Epping	Mass	Carlingford
11/08/18	5:00pm	Fr Peter Carroll msc	6:00pm	Fr Joey
12/08/18	8:30am	Fr John Frauenfelder	7:45am	Fr Joey
12/08/18	10:15am	Fr John Barry osa	9:30am	Fr Joey
12/08/18	6:00pm	Fr John Frauenfelder		

I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst.

John 6

August Safeguarding Message

"A child—focused complaints process is an important strategy for helping children and others in institutions to make complaints." (Royal Commission, Final Report 2017).

This means;

- The process is not slow in addressing the concern/complaint,
- children know who to speak to if they have a concern/complaint,
- children are listened to, they are believed, they are supported and
- children feel comfortable and empowered by the complaints process.

The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

Our Lady Help of Christians' Church

31 Oxford Street, Epping and

St Gerard Majella Church

543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd,

Ph.: 9876 2853

Email: peter@eppcarl.org.au

Assistant Priest: Fr Joey Frez

Ph.: 9872 3400

Email: joseph@eppcarl.org.au

Email: parish@eppcarl.org.au

Parish Website: www.eppcarl.org.au

Parish Office: 9876 2853

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR B

EIGHTEENTH SUNDAY IN ORDINARY TIME

5-8-18

Exodus 16:2-4.12-15

Ephesians 4:17.20-24

John 6:24-35

Gospel Reading

John 6:24-35

Jesus teaches the crowds that he is the "bread of life."

Background on the Gospel Reading

This Sunday we continue to read from the sixth chapter of John's Gospel, but not continuously. Our Lectionary omits John's report of Jesus' walking on water. This event is reported much less dramatically in John's Gospel than in the Synoptic Gospels. After the feeding of the multitudes, the disciples leave in a boat and Jesus follows them. The disciples are said to be terrified by what they see. Jesus reassures them and rejoins them. In today's Gospel, we learn that the crowd has noticed the departure of Jesus and his disciples and so seeks them out in Capernaum. In the dialogue that follows between Jesus and the crowds, Jesus unfolds for us the gift of himself that that he gives in the Eucharist.

In today's Gospel, there are four exchanges between Jesus and the crowd. In the first, the crowd, having followed Jesus to Capernaum, asks a very matter of fact question: "Rabbi, when did you get here?" Jesus replies by naming their motivation in pursuing him. They have been fed. Jesus acknowledges this, yet challenges them to see beyond the fulfillment of their material needs. The crowds have followed Jesus because they have been fed. They ought to be seeking out Jesus because he can give them eternal life.

As the second dialogue begins, it seems that the crowd might be on their way to accepting Jesus and his mission. They ask: "What can we do to accomplish the works of God?" Jesus replies that they must have faith in the one sent from God. But in the third dialogue, the crowd reveals their inability to see Jesus' true identity. They ask Jesus for a sign so that they might know that Jesus is from God. How strange this sounds since Jesus has just fed more than 5000 people. What more is expected?

But the crowd cannot see beyond the surface of the sign. They show this in their interpretation of the sign that came from Moses. In their description, they identify Jesus with Moses, as if to say, as Moses gave the people manna in the desert, give us a sign so that we will know that you are from God. They are looking to identify a prophet without realizing that God is standing before them.

Jesus corrects their misinterpretation, saying that the manna received by their ancestors came from God. As God fulfilled their ancestors' needs in the desert, so God has provided them with food for eternal life. In the bread that they have received from Jesus, they have received physical nourishment and also spiritual nourishment. Jesus wants the crowd to see beyond the surface to the One who provides true nourishment.

The conclusion of the dialogue reveals the crowd's blindness. They ask for what Jesus has just told them they have found: "Sir, give us this bread always." Jesus answers plainly that he himself is the Bread of Life they seek. Jesus himself is the Bread of Life who will satisfy every hunger and thirst. This is the first of several such statements found in John's Gospel. We understand these better when we remember that God revealed his name to the people of Israel as "I am," as Yahweh. Jesus is now claiming this name for himself. In the weeks ahead, we will see the offense that this gives to the people.



