

# Diocese of Broken Bay

Parish Priest: Fr Jim McKeon  
[Jim.McKeon@bbcatholic.org.au](mailto:Jim.McKeon@bbcatholic.org.au)

Assistant Priest: Fr Aldrin Valdehueza  
[Aldrin.Valdehueza@bbcatholic.org.au](mailto:Aldrin.Valdehueza@bbcatholic.org.au)

## Our Lady Help of Christians'

31 Oxford Street, Epping

## St Gerard Majella's

543 North Rocks Road, Carlingford

## Phone

02 9876 2853

## Website

[eppcarl.org.au](http://eppcarl.org.au)

## Email

[parish@eppcarl.org.au](mailto:parish@eppcarl.org.au)

## Single Donation

### Click here for:

[Weekend Mass Times](#)

[Weekday Mass Times](#)

[Exposition of the Blessed Sacrament](#)

[Sacrament of Reconciliation](#)



## Readings

### 16 JULY 2023

Isaiah 55:10-11  
Romans 8:18-23  
Matthew 13:1-23

### 23 JULY 2023

Wisdom 12:13, 16-19  
Romans 8:26-27  
Matthew 13:24-30



## The Catholic Parish of Epping & Carlingford



YEAR A

16 JULY 2023 FIFTEENTH SUNDAY IN ORDINARY TIME

23 JULY 2023 SIXTEENTH SUNDAY IN ORDINARY TIME



**Quiet Achievers:** As I write letters of thanks to accompany the receipts for planned giving donations I notice for how many of our committed givers I cannot yet put a face to their name. Part of that is my forgetfulness, but I think it also

shows how many people who support our parish are those quiet people who never seek the limelight but support in the background. *I remain grateful to you all.* You should now have received your receipt for your planned giving and Pastoral Works Fund in the mail.

~ Fr Jim

**Thank you** to everyone who donated to the diocesan Pastoral Works Fund appeals this past year. You collectively donated \$47,888 which goes to resource our volunteer catechists in state schools and Catholic chaplains in hospitals. We fell just \$10,000 short of our \$58,228 target, and so this will come from our general parish funds to fulfill our levy. Parishioners who are part of our planned giving and also donate to our various appeals during the year should be receiving their statements in the mail over the next few days. We provide receipts for only those charities you have donated to directly through us. Please email [Richard.Houwing@bbcatholic.org.au](mailto:Richard.Houwing@bbcatholic.org.au) or call the Office if you have any questions or concerns.



**Romans:** Of all of St Paul's letters, Romans is both the longest and most systematic, presenting St Paul's most complete and mature theology. It is such an important letter that the Church presents it to us in the second reading at Mass for 15 consecutive weeks. One chapter, chapter 8 is especially significant and 5 weeks are dedicated to it alone, and we are reading it right now. Fr Jim will be preaching on this incredibly important chapter over the coming weeks. You can catch up on any weeks you miss with Fr Jim's YouTube channel <https://www.youtube.com/@frjimckeon> or via QR-code above.



Fr Aldrin is one of the diocesan World Youth Day chaplains and will be away from July 29th to August 12th.

We welcome Fr Geoff Bugden who will be celebrating weekend Masses whilst Fr Aldrin is away.

*"Supporting our church fuels the growth of Jesus' ministry within all of us. Your donations help provide resources for young mum's playgroup, youth programs, men's programs and community outreach. This develops a nurturing a thriving community of believers."*

## FROM OUR PARISH PRIEST - FR JIM MCKEON



**Investment:** You will recall last year I advised the parish that we were scheduled to receive an amount of money as a result of the Epping Development, it is important that we continue to keep you informed as to what is happening with these funds. \$2million dollars has been invested under the guidance of Morgan Stanley, the advisers to the Diocese of Broken Bay, who are one of the world's largest private wealth management organisations.

The Diocese has adopted an Investment Policy Statement which is based on economic and financial factors within an ethical framework. Investments must be guided by Catholic Social Teaching and the ethical principles of the Catholic Church. The guidelines introduce investment constraints to the investable universe of securities which may generate investment returns and risks that are potentially different to investing in an unconstrained investment universe.

Many of you would be only too familiar with the prevailing economic circumstances both in Australia and overseas over the last twelve months or so and the investment for the parish has in turn been affected by these difficulties. It is important to understand that the decision to invest has adopted the parameters of a three to five year time frame and it is therefore important to always remember never to assess performance, neither negative or positive, over a short period of time.

