

<b>Responsorial Psalm Response</b> May the Lord bless us All the days of our lives.		<b>Gospel Acclamation</b> <b>Alleluia, alleluia!</b> If we love one another, God will live in us in perfect love. <b>Alleluia!</b>					
<b>WEEKEND MASSES</b>							
<b>Epping</b>	<b>5pm Vigil, 8:30am, 10:15am, 6:00pm</b>						
<b>Carlingford</b>	<b>6:00pm Vigil, 7:45am, 9:30am</b>						
<b>WEEKDAY MASSES</b>	<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat.</b>	
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
<b>HEALING MASS</b>	<b>Carlingford</b> —1st Thursday, <b>Epping</b> — 3rd Wednesday						
<b>EXPOSITION OF THE EUCHARIST: Epping</b> Saturday 9:45-10:15am, <b>Carlingford</b> , 4th Thursday 10:00am							
<b>SACRAMENT OF RECONCILIATION: Epping</b> Saturday 9:45-10:15am <b>Carlingford</b> Saturday 5:00—5:30pm <b>OR BY APPOINTMENT</b>							
<b>BAPTISMS AND WEDDINGS BY APPOINTMENT</b>							
<b>PARISH OFFICE:</b> 29 Oxford Street, Epping NSW 2121 <b>PH:</b> 9876 2853 <b>Email:</b> parish@eppcarl.org.au							
<b>ST GERARD MAJELLA PRIMARY SCHOOL:</b> <b>PH:</b> 9871 1633 <b>Email:</b> sgc@dbb.catholic.edu.au							
<b>OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL:</b> <b>PH:</b> 9868 3322 <b>Email:</b> olhc@dbb.catholic.edu.au							

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**

**Recently deceased:** Louise Carey, Hee Chua, Bob Carroll,

**Anniversaries:** Teresa Puszczynska,

**Also for:**

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Amy, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Cooper Rundell, Anna & Leo Bruzze, Gerhard Stieger, Fred Saad, Ron Jenkins, Mike Van Werdt, Tammy Birch, Dorothea Ellis, Veronica Hartwich, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Greg Walsh, John Gilbert, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Pam Taig, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Ausustine Hong, Luba Charlton, Tony ?, George Khouri, Martin Sill, Antony Hogan, Ingrid Connor, Steve Toth, Rob Neil, Josie Scully, Martin & Gay Flood, William Jones, Kath McCarthy, Patricia Amy, Nicholas Rajanayagen, Maria Lee, Frank Holmes, Joyce Fewtrell, Patricia Muschalik, Ernest Lau, Sr. Pauline Wicks.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

#### Safeguarding Message

The protection of children and vulnerable adults within our Diocese will be achieved as every member of our community strives to be a person who WANTS our children to be safe, to grow and to flourish, and have zero-tolerance to any attitude and activity that makes children less than safe.

**The Truth Justice and Healing Council**  
www.thecouncil.org.au Ph: 6234 0900

Date	Mass	Epping	Mass	Carlingford
13/01018	5:00pm	Fr Joey Frez	6:00pm	Fr Peter Dowd
14/10/18	8:30am	Fr Joey Frez	7:45am	Fr Peter Dowd
14/10/18	10:15am	Fr Joey Frez	9:30am	Fr Peter Dowd
14/10/18	6:00pm	Fr Joey Frez		

  
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## The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

### Our Lady Help of Christians' Church

31 Oxford Street, Epping and

### St Gerard Majella Church

543 North Rocks Road, Carlingford

**Parish Priest: Fr Peter Dowd,**

**Ph.:** 9876 2853

**Email:** peter@eppcarl.org.au

**Assistant Priest: Fr Joey Frez**

**Ph.:** 9872 3400

**Email:** joseph@eppcarl.org.au

**Email:** parish@eppcarl.org.au

**Parish Website:** www.eppcarl.org.au

**Parish Office:** 9876 2853

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

## YEAR B TWENTY-SEVENTH SUNDAY IN ORDINARY TIME 7-10-18

**Genesis 2:18-24**

**Hebrews: 2:9-11**

**Mark 10:2-16**

Dear Parishioners,

What a wonderful celebration of Martino's institution as Lector last Sunday. Our thanks go to Fr David Ranson and the priests and seminarians from the Good Shepherd Seminary at Homebush who joined us for Mass as well as all those who assisted in the preparation of our wonderful morning tea immediately afterwards. To you all a heartfelt "thank you"!