Taken from Loyola Press - A Jesuit Ministry
<https://www.loyolapress.com/our-catholic-faith/liturgical-year/sunday-connection/18thundayinordinarytime/sundayconnectionhtm>

Growing in Faith - Sharing with Others

Many Catholics want to share their faith with others but don't feel confident to do so.

Martin Teulan, the former National Director of Catholic Mission, has carefully designed this very practical and enjoyable program for Epping and Carlingford Parish parishioners on faith sharing. Parishioners will find it interesting personally to learn more about themselves and the basics of our faith, and also what attracts people to the church and faith today.

From this, we will learn the skills of how to share our faith in a low-key, appropriate and attractive way with others.

If you would like to join a team in organising and presenting this course, please email Maree in the parish office at maree@eppcarl.org.au or call Martin Teulan on 0408 867 046.

When: Thursdays - 6, 13, 20 & 27th September
Time: 7:15pm
Venue: Parish Meeting Room Epping



Alpha

Their Alpha began in May and last Thursday the two Alpha groups completed the 12-week journey.

Congratulations to all who came as guests and grew in friendship with those they shared with at the morning and evening sessions.

Thank you to the 9 Hosts and 10 Helpers who welcomed and supported the groups as they explored questions about life and believing in Jesus. The hospitality offered by over twenty people who prepared meals, set up the venues, served the meals and left everything clean and in place is really appreciated. Your efforts make Alpha possible.

As St Paul wrote, "May Christ who began this good work in you, strengthen you" to grow in faith and share the good news.

Alpha is the beginning, the first step, so we look forward to taking another step that will sustain the friendships and learning into the future.

Fr Peter has asked for another Alpha is be offered in September.

Denis & Maureen McNamara



CHARITABLE WORKS FUND APPEAL

Thank you for supporting the August Charitable Works Fund Appeal highlighting the CatholicCare Hospital Chaplaincy and Pastoral Care Practitioner Program (one of the charities supported by the CWF).

The Charitable Works Fund is 100% tax deductible and 98.25cents of every dollar goes to various beneficiaries named last week.

Envelopes can be found in the pews. Please give generously as any shortfall from this appeal will have to be made up from normal parish funds – please support the appeal so that we can avoid this happening. Our Parish quota for this Appeal is \$17,064.

National Vocations Awareness Week (NVAW) beginning 5 August:

National Vocations Awareness Week (NVAW) 5-12th August 2018 provides an opportunity for all Australian dioceses, parishes and schools to focus at the same time on the 'call to holiness' that arises from our Baptism, and thus to further foster a Vocations Culture across Australia.

National Vocations Awareness Week – the Church in Broken Bay needs more Priests, Deacons and Religious. Each one of us can do something about this. Firstly – pray each day. A simple prayer may be the cause of one person saying 'yes'. Secondly – talk about the possibility of a vocation to others. Lend your voice to the call of the Lord.
 M: 0418 522 449 E: vocations.ministry@bbcatholic.org.au

"In the diversity and the uniqueness of each and every vocation, personal and ecclesial, there is a need to listen, discern and live this word that calls to us from on high and, while enabling us to develop our talents, makes us instruments of salvation in the world and guides us to full happiness."

Pope Francis



2018 WINTER APPEAL PARISH OF EPPING & CARLINGFORD

Your generosity of \$30,000.00 was overwhelming. Our families thank you.

GLORIA

Glory to God in the highest,
 and on earth peace to people of good will.
 We praise you,
 we bless you,
 we adore you,
 we glorify you,
 we give you thanks for your great glory,
 Lord God, heavenly King,
 O God, almighty Father.
 Lord Jesus Christ, Only Begotten Son,
 Lord God, Lamb of God, Son of the Father,
 you take away the sins of the world,
 have mercy on us;
 you take away the sins of the world,
 receive our prayer;
 you are seated at the right hand of the Father,
 have mercy on us.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father.
Amen.

AFTER HOURS SICK CALLS—9876 2853

Outside office hours our office phones divert to Fr Peter, Fr Anselm & Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, please restrict office and routine enquiries to office hours.

ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping, Baptist Church.