The investment's primary focus is the derivation of income and therefore traditionally concentrates on conservative areas of cash and fixed interest with a lesser allocation to the growth investment areas of shares and property. The investment was effectively made in January 2023 and the balance as at June 30th sits at \$2,016,814. There is very little if any income generated from the investment thus far.

Our parish income has and always will predominantly depend on the continuing generosity of both past and current parishioners through the planned giving program of the parish. The income you provide us allows the parish budget to meet many commitments such as faith development programmes, employment of additional staff, youth programmes, parish functions and ongoing maintenance of our churches.

As was stated last year, the Planned Giving program is a wonderful way to grow in faith and support your parish. Our growth in faith happens when we give generously and enthusiastically. This helps us grow in our understanding that all we have is a gift from God. We simply administer our money and possessions for God's good. In giving we show that God and not money is our priority in life.

~ Fr Jim

## DISCOVER CATHOLICISM

**Have you ever wanted to know about the Catholic Faith from the perspective of the Bible, without having to go through thousands of different websites?**

**Well... now you can!**

One of our young adult parishioners, Kate Falzon, has built a website, that goes through many of the Catholic Faith teachings on Mary, the Sacraments, the authority of the Church and much more.

You can check out this website by going to [www.livingmatthew16.com](http://www.livingmatthew16.com) The QR-code on the right takes you there.



"I understand that sometimes it can be hard to explain the Catholic way to others, especially to non-Catholic Christians. Many times, we may be lost for words on how to share our faith and explain the meaning behind why Catholics do particular things, or believe certain things. I wanted to create a website answering all these big questions that you or I might get asked, in an easy and biblical way. I hope this website can help you in knowing more about our beautiful faith, and that it may draw you closer to our Lord and saviour."

~ Kate F.

# Congratulations!

## Parish Team

### Parish Secretary

**Dennis Porteous** Ph: 9876 2853

Email: [Dennis.Porteous@bbcatholic.org.au](mailto:Dennis.Porteous@bbcatholic.org.au)

### Parish Facilities & Operations Coordinator

**Richard Houwing** Ph: 9876 2853

Email: [Richard.Houwing@bbcatholic.org.au](mailto:Richard.Houwing@bbcatholic.org.au)

### Admin. Assistant

**Michael Davies** Ph: 9876 2853

Email: [Michael.Davies@bbcatholic.org.au](mailto:Michael.Davies@bbcatholic.org.au)

### Coordinator of Sacramental Programmes, Children's Ministries & Communications

**Lynn Siau** Ph: 9876 2853

Email: [Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au)

### Youth Ministry Coordinator

**Joanna Mak** Ph: 0404 710 588

Email: [Joanna.Mak@bbcatholic.org.au](mailto:Joanna.Mak@bbcatholic.org.au)

### New Parishioner Engagement Coordinator - OLHC

**Serena Kozanic** Ph: 0414 753 799

Email: [Serena.Kozanic@bbcatholic.org.au](mailto:Serena.Kozanic@bbcatholic.org.au)

### New Parishioner Engagement Coordinator - St Gerard's

**Belinda Shi** Ph: 0414 753 362

Email: [Belinda.Shi@bbcatholic.org.au](mailto:Belinda.Shi@bbcatholic.org.au)



Roque and Gene Cuan

Congratulations to **Roque & Gene Cuan** who are celebrating their 50th anniversary of marriage. Join us as we bless them at the **10.15am Mass at OLHC on August 4th**.



Renato & Yael Manongdo

Congratulations to **Renato & Yael Manongdo** who are celebrating their 40th wedding anniversary. We will bless them at the **OLHC vigil Mass on July 22nd**.



Giving thanks for 50 years of marriage - Ovila's parents

*Pictured above:* Canute and Ovila d'Souza had the opportunity to celebrate Ovila's parent's 50th anniversary of marriage. Ovila's parents are visiting from overseas so it was an extra special reunion. Congratulations to them!



Praveen & Sujitha with Carwyn

*Pictured left:* Congratulations to **Praveen and Sujitha** who celebrate their 5th wedding anniversary, shown here with their son Carwyn.



## SACRAMENTAL PROGRAMME & CHILDREN'S MINISTRIES

### 2023 Confirmation For children in Year 3 & above who are baptised



**Enrolment for Confirmation will close on Saturday 22nd July.** Enrolment is to be completed online. Please hurry as we are unable to accept late enrolments. Selection of session times and dates are on a first-come-first-served basis. The Tuesday evening session is already full. If you would like to enrol your child, please contact me ASAP and I will get back to you with an information pack.