I would also like to give a special emphasis both to our Alpha programme each Wednesday night and the forthcoming parish forums in preparation for the Plenary Council. I hope as many of you as possible will have your say as we discern God's future especially for our Church here in Australia. More information can be found in this week's bulletin.

Finally, Parramatta Council has confirmed it will consider all submissions regarding our proposed development of the parish site at Epping up to the determination of the DA regardless of the previous 26th September date. Should you wish to offer a submission in support of our proposal, a copy of guiding points can be found on the tables near the entrances to both churches.

Fr Peter

*Thank You!*

Thank you very much for your love, kindness, generosity and for taking the time to write in my farewell cards.

I was touched when reading your words on the card I had no idea just how much you thought of me.

I will miss you all. I have been appointed to the Holy Name Parish, and will now gradually get to now the parishioners here at Wahroonga.

Once again I would like to express my heartfelt appreciation to the people of Epping and Carlingford.

With love I remain.

Fr Anselam

### Plenary Council 2020 Notice — Week 3

Preparation for the Plenary Council 2020 has begun in our parish. Your voice is needed! Together we are responding to the question: **What do you think God is asking of us in Australia at this time?** The Plenary Council agenda will be developed from the stories you share and the questions you raise.

**Have Your Say!** Join the conversation about your experiences of faith and the church by: Hosting/joining a small group of friends or family. Register your interest on the list at the back of the church **OR** join the larger parish gatherings:

**Epping** after the 10:15am Mass on 14 or 21 October or 7:30pm Thursday 25 October

**Carlingford** after the 9:30am Mass on 14 or 21 October or 7:30pm Tuesday 30 October

All people are welcome – come along and bring a friend. Enquiries contact Lynne [lynne.slocombe@gmail.com](mailto:lynne.slocombe@gmail.com)



explore  
life  
faith  
meaning



**Alpha at Carlingford**

Announcing an afternoon Alpha at St Gerard's Carlingford  
Beginning in the second week of Term 4  
Fr Peter is offering Alpha on a weekday afternoon at St Gerard's and he is inviting you.

**When?**  
An ideal time for parents, carers of school children on a Tuesday afternoon from 1:30pm till school pick up after 3pm. This time is also after morning commitments!  
We begin on **Tuesday 23<sup>rd</sup> October** and continue into November.

**Where?**  
In the relaxing ambiance of the Parish meeting room at Carlingford  
Pre-school children are welcome too, in this safe place!

**Alpha offers you**  
Time for yourself, to be yourself, to discover yourself in a new way, to refresh relationships  
Time to begin or begin again your journey

Come and See for yourself  
We look forward to welcoming you.

**Mark these Tuesdays in your calendar ~ from 23<sup>rd</sup> October and the Tuesdays in November till 20<sup>th</sup>**

**Letter from the Catholic Schools Office—Diocese of Broken Bay**

24 September 2018

Dear members of staff, parents and parishioners,

**Appointment of Principal**

I am pleased to announce the appointment of **Barbara Yee** as the new Principal of St Gerard's Catholic School, Carlingford.

Barbara is a committed Catholic educator with significant teaching experience within Catholic education. Since 2010 she has held the position of principal at Corpus Christi School, St Ives. Prior to this she was the Assistant Principal at Holy Family, Lindfield (2007-2010), Education Officer at Parramatta Catholic Education Office (2002-2006), and Religious Education Coordinator at St Oliver's Catholic School, Harris Park.