Marriage Enrichment Weekend :

Take the time to step back from everyday distractions and rediscover your relationship!
 17th – 19th August at Mt Carmel Retreat Centre, Varroville, NSW Book online at www.wvme.org.au
 Alternatively contact Adrian and Janet Sullivan: on 0490 774 419 or adrian.janet1@bigpond.com Worldwide Marriage Encounter.



Celebrations this Week 18th Week in Ordinary Time

Monday: Feast, The Transfiguration of the Lord
 Wednesday: Solemnity, St Mary of the Cross
 Friday: Feast, St Lawrence
 Saturday: Memoria, St Clare



Awesome service. Amazing results.

Betty Ockerlander
bettyockerlander@mcgrath.com.au
 0408 505 080

McGrath

THE NICENE CREED

I believe in one God,
 the Father almighty,
 maker of heaven and earth,
 of all things visible and invisible.

I believe in one Lord Jesus Christ,
 the Only Begotten Son of God,
 born of the Father before all ages.
 God from God, Light from Light,
 true God from true God,
 begotten, not made, consubstantial with the Father;
 through him all things were made.
 For us men and for our salvation
 he came down from heaven,
At the words that follow, up to and including 'and became man', all bow.
 and by the Holy Spirit was incarnate of the Virgin Mary,
 and became man.

For our sake he was crucified under Pontius Pilate,
 he suffered death and was buried,
 and rose again on the third day
 in accordance with the Scriptures.
 He ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory
 to judge the living and the dead
 and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son,
 who with the Father and the Son is adored and glorified,
 who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
 I confess one Baptism for the forgiveness of sins
 and I look forward to the resurrection of the dead
 and the life of the world to come. Amen.

ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital to please ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during

HAVE YOU TOLD US? If you have recently changed your address, phone number or email.
 For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

The Truth Justice and Healing Council
www.thecouncil.org.au
 Phone 6234 0900



www.wnbull.com.au
wnbull@wnbull.com

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Reflection on this Sunday's Gospel: *Endlessly Softly*

Doesn't the word "falling" describe our lives? Falling into debt, falling from faith, falling into blazing temperatures, or freezing ones, or happening into fallen youths, saying "what shall we believe in?" And the fall of that one true foundation of society, the family?

The **First Reading** talks about a time like ours. God had pulled his people out of ancient captivity by sending them on a 40-year "exodus" ("wandering") from Egypt. But in the difficult journey and fierce heat, things had begun to collapse. The freed people began to scorn and censure Moses and Aaron, their leaders. They actually said that they would rather have been killed in the land of Egypt—which at least had flesh-pots to eat from—than to starve, wandering, through the desert.

And how do anyone face the "falling apart" of the world?

Maybe these words of Annie Lamott hold a key:

When a lot of things start going wrong all at once, it is to protect something big and lovely that is trying to get itself born ... and this something needs for you to be distracted so that it can be born as perfectly as possible.*

Instead of despairing, let us wait and let us help in the birth.

In that ancient, 40 year "exodus," something very big and lovely was trying to be born. God was holding the people's "falling to pieces" gently. He sent a huge flock of quail for meat, and also "bread from heaven" (manna) from the skies.

The **Gospel** for Sunday flows straight out of this incident. The crowd that Jesus had fed grumbled to him:

Our ancestors ate manna in the desert, as it is written. "[But Moses] gave them bread from heaven to eat." What sign can you do, that we may see and believe in you?

A strange question, since only the day before Jesus had multiplied five barley loaves till there was enough to feed this very same huge crowd. Did they forget in one day?

Jesus replied, "It was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven." God sends the manna, God sends Jesus, the true manna. God holds it all in his kindly hands.

There is a poem by the German poet, Reiner Maria Rilke, which may apply here. If you will indulge me, I will quote it. It is called "Autumn."

The leaves are falling, falling as if from afar,
as if from some far garden in the sky.
They fall with gestures of denial.
And in the nights the heavy earth falls
out of all the stars, in the loneliness.
We all fall. This hand, here, falls.
And look at the rest: it is in everything.
And yet, there is one, who holds all this falling
endlessly softly
in his hands.**

Perhaps the careening earth, the crushing human affairs, everything that falls apart, all of it, every bit of it, perhaps it has behind it something big and lovely trying to get itself born.