Instructions on how to enrol will be in the information pack. Parents who have already enrolled their children will receive an email after the 22nd July about the Parent Gathering Session which will be held at 7:30pm on Tuesday 25th July and Thursday 27th July. This will be followed by the Rite of Enrolment at select Masses on the weekend of 29th/30th July. There is always much to consider when enrolling your child for Confirmation, such as a suitable Sponsor, the Saint's name, as well as helping your child with prayer, reflection and discussion. We are here to support you! If you have any questions, please feel free to give me a call at 9876 2853 or send me an email at [Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au)

Kidz Word at St Gerard's will resume 23rd July at the 9:30am Mass



KidzPlay Resumes Friday 21st July!



Our parish playgroup runs every Friday morning from 9:30am in the hall.

Contact Belinda for KidzPlay: 0414 753 362 or [Belinda.Shi@bbcatholic.org.au](mailto:Belinda.Shi@bbcatholic.org.au)

Have you seen one of these pictured on the left **at OLHC?** One of our parent volunteers, Hannah Lewis, created these for your little ones. The velcro arrows can be moved by older siblings to help the younger ones follow the order of the Mass!

Lynn Siau - Coordinator of Children's Ministries, Sacramental Programme & Communications  
[Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au)



## COMMUNICATIONS



**Article submission deadline:** If you would like to submit an article from your ministry for inclusion in the next edition of our parish bulletin, please send it to [Lynn.Siau@bbcatholic.org.au](mailto:Lynn.Siau@bbcatholic.org.au) before **10am on Wednesday 26th July 2023**. Kindly understand I am unable to accommodate late submissions. Please send in a Word document. Photos or graphics are acceptable in PNG or JPEG format. Please note that PDFs will have to be reformatted and the clarity of your notice will be compromised. Do provide an email address, a contact name and number in your article. Thank you.

Other ways to connect:



FACEBOOK



INSTAGRAM



GRACE RADIO

**eBulletin:** If you know someone who would like to receive the electronic version of the bulletin, please forward this link for them to fill in the form on our website: [bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter](http://bbcatholic.org.au/epping-carlingford/news-events/parish-newsletter)

## YOUTH MINISTRIES



**Cana (Year 6-9)** is on every Friday **7:30-9pm** during the school term. However due to the leaders being away for World Youth Day, the next meeting will resume on the **1st September in Term 3**.



**Antioch (Year 10/16 year olds-23 year olds)** - Antioch will meet on the **16th July, 6-8pm**, and then be on a break.

We will resume on the **20th August** (after the World Youth Day pilgrims return). Good luck to all our students having their HSC trials and preliminary exams!

Contact the parent support if you have any questions: Kirk Koelmeyer (0420 874 824) or Louise Koelmeyer (0404 496 554).



**Emmaus young adults (23-30 year olds)** - Our young adults group will next meet on the **25th July, 7-8:30pm**.



**Please pray for our WYD pilgrims who depart on the 21st July!**

### A Message from Joanna, our Youth Minister

I will be overseas and on annual leave from the 21st July and will return to work on the 31st August.

If you have a question about the Antioch youth group, please contact the parent support, Louise or Kirk Koelmeyer on 0404 496 554 or 0420 874 824.

For enquiries on Cana or the Emmaus youth group, as well as the Youth Mass at St Gerard's, please contact Fr Jim at [Jim.Mckeon@bbcatholic.org.au](mailto:Jim.Mckeon@bbcatholic.org.au)

### Snippets from our Parish Trivia Night



The parish trivia night was a blast last Saturday and we raised more than \$1600 for the Jesuit Refugee Service. Thanks to everyone who attended!



## THIS IS FOR YOU

Ignite Conference is a gathering of Catholics for four days of real-world formation, renewal of faith, great people and powerful worship.

Join over 2000 high schoolers, young adults, leaders, teachers, priests and religious taking part in a life changing encounter with God and His Church.

### IGNITE CONFERENCE IS BACK IN

**SYDNEY:** held in Waitara precinct 28th Sep-1st Oct in the Term 3 school holidays.

This is the link for more details, the daily schedule and to register -

<https://igniteconference.com.au/sydney>

Currently, tickets are for the whole conference. Day only tickets will be available in the future. If you/your young one would like to attend, please email Joanna (contact details to the left) now for a **potential half price discount/subsidy** to attend.

We also have Facebook groups for Antioch and Emmaus.

