

<p>Responsorial Psalm Response Ps 94:1-2,6-9 If today you hear his voice, harden not your hearts.</p>	<p style="text-align: center;">Gospel Acclamation</p> <p>Alleluia, Alleluia! The word of the Lord stands for ever; it is the word given to you, the Good News. Alleluia!</p>
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WEEKEND MASSES							
Epping	5:00pm Vigil, 8:30am, 10:15am, 6:00pm						
Carlingford	6:00pm Vigil, 7:45am, 9:30am						
WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
HEALING MASS	Carlingford —1st Thursday, Epping — 3rd Wednesday						
EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford , 4th Thursday 10:00am							
SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm OR BY APPOINTMENT							
BAPTISMS AND WEDDINGS: BY APPOINTMENT							
PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au							
ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sgc@dbb.catholic.edu.au							
OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au							

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:
Recently deceased: Annette Agnes Banks, Kevin Diversi, Lucy Kwan, Ryan Wang, Rod Glendenning. Maria Magdalena, Eva Fong, Mary Carrol, John Rate MSC, Ian McMaster (former parishioner of St Gerard's), Damian Yong,
Please pray for Ernst Lau who died Thurs. 26 Sep., his funeral was held last Thursday at North Parramatta
Please pray for Terry Hoolahan who died Friday 27th Sep., his funeral was held last Friday at OLHC Church

Anniversary: Paul Augimeri, Ivan & Edith Almeida, James Boland, Nilo Pilapil, Geoffrey Coonan, Reynaldo Monlulo,
Also for: Young Hwan Ho, Yong Min Ho, Soo Woog Jin, Maria Hur, Young Seok Seo, Noelene & Leslie Gardner,
Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Peter Baker, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella, Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley.
Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

AFTER HOURS SICK CALLS— 9876 2853
 Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

ECUMENICAL RELATIONSHIPS
 Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

Date	Mass	Epping	Mass	Carlingford
12/10/19	5:00pm	Fr Joey Frez	6:00pm	Fr Peter Dowd
13/10/19	8:30am	Fr Joey Frez	7:45am	Fr Peter Dowd
13/10/19	10:15am	Fr Joey Frez	9:30am	Fr Peter Dowd
13/10/19	6:00pm	Fr Joey Frez		



To: Veronica and Les Kemp,

Wishing you a 50th Wedding Anniversary filled with many golden memories you've shared and like your wedding rings may God's love encircle you always and continue to bless your lives together.
Congratulations on your Golden Anniversary.
The Parish Family

The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

Our Lady Help of Christians' Church
31 Oxford Street, Epping and

St Gerard Majella Church
543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd,
Ph.: 9876 2853
Email: peter@eppcarl.org.au

Parish Office: 02 9876 2853

Assistant Priest: Fr Joey Frez
Ph.: 9872 3400
Email: joseph@eppcarl.org.au

Email: parish@eppcarl.org.au

Parish Website: www.bbcatholic.org.au/eppingcarlingford

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR C TWENTY-SEVENTH SUNDAY IN ORDINARY TIME 6-10-19

Habakkuk 1:2-3:2:2-4 1 Timothy 1:6-8.13-14 Luke 17:5-10

Dear sisters and brothers,

As we move towards the end of the year there are a number of activities occurring within our parish family.

As well as our weekly coming together, "Unlocking The Mystery of the Bible", can I offer a final reminder that our parish retreat occurs next Saturday. If you haven't registered please do so this weekend on the sheets of paper provided at the back of the church.

Also a reminder to everyone but especially to all those involved in Kidz Word and Children's liturgies about our evening, on Tuesday 22nd October with Charbel Raish as we reflect together on "How to Enrich Children's Ministries". As part of our Parish Plan for this year, supporting and enhancing our liturgical ministries has had a particular focus and this evening will assist further in achieving this goal.

Along with this evening we will also be offering some formation for all those who assist the parish in the ministries of service at the altar as well as distributing Holy Communion. More details will be offered in coming weeks but at this stage could I ask if any parishioner not currently involved in either of these ministries who would be interested in finding out more or participating in these ministries could please place your name and contact details either on the sheet of paper at the back of the church or leave this information with one of our secretaries at the parish office. I hope many of you will come forward to provide service for our parish in these and indeed all our parish ministries!

Fr Peter



Light for Our Path

**The Parish Retreat day will be held on;
Saturday 12th October
at the Benedictine Monastery in Arcadia.**

It will commence at 10 am and conclude about 3 pm.