In each of these leadership roles Barbara has improved the educational outcome of students particularly in mathematics and literacy, supported the development of teachers and empowered all staff to exercise leadership in the context of learning. She has built a collaborative work environment, and ensured strong links are developed between the school and parish.

Barbara's qualifications include a Graduate Certificate in TESOL from the Australian Catholic University, a Certificate of Religious Education, Graduate Diploma in Educational Studies (curriculum development) and Diploma of Teaching. Barbara has also undertaken extensive professional learning in Mathematics (Sydney University), Extending Mathematical Understanding (CSO) and Cultures of Thinking (CSO). This continues to support her vision for school improvement.

Barbara is an active member of Sacred Heart Parish Pymble.

I welcome Barbara to this role on behalf of the Diocese.

Yours sincerely,  
Mr Peter Hamill  
Director of Schools



Left: Fr David Ranson installing Martino as a Lector last Sunday at the 10:15am Mass.  
Right: Fr David Ranson, Diocesan Administrator Fr Peter Dowd, Rev Daniel Meagher Rector at the Seminary, Fr Arthur Givney, Director of First Year at the Seminary, Fr Paul Durkin Parish Priest of St Agatha's Pennant Hills, with the Seminarians from the Seminary of the Good Shepherd at Homebush.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
**Amen.**

**THE NICENE CREED**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
**At the words that follow, up to and including 'and became man', all bow.**  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**Plenary Council Prayer**

Come, Holy Spirit of Pentecost  
Come, Holy Spirit of the great South Land.

O God bless and unite all your people in Australia  
and guide us on the pilgrim way of the Plenary  
Council.

Give us the grace to see your face in one another  
and to recognise Jesus, our companion on the road.

Give us the courage to tell our stories  
and to speak boldly of your truth

Give us ears to listen humbly to each other  
and a discerning heart to hear what you are saying.

Lead your Church into a hope-filled future,  
that we may live the joy of the Gospel.

Through Jesus Christ our Lord,  
bread for the journey from age to age.

Amen

Our Lady Help of Christians, pray for us.  
St Mary MacKillop, pray for us.



A SVDP Life Membership award: Gordon Floyd was a founding member of St. Gerard Majella SVDP Carlingford conference 54 years ago. He has held all of the executive positions over that time and remains our Treasurer today.



John Day from the Epping Conference was also recognised for continually taking calls for visits with compassion and good humour.

## Homeless Tragedy Demands Action—Social Justice Statement 2018-2019

.....continued from last week

The situation is getting worse, with increase in house prices far outpacing average earnings. All households are spending more of their income on housing, particularly the poorest 20 per cent.

“Increasingly we hear stories of low- and middle-income workers who provide essential services to the community being pushed further to the fringes of urban centres because for the high costs of home ownership and renting. They face long commutes to work, rising rents and the likelihood of future house moves or job changes.”

The Statement lists overly limited supply and increased demand as a result of population increases; negative gearing; capital gains tax concessions; and investor demand as reasons for the trend.

“While an overpriced market has undermined the great Australian dream, we must remember that low-income households—the most vulnerable of our fellow citizens—face a seemingly unending nightmare of homelessness. If Australia is experiencing a housing crisis, it is facing a homelessness tragedy.”

It is estimated that 875,000 households now experience housing stress—having to pay more than 30 per cent of their income on accommodation. Low-income households are particularly at risk: half of those in the private rental market are experiencing rental stress. This has been exacerbated by the increased number of people entering private rental as home ownership becomes less affordable.

The Statement points out that there is a dramatic shortage of community and social housing. “Australia needs more than 270,000 extra affordable homes for low-income households. Currently there are almost 39,000 people on community housing waiting lists and more than 150,000 people on the waiting lists for state-owned housing.”