There is really no other answer to the continuing state of the world, the failures of our lives, the dropping away of opportunities, the shattering economy, the terrible leadership—no answer at all unless those supporting hands make our falling safe somehow and support it with tenderness.

So, instead of despairing, let us wait and let us help in the birth.

Perhaps something most lovely is being born.

John Foley, SJ

* From Anne Lamott, *Grace (Eventually): Thoughts of Faith*. Riverhead Books. 2007, p. 107.

**The above is my own translation of Rilke's poem. You can read other translations [here](#). In any case, here is the original German of *Herbst*:

Die Blätter fallen, fallen wie von weit,
als welkten in den Himmeln ferne Gärten;
sie fallen mit verneinender Gebärde.

Und in den Nächten fällt die schwere Erde
aus allen Sternen in die Einsamkeit.

Wir alle fallen. Diese Hand da fällt.
Und sieh dir andre an: es ist in allen.

Und doch ist Einer, welcher dieses Fallen
unendlich sanft in seinen Händen hält.

Rilke, #51, *Das Buch der Bilder* [The Book of Pictures]

PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	05/08/18		CFW Appeal at all Masses
		9:30am	Children's Mass—No Kidz Word
		10:15am	Kidz Word at Our Lady Help of Christians
		2:30pm	PH Epping—Confirmation Session 1
		6:00pm	PMR Carlingford Antioch Group
Mon	06/08/18	9:00am	PH Epping Little Engines Playgroup
		9:30am	PH Carlingford Gerry's Playgroup
		9:30am	Mass at St Gerard's Church
		7:30pm	CH Carlingford Rosary Group
		7:30pm	PMR Carlingford SvDP meeting
Tue.	07/08/18	12:15pm	Mass at Our Lady Help of Christians Church
		3:00pm	PMR Carlingford Confirmation Session 1
		7:00pm	CH Carlingford Adult Choir practice
Wed.	08/08/18	9:00pm	St Gerard's School Feast of St Mary of the Cross at Assembly
		9:15am	Communion Service at OLHC Church
		9:30am	Mass at St Gerard's Church
Thur.	09/08/18	9:30am	Mass at St Gerard's Church
		10:05am	St Gerard's School Kindergarten Liturgy rescheduled.
		11:00am	Mass at the Poplars
		12:15pm	Communion Service at Epping
Fri.	10/08/18	9:30am	Mass at St Gerard's Church
		10:00am	PMR Carlingford Scripture Reflection
		10:10am	CH Carlingford Reconciliation Yr. 6M
		12:15pm	Mass at Our Lady Help of Christians Church
		7:00pm	PH Carlingford CANA Group
Sat.	11/08/18	9:15am	Mass at Our Lady Help of Christians Church
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		2:30pm	PH Carlingford Confirmation Session 2
		5:00pm	Vigil Mass Our Lady Help of Christians
		5:00pm	Reconciliation at St Gerard's Church
		6:00pm	Vigil Mass at St Gerard's Church

PH-Parish Hall, CH-Church, PMR-Parish Meeting Room,

PARISH STAFF

Parish Secretary:
Dennis Porteous Ph.: 9876 2853
Email: dennis@eppcarl.org.au

Asst. Parish Secretary
Maree Balzulat Ph.: 9876 2853
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Pastoral Care Assistant
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Children's Sacramental Coordinator:
Lynn Siau
Ph.: 0407 255 593
Email: kids.sacrament@eppcarl.org.au

Sacramental Programme Assistant
Marcella Letteri
Ph.: 0407 255 593

Cana Youth Group
Ashleigh Belic
Ph.: 0430 120 015

Solemnity of the Assumption of the Blessed Virgin Mary



Wednesday 15th August is the Solemnity of the Assumption of the Blessed Virgin Mary – a **holy day of obligation**
Mass times are as follows:

14th August
7:00pm Vigil Mass at St Gerard's

15th August
9:30am Mass at St Gerard's
Schools attending.

12:15pm Mass Our Lady Help of Christians
Schools attending.

7:30pm Mass at Our Lady Help of Christians.



Volunteer with Palms Australia- Missionary Butcher Required!