The theme for the day will focus on Creation as God's first Incarnation. Such a way of understanding and contemplating our created world enables us to embrace its magnificence with a deep sense of wonder and gratitude for all that is. As we grow in appreciation of this, we become more

aware of creation being a "thou" not an "it." This enables us to live more intentionally in a right relationship with the earth and the cosmos through a loving exchange of giving and receiving.

It is hoped that one of the fruits of our day together will be an increased sense of growing in harmony as a Parish community of faith, with the one great song of love and grace, ever ancient, ever new.



Please indicate your attendance by putting your name on one of the sheets of paper located near the entrance to the church.

While there is no fixed cost for the day everyone is asked to bring their own lunch. Any donation would be appreciated.

If you need transport please contact the parish office.

The day will be facilitated by Sr. Patty Andrew osu (a sister of the Ursuline Congregation)

Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

Safeguarding Message September 2019

SAFEGUARDING MONTH—an inclusion of people with disability is about evangelisation and mission.

PPC Council Member Garry Leary



Marcelle and I first joined the parish in 1984. Our four children attended the St Gerard's primary school and during that time we were both very involved in the activities of the school, meeting many wonderful people. This has allowed us to now continue to enjoy many lifelong friendships.

Our four children have now grown up to be wonderful parents and have blessed us with 15 grandchildren all of whom bring us much joy and happiness.

I have been a financial planner for 41 years, having owned my own business for 32 years. As a professional I have had the privilege of serving others and making a difference in theirs and their family's lives. This has provided a great deal of satisfaction and has led to a very satisfying career.

I have been an Acolyte at St Gerard's for over 20 years. The privilege of serving our parish by assisting our priests at Mass has certainly deepened my faith. From time to time I have also been involved in the RCIA programme sponsoring both catechumens and candidates as they progress on the journey of understanding the Catholic faith. The joy that I have experienced when they decide that God is calling them to become a Catholic is truly wonderful. I continue to live in admiration of their commitment and desire to be involved.

I have a keen interest in many sports but more particularly Cricket (as a player, coach, scorer and umpire), Rugby Union (as a player and coach), swimming and bush walking. Needless to say I love the outdoors. I also have a keen interest in history, particularly Australian history and I enjoy reading autobiographies of interesting people.

It has been an absolute privilege to be a member of the Parish Pastoral Council since 2013. During this time, I have fulfilled the roles of both Secretary and Chairperson. I have served on the council with some wonderful parishioners, so willing to give of their time, insights, energy and experience. In particular I have valued their willingness to reflect in their own faith experiences. I will always treasure these experiences and have learned much during this time.



Children's Liturgy

Adults, catechists and parents who are involved in any children's ministries, we have an exciting opportunity to meet *Charbel Raish, founder of Parousia Media!* Charbel has extensive experience

in educational and pastoral activities of the Church and will be visiting our parish in October to help us discover "what else is possible", when we lead our children in their early years of faith formation.

Have you ever found yourself in a cycle of repeating what you have always been doing, and wishing you were equipped with more to make your session more meaningful and engaging? Well then, this is an evening you will not want to miss! See details below and **SAVE THE DATE!**

MAKING GOD'S WORD COME ALIVE

HOW TO ENRICH CHILDREN'S MINISTRIES

22 October, Tuesday

7:00 PM

St. Gerard's Carlingford

Parish Meeting Room

RSVP TO LYNN@EPPCARL.ORG.AU

OR 0407 255 593

Lynn Siau
Sacramental Programmes & Children's Ministries
0407 255 593
lynn@eppcarl.org.au



To Narelda & Alan Ryan,
Congratulations on your 60th Wedding Anniversary.

May your marriage continue to be blessed with love, joy and companionship for all the years of your lives.
From The Parish Family

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen

SANCTUS

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Have You Told Us? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

Admitted to Hospital

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

The Truth Justice and Healing Council

www.thecouncil.org.au
Ph.: 6234 0900

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, (all bow)
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.

**BAPTISM IN THE PARISH
LAST SUNDAY**



Welcome to: Hayden Robert Seggie
Please hold this child and his family in your prayers.



**McFixit
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Free quotes.

Ring Mike

0434 878 160



Pre-Marriage Course

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Reflection on Sunday's Gospel—Believe It

Faith.

What is faith?

"Faith is the assurance of things hoped for, the conviction of things not seen." So says the Letter to the Hebrews (Hebrews 11:1).

We need and want to love and be loved and it takes time to learn how.

Do you have any doubt that various cities around the world exist, even though you have not actually walked in them? Moscow, Katmandu, Tokyo? And, can you make plans for dinner with a friend if you suspect that s/he is just a figment of your imagination? No. So, you have a conviction of things (or persons) not seen. You have faith.