Specialist homelessness services are struggling to meet demand for emergency accommodation and support. While these vital services assisted almost 290,000 people in 2017, they were unable to respond to over 53,000 requests for help.

Poorly resourced government housing assistance is failing to address the problem.

The Bishops point out that homelessness involves significant social and economic costs not just for those it affects but also for society as a whole. Some studies have estimated the basic cost of a person sleeping on the streets is over \$25,000 per year.

“Increased investment in emergency accommodation and affordable rental homes can help decrease the immediate and long-term costs relating to health, human services and policing,” the Bishops state. It makes economic sense to invest more in homelessness services and affordable and social housing.

“But the real cost to society relates to the damage done to people’s human dignity and the weakening of the community. These costs are far more than financial.

“It is time for Australia to reassert the value of housing as a basic human right. A house is not merely an investment whose value is determined by the laws of supply and demand.”

“We want to find again the ideal we once prized—that housing for all should be seen as an uncontested public good.”

“There is a responsibility on society to display *a special concern for the poor*—guaranteeing the very basics of an acceptable standard of living that protects individuals and families and ensures their participation in the mainstream of community life.”

### A WELCOME GATHERING FOR ALL 2019 KINDERGARTEN FAMILIES IN OUR LADY HELP OF CHRISTIANS AND ST GERARD MAJELLA’S SCHOOLS

An invitation is extended to All Kindergarten families for 2019

at **Epping** on **Sunday 18<sup>th</sup> November** at the **10:15am Mass**  
at **Carlingford** on **Sunday 2<sup>nd</sup> December** at the **9:30am Mass**

The families will be called forward for a blessing at the commencement of their child’s years of school education. The Principal will also greet the families and after Mass there will be a morning tea to give class families a chance to meet with each other over a cuppa. We look forward to seeing you then. *Fr Peter*



## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	07/10/18	9:30am	No Kidz Word—School Hols.
		10:15am	No Kidz Word—School Hols.
		6:00pm	PMR Carlingford—Antioch Meeting
Mon	08/10/18	9:00am	PH Epping No Little Engines Playgroup—Sch. Hols.
		9:30am	PH Carlingford No Gerry’s Playgroup—Sch. Hols.
		9:30am	<b>Mass at St Gerard’s Church</b>
		7:30pm	PMR Carlingford SVdP meeting
		7:30pm	CH Carlingford Rosary Group
Tue.	09/10/18	12:15pm	<b>Mass at Our Lady Help of Christians’ Church</b>
		7:00pm	CH Carlingford Adult Choir Practice
		7:30pm	PMR Epping PFC Meeting
Wed.	10/10/18	9:15am	<b>Mass at Our Lady Help of Christians’ Church</b>
		9:30am	<b>Mass at St Gerard’s Church</b>
		7:00pm	PH Epping—Alpha Week 2
Thur.	11/10/18	9:30am	<b>Mass at St Gerard’s Church</b>
		10:30am	PMR Carlingford ACW Planning Meeting
		11:00am	Mass at the Poplars
		12:15pm	<b>Mass at Our Lady Help of Christians’ Church</b>
Fri.	12/10/18	9:30am	<b>Mass at St Gerard’s Church</b>
		10:00am	PMR Carlingford—Scripture Reflection
		12:15pm	<b>Mass at Our Lady Help of Christians’ Church</b>
Sat.	13/10/18	7:00pm	PH Carlingford NO CANA meeting Sch. Hols.
		9:15am	<b>Mass at Our Lady Help of Christians’ Church</b>
		9:45am	Exposition and Benediction
		10:15am	Benediction
		5:00pm	<b>Mass at Our Lady Help of Christians’ Church</b>
		5:00pm	CH Carlingford Reconciliation
		6:00pm	<b>Mass at St Gerard’s Church</b>

PH—Parish Hall, CH—Church, PMR—Parish Meeting Room



### Friday 9 November at Epping from 5:00pm – 9:00pm

For family fun, face painting, craft, international cuisine, quality Christmas gifts and fresh fruit and veggies. Mingle with the local community in a family friendly environment where live entertainment will run all night. Don’t miss this epic annual event happening in your local community.