Papua New Guinea needs a Butchery Manager - If you, or someone you know, can meet the challenge, contact Christine on 02 9560 5333.

Palms Australia The Divine Word University is requesting a Butchery Manager to provide training and support in meat cutting, processing, presentation and workplace hygiene and safety compliance. They have requested a volunteer from Australia to live in the community in Madang for 1-2 years.

For more opportunities, visit palms.org.au/volunteer

Can't commit just yet but would like a look? Try a short Encounter tour to Timor Leste or Samoa.
Call us 02 9560 5333 or go to palms.org.au/encounters



Children's Sacramental Journey Confirmation 2018

Preparation sessions for Confirmation have now commenced. Candidates are required to attend a session once a week with their parent over 4 weeks for preparation of this sacrament. The four sessions are on:

1. Remember Baptism
2. Called by Name
3. Life in the Spirit
4. Confirmation – The Rite

This week, the groups discuss why the children's baptism story is so important, that it marked the beginning of each of their lives as a follower of Jesus and as a member of the church. We show the children the symbols used at their baptism to help them further understand how significant that day was and how it ties in with Confirmation. In the Gospel of Mark, we read The Baptism of Jesus and teach the children the value of silence as prayer.

The group sessions are family-centred and encourage parent-child interaction with activities to help children explore the key concepts of the sacrament in an age-appropriate and fun way. Upon completion of the four sessions, Candidates will go on to celebrate Confirmation in our parish on Saturday, 8th September.

We always like to hear from you! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to drop us a line.

Lynn Siau
Children's Sacramental Co-ordinator
0407 255 593
kids.sacrament@eppcarl.org.au

ROSARY FOR VOCATIONS – Next Saturday 11th August the Rosary will be offered for Vocations at St Gerard's, Carlingford commencing at 5:40pm just before the 6pm Saturday Vigil Mass. All most welcome!

VISITING CELEBRANTS We welcome Rev Fr John Frauenfelder, Rev Fr Andrew Murray and Rev Fr Peter Carroll MSC, who will be celebrating Masses this weekend. Please make them welcome.

The Journey Catholic Radio Program – Aires 12 August 2018

Just a reminder, that all Journey Catholic Radio information is always a week in advance.

This week on The Journey, we have invited the Diocese of Maitland-Newcastle to share with us their reflection from the Gospel of John. Trish McCarthy joins us in her Milk & Honey segment and reminds us that Life is Fragile, and Bruce Downes, The Catholic Guy talks to us about Trusting is a Better Life. Christian Music is an integral part of our show and together with our God Spots, this is the Journey Catholic Radio, where faith, hope, love and life come together. Go to WWW.jcr.org.au or www.itunes.jcr.org.au where you can listen anytime and subscribe to weekly shows by email.

TAX RECEIPTS 2017-2018

Tax Receipts are now available at the back of both Churches. Receipts include amounts for Parish Contributions, CWF Appeal and Project Compassion (non-credit card) donations.

Anyone not in the Parish Giving Programme, and requested a receipt for donations to CWF and/or Project Compassion, please contact the Parish Office on 9876 2853.

SUPPORTING THE PARISH FINANCIALLY

We thank all those who currently contribute to the support of our parish financially.

However, if you don't currently have Weekly Envelopes or arrangements for periodical contribution could we invite you to consider one of the following methods of contributing.

The Parish Giving Programme consists of

- Weekly Envelopes
- Periodically (a reminder letter will be sent to you) either quarterly, half-yearly or yearly;
- Monthly via Credit Card;
- Monthly via your Bank Account (we will provide you with a form to sign to authorise a Direct Debit contribution).

Please visit the Parish Office or ring on (02) 9876 2853 or email parish@eppcarl.org.au.

CHRISTIAN MEDITATION

The next Meditation Renewal Day will be on Sunday 19th August, at the St Benedict's Monastery, 121 Arcadia Rd, Arcadia (9653 1159).

Arrival at 10:00am for a 10:30am start. We will commence with presentations and periods of meditation, conclusion around 3:00pm. BYO lunch, tea and coffee provided. Books and other material will be for sale on the day.