This is a first answer, a ground level meaning of the word faith, a simple one. We can say "God exists," but others might reply, "so what? I believe my spleen exists, but so what?" So, maybe there is more than a simple belief that "God exists."

That "more" might mean relationship.

You have assurance that a friend will be loyal to you, will be true to the promise contained in friendship. You have faith that your relationship with your friend will not expire.

This is a higher level of faith.

It includes doubt as well. There are moments when it feels like a trusted friend has turned away from you. Such moments are terrible. Some people avoid close relationships altogether just for fear of this kind of a betrayal!

Understandable as such fear is, all of us need gradually and prudently to open ourselves up to deeper friendships. We need and want to love and be loved and it takes time to learn how. Hurt does not have to mean cancellation.

We see a third level of faith in the First Reading. The prophet Habbakuk witnesses a lot of harm and speaks to God with great emotion.

How long, O Lord? I cry for help but you do not listen. Why do you let me see ruin? Why must I look at misery?

Maybe Habbakuk did not know that hurt can be part of a good relationship. He demands to know how the Lord could be so unmoved. Surprisingly, God answers, in a lengthy and encouraging reply. "The vision still has its time," he says, it "presses on to fulfillment, and it will not disappoint; if it delays, wait for it, it will surely come."

Reassuring.

However, the stumbling block in this level is "wait for it." God will make things better but not yet. Our insides scream "Not yet! What are you talking about? Why don't you help us right now? Why are you delaying and giving suffering such a feast?"

The apostles say roughly the same thing to Jesus in the Gospel:

Increase our faith!

What is the Lord's answer? It surely seems like delay, delay, delay.

But, in truth, God is using delay as a way of increasing our faith.

What if we are not yet ready for the depth of God's answers? What if we are not quite ready for true relationship? God brings us along until we become ready for more.

According to Jesus it does not matter how much faith you have, a car-load or a teaspoon-full. Stay in there and the remainder will come, he says.

John Foley, SJ

Fr. John Foley, SJ, is a composer and scholar at Saint Louis University.

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A quote from "Let the Sun Shine - An Australian Catholic Response to Climate Change" – by Fr Charles Rue :

"St Francis of Assisi shows us how we can make ecological sensitivity a part of our spiritual journey. He showed respect, and particularly „courtesy“, towards nature in both its living and inanimate forms; he called it brother and sister, an example of genuine prayer and compassion for every aspect of Earth. Pope John Paul II named Francis as the patron saint of ecology."

PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	06/10/19	9:30am	No Kidz Word at St Gerard's—School holidays.
		10:15am	No Kidz Word at OLHC Church—School holidays.
		6:00pm	PMR Carlingford—Antioch Meeting
Mon	07/10/19	9:30am	Mass at St Gerard's Church
		7:30pm	PMR Carlingford SVdP meeting
Tue.	08/10/19	10:00am	PMR Carlingford—Katherine Tam
		12:15pm	Mass at Our Lady Help of Christians' Church
		7:00pm	CH Carlingford Adult Choir Practice
Wed.	09/10/19	9:15am	Mass at Our Lady Help of Christians' Church
		9:30am	Mass at St Gerard's Church
		7:00pm	CH Epping Adult Choir practice
		7:00pm	PMR Epping Parish Finance Committee meeting
Thur.	10/10/19	7:15pm	PH Epping "Unlocking the Mystery of the Bible"
		9:30am	Mass at St Gerard's Church
		10:00am	PMR Carlingford "Unlocking the Mystery of the Bible"
		11:00am	Mass at Poplars Nursing Home
Fri.	11/10/19	12:15pm	Mass at Our Lady Help of Christians' Church
		9:30pm	Mass at St Gerard's Church
		10:10am	PMR Carlingford Reflection on Sunday's Gospel
		12:15pm	Mass at Our Lady Help of Christians' Church
		4:30pm	CH Epping No rosary due to school holidays
Sat.	12/10/19	7:00pm	No Cana meeting—School holidays
		9:15am	Mass at Our Lady Help of Christians' Church
		9:45am	Exposition and Reconciliation
		10:00am	Parish Retreat at St Benedict's Abbey, Arcadia
		10:15am	Benediction
		5:00pm	Mass at Our Lady Help of Christians' Church
		5:00pm	Reconciliation at St Gerard's Church
		6:00pm	Mass at St Gerard's Church

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

PARISH STAFF

Parish Secretary:
Dennis Porteous Ph.: 9876 2853
Email: dennis@eppcarl.org.au

Asst. Parish Secretary:
Maree Balzalat Ph.: 9876 2853
Email: maree@eppcarl.org.au

Pastoral Care Assistant:
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Parish Support Worker (PSW) Sacramental Programmes and Children's Ministries
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Pastoral Support Worker (PSW) Youth:
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Email: joanna@eppcarl.org.au

Missionary Discipleship Coordinator:
Denis McNamara
Ph.: 0410 041 944
Email: denis.mcnamara@eppcarl.org.au

Parish Pastoral Council
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to ppsecretary@eppcarl.org.au

Celebrations this Week Twenty-Seventh Week in Ordinary Time

Monday:
Memoria, Our Lady of the Rosary

Would you like to be part of an ecumenical service to be held at the Lutheran Church?