The markets are in the grounds of Our Lady Help of Christians’ Primary School, Epping.

Pedestrian entrances are via Cambridge Street or Oxford Street.

## PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

**Asst. Parish Secretary**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Pastoral Care Assistant**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Children’s Sacramental Coordinator:**  
**Lynn Siau**  
Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

**Sacramental Programme Assistant**  
**Marcella Letteri**  
Ph.: 0407 255 593

**Cana Youth Group**  
**Ashleigh Belic**  
Ph.: 0430 120 015  
Email: ashleigh.belic@gmail.com

## ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping, Baptist Church.

## AFTER HOURS SICK CALLS— 9876 2853

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

**HAVE YOU TOLD US?** If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

## ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

## TWO DATES FOR YOUR DIARY:

- Thank you Mass: which will be held on Sunday 11th November at 10:30am Mass at St Gerard’s, there will be no 10:15am Mass at Epping that day.
- Our local Advent Ecumenical service: will be held on Tuesday 27th November at 7:45pm at St Alban’s Anglican Church.

### Book of Remembrance

Once again this year, we will have our "Book of Remembrance" in each church—displayed in its place of honour on the sanctuary throughout the month of November, to remember our past family and friends, and it will be placed in position during the first week of November.

As you will remember, we changed the format of the book so that all the past names are in the front of the book and will remain there. The lined pages in the book are for you to write on and these handwritten names will not be retyped, but will stay as they are from now on. This makes the book more personal and individual. You are welcome to add names of those who have passed away during the last year; the book will be available from this weekend and throughout October.

### Can you help?

As you know, we are hosting Australia Church Women's Community Day at St Gerard's on **Thursday, 25<sup>th</sup> October** commencing at **11:00am**. ACW is an interchurch association which embraces seven Christian traditions.

Services are held on a rotation basis meaning it is held in our Parish about every 3-4 years.

**Please phone Lorraine Lobsey 9872 4005 if you can help - perhaps with greeting visitors or sandwiches or a slice.**

Of course your presence on the day is the best support. Although membership age is high, and our numbers low, ACW remains a faithful connection to our neighbouring churches and to ecumenism.

### Catechist

Our Invitation to Ministry will take place at St Gerard's on 24/25 November and at OLHC on the 2/3 December.

The entire PARISH celebrates the Catechist Ministry at St Gerard's Church (this year we are at Carlingford as last year we were at Epping) at 9:30am Mass.

Please contact Mary O'Byrne on 9871 2120 with any enquiries or offers to assist in this Ministry."

### Propagation of the Faith Appeal Albeit World Mission Day World Mission Day

Is celebrated every year in every country wherever there are Christian communities committed to building a better world for all of God's people. A world where everyone has all that they need to live a dignified and fulfilling life. At the time of Pope Benedict XVI he asked that "the whole People of God reflect together on the urgency and the importance of the Church's missionary activity in our day." He said "the missionary endeavour is still the first service which the Church owes to humanity today, to orient and evangelise cultural, social and ethic changes and to offer Christ's salvation to the men and women of our day humiliated and oppressed in many parts of the world because of endemic poverty, violence and systematic denial of human rights." The annual collection will take place at St Gerard's and Our Lady Help of Christians' Churches on:

**13/14 October 2018**

Envelopes will be in the pews and at the entrance to the churches. Could you please support this collection generously.

### BLESSING OF OUR HSC STUDENTS



We invite all our HSC students from both communities in the parish to join us either at the: **Sunday 9:30am Mass** at St Gerard's or the **Sunday 6pm Mass** at Epping. on **Sunday 14th October**

There will be a blessing for all students within the Mass, and Mass will be followed by refreshments outside the churches – a chance for HSC students to gather together before the exams begin.