Self-catering accommodation may be available in the Monastery Guest House. Please contact the Guest Master, Br Terry, on 0438 282 318 for bookings. For transport enquiries contact Ann Lomas 9456 4775 or email atlomas@bigpond.com or Ann Bergman 9498 2625 or anniebergman@hotmail.com

Position Vacant Youth Ministry Coordinator (P/T)

Frenchs Forest Catholic Parish is seeking a Youth Ministry Coordinator (initially 8 hrs p.w.) to plan, resource and implement an interesting program of youth activities for youth aged 12-18, and young adults aged 18-35. Hours are flexible, but will include some evening and weekend work.

You'll be a good organiser, with excellent people skills and a keen interest in developing young people within the context of the Catholic Church.

Applications close Sunday 19 August 2018. For more info including the selection criteria ring 9451 5097 or email parishoffice@ffcp.org.au

The successful applicant will be required to comply with the relevant provisions of the Commission for Children and Young Persons Act 1998.

Year of Youth 2018

CANA YOUTH GROUP

If you're in **Years 7-9** come along for a night Jam-packed with FUN & FAITH!
EVERY FRIDAY night of the School Term,
7:30pm - 9pm. In the Parish Hall @ Carlingford

It's a great place to catch up with old friends, and meet some new ones!
Please remember that a small donation when you come to the meeting would really help out with the costs of the night. Thanks.

Ring Ashleigh for any further information
0430 120 015



BEYOND OUR PARISH

World Youth Day 2019

We now have limited spaces left on our WYD pilgrimage to Panama 2019. For pilgrims to secure their position they must pre-register their details and pay the initial \$500 deposit without delay, as we have no scope to extend our pilgrimage numbers. Very soon we will be moving out of the pre-registration phases into full registration with Cosmos who are our official travel provider. More details about the pilgrimage and a link to pre-registration can be found at www.bbcatholic.org.au/youth

Australian Catholic Youth Ministry Convention – 21-23 September 2018

The ACYMC invites all those who are engaged in ministry with young people in a Catholic setting. It brings together those from schools, parishes, diocese, movements, religious orders, communities, universities, vocations, social services and organisations from across Australia. Run by the Australian Catholic Bishop's Conferences Office for Youth and hosted in 2018 by the Diocese of Parramatta, this is Australia's leading professional development opportunity for youth ministry leaders.

Registrations for the 3 day convention which include some meals, including a conference dinner on Saturday night is \$385. To register head to www.acymc.org.au

CYBB has a limited number of subsidised registrations available for youth leaders who meet our selection criteria – for more information regarding the subsidy selection criteria and to apply please follow this link

<https://goo.gl/forms/vmghjarndtXbS7oc2>



OUR PARISH ANTIOCH COMMUNITY:

This Sunday 5th August

Why not Come along to the Antioch meeting to hear a great talk, join in discussion time, get into some awesome music, take time out for prayer and meet heaps of great young people from our parish!

The meeting starts at 6pm. In the Parish meeting room @ Carlingford

So head on down and bring a friend.

ALL VERY WELCOME!!

Antioch is also celebrating the Year of Youth! Come & see.....

Saturday 25th August

8:30am—7:30pm @ OLHC Epping

Invite your friends for FREE food, faith-filled talks & fund games!

(Year 10 to 22 year olds)

For more info or to register contact:

Donna—0498 935 580

Joanne—0416 030 927



*"It was at Antioch that the believers were first called Christians."
~Acts 11:26*

Catholic Youth Broken Bay

Twilight Talks

Catholic Youth Broken Bay invites you to *Twilight Talks*. Join Young Adults (18+) from around the Diocese to connect, share a meal, pray and be nourished by inspiring speakers. In August, we will be welcoming The Culture Project team as they break open our theme of "Restoring Human Dignity".

Date: Tuesday 7 August 2018; Tuesday 16 October 2018

Time: 6:30pm – 9:00pm

Venue: Hotel Pennant Hills, 352 Pennant Hills Rd, Pennant Hills

Daffodil Day Service 2018

West Epping Uniting Church will hold a service for those who have experienced cancer themselves or in a loved one.

Our Guest Speaker: Lyn Graham

When: Friday 24 August

Time: 10:00am

Morning tea will follow the service. All Welcome!