Our parish is a member of Australian Church Women. We are holding our next Community Day at the Lutheran Church, 56 Norfolk Road, Epping on Thursday, 31st October.

**The Planning meeting is earlier, on
Thursday, 17 October at 10.30.**

I will be going. Would you like to join me?

Please phone Lorraine Lobsey 9872 4005, 0438 605773 if you would like to know more.

Martino Hoang our Seminarian

will be admitted to the Ministry of Acolyte

**at the 6:00am Mass on Sunday,
20th October**

at Our Lady Help of Christians' Church,
Epping

Fr David Ranson Diocesan Administrator and the Priests from the Seminary and Seminarians will join us at this Mass



We need your assistance in persuading the NSW Government to provide more affordable housing for low income families and the homeless.

Please sign the petition at the back of the Church. These will be presented to the Legislative Assembly in the New Year 2020



Faith... The size of a mustard seed,
All things are possible!

PROPAGATION OF THE FAITH APPEAL

The Propagation of the Faith Appeal will take place next weekend 12th /13th October in both communities. Please give as generously as possible. The money from this appeal goes to the Catholic Mission – who looks after the Work of the Pontifical Mission Societies.

PARISH FINANCE COMMITTEE will meet **this Wednesday 9th October**, in the parish meeting room at Epping commencing at 7:30pm.

REFLECTION ON NEXT SUNDAY'S SCRIPTURES

A reminder that our weekly time of reflection on the coming Sunday's Scriptures will take place this coming **Friday, 11th July** at Carlingford and will commence immediately following the 9:30am Mass, in the Parish Meeting Room. All welcome!

ROSARY FOR THE INTENTIONS OF THE IMMACULATE HEART OF MARY

The rosary for the intentions of the Immaculate Heart of Mary will be recited every Friday afternoon at 4:30pm in Our Lady Help of Christians' Church. You are most welcome to join us.

No rosary on Friday 4th & 11th October

ST VINCENT DE PAUL "SHOP TILL YOU DROP"

Bargain Bus Day is happening again this year.



Date: 26 October 2019

Tickets: The bus has been paid for, and there are a few seats left to anyone who would still like to come.

Cost: \$60 per ticket, includes morning and afternoon tea and a great venue for lunch.

Shopping venues: Home and Gift Warehouse, Sasy and Savy, Manchester Importers, plus many more new and exciting places.

It will be the best fun day you will have this year. For further details please contact *Marilyn Sharp* on 9872 1436 for further details.

Gerry's Playgroup

St Gerard's hosts a "Playgroup" for families in our community.

It is an informal session where parents, grandparents, carers, babies and children aged 0 to school age come together in a relaxed and friendly environment.

- Playgroup gives children an opportunity to have fun, make new friends and develop new skills through informal play.
- Playgroup provides parents and carers with an opportunity to meet other parents and carers, make friends and share ideas and experiences.
- St Gerard's playgroup is a great way to get to know other families in our school community.

The playgroup meets every Monday morning during the school term in the parish hall. Parking is available via Roselea Way in the car park behind the school. Access to the parish hall is via the gate at the back of the school.

**Plenary Council 2020**

Listen to what the Spirit is saying...

We invite the group who participated in Listening and Dialogue to now reconvene in communal Discernment on any one of the six themes. Each Discernment session is expected to result in a response that can be summarised in 1000 characters and that can be submitted through a form on the Discernment page (opened on 1st September). Our Writing and Discernment Groups will then meet and discern on these responses, with prayer and from their own theological knowledge, towards publishing thematic papers and fleshing out the agenda for the first session of the Plenary Council in October 2020.

There are six National Themes for Discernment:

1. Missionary and Evangelising
2. Inclusive, Participatory and Synodal
3. Prayerful and Eucharistic
4. Humble, Healing and Merciful
5. A Joyful, Hope-filled and Servant Community
6. Open to Conversion, Renewal and Reform

If you would like to be part of a group please complete the sheets which can be found at the back of both churches.