**St. Vincent de Paul** "Shop till you Drop" Bargain Bus Day is happening again this year on **Saturday 27th October**. The bus is now paid for, and there are still seats available for those who still wish to come. Some of the venues will include KB Toys, Debs Hidden Treasure and Manchester Importers, plus many more new and exciting places. The cost of the ticket will be \$60 including morning and afternoon tea and a great venue for lunch. It will be the best fun day you will have this year. Contact **Marilyn Sharp** on 9872 1436 for further details.



**PARISH FINANCE COMMITTEE** will meet **this Tuesday 9<sup>th</sup> October**, in the parish meeting room at Epping commencing at 7:30pm.

### MASS IN HONOUR OF ST MARY OF THE CROSS



The monthly Mass in honour of St Mary of the Cross will be celebrated in St Mary's Chapel at Carlingford this **Monday 8<sup>th</sup> October** at the **9:30am** Mass.

**ROSARY FOR VOCATIONS – Next Saturday 13<sup>th</sup> October** the Rosary will be offered for Vocations at St Gerard's, Carlingford commencing at 5:40pm just before the 6pm Saturday Vigil Mass. All most welcome!

### THE JOURNEY CATHOLIC RADIO PROGRAM – AIRS 14 October 2018



Just a reminder, that all Journey Catholic Radio information is always a week in advance

This week on The Journey, we reflect on the Gospel of Mark, Sr Hilda shares her Wisdom from the Abbey with "The unexpected Gift", The Peaceful Parent,

Marilyn Rodrigues reminds us to have "Realistic Expectations of Ourselves", and we are encouraged by Bruce Downes, The Catholic Guy of the importance of "Deeper Prayer". Our music this week is a gentle reminder of the amazing Christian music artists we are lucky to have on our program and it is where faith, hope, love and life come together in the Journey. Go to [WWW.jcr.org.au](http://WWW.jcr.org.au) or [www.itunes.jcr.org.au](http://www.itunes.jcr.org.au) where you can listen anytime and subscribe to weekly shows by email.

## Year of Youth 2018

### CANA YOUTH GROUP



## CANA IS ON A BREAK FOR THE SCHOOL HOLIDAYS

Ring Ashleigh for any further information  
**0430 120 015**

### End of Year of Youth Celebration and Youth Discipleship Awards

To celebrate the successes and growth that has occurred during the Year of Youth, we invite all people, but in particular young people and those who minister to them, to join us for an End of the Year Of Youth. As part of the celebrations that evening, we will also be acknowledging young people who have shown themselves to be witnesses of missionary discipleship. With this in mind we invite you to read the attached document that outline the concept and nomination process for the first ever, CYBB Youth Discipleship Awards.

**Date:** Saturday 24 November 2018 **Time:** 5:00pm Mass – 9:00pm

**Venue:** Our Lady of The Rosary, Hornsby Cathedral Parish, 23 Yardley Avenue, Waitara

**RSVP:** [youth@bbccatholic.org.au](mailto:youth@bbccatholic.org.au)

An online nomination form is also available here: <https://goo.gl/forms/2hsZ18PUnI2a12GS2>

### BEYOND OUR PARISH

#### PASTORAL CARE SEMINAR DAY

To celebrate **Pastoral Care Week 2018**, CatholicCare's Hospital Chaplaincy and Pastoral Care Team invite you to our **Pastoral Care Seminar Day** on Wednesday 24 October between 9:00am and 3:00pm. This will be a day of enrichment and fellowship for all those people in the Diocese of Broken Bay who are involved in a ministry to care for the sick.

All are very welcome to attend, including: Priests, Deacons, Religious, Pastoral Care Practitioners, Extraordinary Ministers of Holy Communion, Pastoral Visitors and Social Workers.

Morning tea and lunch will be provided.