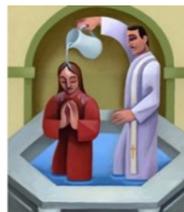
**THE RITE OF CHRISTIAN INITIATION OF ADULTS****Q What is the Rite of Christian Initiation of Adults?**

A *The Rite of Christian Initiation of Adults* (RCIA) is the book which guides the preparation of adults and older children for the sacraments of initiation.

In the early Church, when adult Baptism was the norm, a process of preparation developed with distinct stages and rites, forming candidates in the Christian life and surrounding them with the Church's prayer.

When infant Baptism became the norm, this process fell out of use until the Second Vatican Council called for a restoration of the process.

The book referred to as the "Rite of Christian Initiation of Adults" (or RCIA for short) describes the stages and rites in the current initiation process – which echo many of the elements of the ancient catechumenate while also taking into account the needs of the contemporary Church.



Corinna Laughlin. © 2017 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Art by Steve Musgrave

Youth Page**OUR PARISH ANTIOCH COMMUNITY****Meeting this Sunday 6 October**

Why not come along to the Antioch meeting to hear a great talk, join in discussion time get into some awesome music, take time out for prayer and meet people!

The meeting starts at 6pm in the parish meeting room @ **Carlingford**. So head on down and bring a friend!



For more information
Joanne—0416 030 927

"It was at Antioch that the believers were first called Christians." ~Acts 11:26

Faith**Lord, increase our faith.**

The Apostles asked Jesus for more faith. Did I hear you say, "Me too!" We pray for more faith, but what are we praying for?

Paul reminds Timothy of the gift of faith and reminds us to "Fan into a flame the gift God gave you." **God's gift - the Spirit of power and love and self-control.** "You have been entrusted to look after **something precious**, guard it with the help of the Holy Spirit, who lives in you."

We pray at Mass; **Lord increase our faith.** Take time to pray at home, "Holy Spirit, you live in me. Fan into a flame this gift God gave me. May I experience your Spirit of power and love and self-control."

Have you ever tried to explain your faith? Bishop Robert Barron wrote, "Faith is **an attitude of trust in the presence of God.** Faith is **openness to what God will** reveal, do, and invite. It should be obvious that, in dealing with the infinite, all-powerful person who is God, we are never in control.

One of the most fundamental statements of faith is this: your life is not about you. You're not in control. This is not your project. Rather, **you are part of God's great design.** To believe this in your bones and act accordingly is to have faith. When we operate out of this transformed vision, amazing things can happen, for we have surrendered to "a power already at work in us that can do infinitely more than we can ask or imagine." Even a tiny bit of faith makes an extraordinary difference.

What can I do, if I am not sure if I have faith or I am sure I do not have this attitude of trust in God's presence in my life? Your honesty is the beginning of your journey! You can say this simple prayer ~ **God, if you are real, show yourself to me.**

We know God responds in powerful ways when you just say, "I am open. God show yourself to me".

Denis McNamara

Supporting Missionary Disciples

CANA: OUR yrs. 6-9 YOUTH GROUP**CANA IS ON BREAK FOR THE SCHOOL HOLIDAYS**

We're back on Friday
18th October

Enquiries to Joanna Mak 0404 710 588

BLESSING OF HSC STUDENTS

There will be a blessing for all HSC students within the following Masses on **Sunday 13th October.**

9:30am Mass at Carlingford

6:00pm Mass at Epping

**CATHOLIC YOUTH BROKEN BAY****Twilight Talks**

Catholic Youth Broken Bay invites you to Twilight Talks. Join Young Adults (18+) from around the Diocese to connect, share a meal, pray and be nourished by inspiring speakers.

Our last Twilight Talks of the year will welcome our Diocesan Administrator, Fr David Ranson as he speaks on The Holy Spirit, Discernment & Discipleship. You will not want to miss this one!

Date: Tuesday 15 October 2019

Time: 6:30pm – 9:00pm

Venue: Hotel Pennant Hills, 352 Pennant Hills Rd, Pennant Hills

Volunteers Needed

Would you like to help Open Support to provide increased accessibility to health care services to our clients from regional NSW? Our Country Care Link Program does just that by providing free transport to health care services in Sydney.

Country Care Link is a no-cost service provided by a team of volunteers to clients travelling to Sydney from rural NSW.

Open support responds to community needs by providing greater access to healthcare services through our Country Care Link transport program.

For more information or to receive a volunteer information pack, please email volunteer@opensupport.org.au or call 02 8382 6437.

We are really excited to welcome new drivers to our friendly team, we look forward to hearing from you soon.