Our special guest presenter will be Sr Maryanne Confoy RSC

**Venue:** Caroline Chisholm Centre, 423 Pennant Hills Rd, Pennant Hills

#### For enquiries please contact:

Denis O'Brien (Acting Coordinator Hospital Chaplaincy and Pastoral Care) on 0439 009 932

**To register your attendance please send an email by Monday 15 October to:**

[denis.obrien@catholicaredbb.org.au](mailto:denis.obrien@catholicaredbb.org.au) (please also note any special dietary requirements)

#### Grief to Grace – Healing the Wounds of Abuse –

is a spiritual retreat for anyone who has suffered degradation or violation through physical, emotional, sexual or spiritual abuse. The retreat will be held 26-31 May 2019.

To request an application contact Anne by emailing [info@griefftoaceaus.org.au](mailto:info@griefftoaceaus.org.au) or phone 0478 599 241. For more information visit [www.griefftoaceaus.org](http://www.griefftoaceaus.org)

**Mass in the Extraordinary Form of the Roman Rite** will be celebrated on **Sunday 21 October 2018** at **4.30pm** in St Benedict's Church, 121 Arcadia Road, Arcadia

### OUR PARISH ANTIOCH COMMUNITY:

**This Sunday 7th October**

Why not Come along to the Antioch meeting to hear a great talk, join in discussion time, get into some awesome music, take time out for prayer and meet heaps of great young people from our parish!

**The meeting starts at 6pm, in the Parish meeting room @ Carlingford**

So head on down and bring a friend.

**ALL VERY WELCOME!!**

Donna—0498 935 580

Joanne—0416 030 927



"It was at Antioch that the believers were first called Christians." ~Acts 11:26

### Hornsby Community Forum: Right to Home

The lack of availability of affordable housing is a matter of considerable concern within our community.

On **29 October**, along with the *Sydney Alliance*, the St Vincent de Paul Society is hosting a community forum to discuss the need and potential solutions for the supply of affordable housing in the Hornsby and Ku-ring-gai areas.

**Venue:** Boronia Room, Hornsby RSL.

**Time:** 7pm to 9pm.

### UPDATED COURSE OUTLINE – SEPTEMBER 2018

#### The Poetry of Grace IV

**Presenter:** Michael Griffith, PhD

**4 Wednesday mornings, 10 – 12noon; Nov 7 - 28**

Level 5, 141 Harrington Street, Sydney

**Cost: \$144/** person (Including summary notes)

#### Developing Your Own Spirituality II

**Presenters:** Michael Whelan SM, PhD & Marie Biddle, RSJ, MA, MTh

**4 Wednesday evenings, 6pm – 8pm Unit 2: Nov 7 - 28**

Level 5, 141 Harrington Street, Sydney

**Cost: \$144/** person (Including summary notes)

#### Thomas Merton:

On the fiftieth anniversary of his death

Three lunch time presentations

**Presenter:** Michael Whelan SM, PhD

3 Tuesdays 12.30-1.15, November 27- December 4 & 11

Level 5, 141 Harrington Street, Sydney

**COST:** \$15/session includes notes

**Check our Website for Courses, Reflections and interesting articles and events**

[www.aquinas-academy.com](http://www.aquinas-academy.com)

**For registration contact Aquinas:**

**T 02 9247 4651 E [secretary@aquinas-academy.com](mailto:secretary@aquinas-academy.com)**

### Worldwide Marriage Encounter

Take the time to step back from everyday distractions and rediscover your relationship!

**16<sup>th</sup> – 18<sup>th</sup> November at Mt Carmel Retreat Centre,**

**Varroville, NSW Book online at [www.wmme.org.au](http://www.wmme.org.au)**

**Alternatively contact Adrian and Janet Sullivan: on 0490 774 419 or [adrian.janet1@bigpond.com](mailto:adrian.janet1@bigpond.com)**