If you would like to join or would like more information on any of our 3 youth groups, please contact the Youth Minister, Joanna Mak on 0404 710 588 or email her at [Joanna.Mak@bbcatholic.org.au](mailto:Joanna.Mak@bbcatholic.org.au)

## CATECHISTS' CORNER

Since the beginning of this school year, some 20+ Catechists from our Parish attended the ongoing Compulsory SRE Training of Classroom Management and Teaching Authorised Curriculum both via ZOOM and face to face sessions at Caroline Chisholm Centre in April and July. Pictured below:



We also came together for a cuppa to meet new and old acquaintances during this school holidays. Fr Aldrin joined us for a chai latte!



Our catechists reach out to hundreds of students in 9 Public State Schools in our Parish with the Special Religious Education (SRE) classes:

### Primary Schools

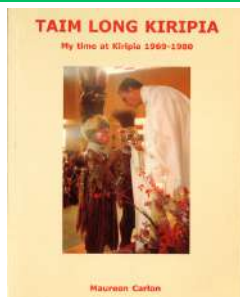
- Epping Public School (Tuesday : 9:20, 9:50am)
- Epping North Public School (Thursday : 2:10, 2:40pm)
- Epping West Public Schools (Tuesday : 11:40am, 12:10, 12:40pm)
- Epping Heights Public School (Friday : 9:10am)
- Murray Farm Public School (Tuesday : 9:00, 9:40, 10:20am)
- Roselea Public School (Wednesday : 11:30am, 12:05, 12:30pm)

### Secondary Schools

- Carlingford High School (Wednesday : 10am, 11am)
- Cheltenham Grils School (Thursday : 10am)
- James Ruse Agricultural High School (Wednesday : 2pm)

If you are interested to become a catechist or to obtain more information regarding this ministry, please contact [katherine@eppcarl.org.au](mailto:katherine@eppcarl.org.au) for primary school or [trish@eppcarl.org.au](mailto:trish@eppcarl.org.au) for secondary school or call the Parish Office during office hours at **9876 2853**.

## OTHER NEWS & NOTICES



### Missing book from our library:

The book Tiam Long Kiripia, which means My Time at Kiripia in pigeon English is the story about one of Maureen Carlon's adventures, has gone missing from our library. If you know of its whereabouts would you please please drop it into the Parish Office?

Our **Charismatic Prayer Group** meets **every Sunday at 10:45am at St. Gerard's Church**. Our group is transformed by the Holy Spirit, and we welcome you to join us for an uplifting and inspiring time.

Come and experience the power of the Holy Spirit as we pray together, sing, and share our journeys of faith. Our group is open to all, and we invite you to bring your friends and family along with you. We look forward to seeing you this Sunday at 10:45 am at St. Gerard's Church (Children's Crying Room at the back of the Church). For more info contact Margaret on 0401 133 368 or [mtmkelly@optusnet.com.au](mailto:mtmkelly@optusnet.com.au)



cont'd... "Other News & Notices"

### Celebrations this Week

#### Ordinary Time Week 15

20 July Thursday: *St Apollinaris*

21 July Friday: *St Lawrence of Brindisi*

22 July Saturday: **St Mary Magdalene**

#### Ordinary Time Week 16

24 July Monday: *St Sharbel Mahkluf*

25 July Tuesday: **St James**

26 July Wednesday: Sts Joachim and Anne

29 July Saturday: Sts Martha, Mary and Lazarus



**RESPECT  
CONFRONTING VIOLENCE & ABUSE  
TRI-DIOCESAN SOCIAL JUSTICE EVENING 2023**

WEDNESDAY 26TH JULY, 2023  
6 PM TO 8:30 PM  
- CATHOLIC INSTITUTE OF SYDNEY -  
99 ALBERT ROAD STRATHFIELD, NSW 2135

Leonie Westenberg | School of Theology, Charles Sturt University  
Kristy | DFV Advocate and Survivor  
Victoria Fitzmaurice | Photographer & Advocate  
Commander Sharon Marshall | Central Coast DFV leader, NSW Police  
NSW Department of Communities and Justice  
Julie Macken | Justice & Peace Office  
Fr Peter Smith | Justice & Peace Office

PLEASE SCAN OR  
CLICK THE QR CODE  
TO RSVP

This year's Tri-Diocesan social justice event is on the topic of the current Australian Catholic Bishop's statement on domestic violence: 'Respect: Confronting Violence and Abuse.' This is an annual event organised by the Diocese of Broken Bay, the Diocese of Parramatta and the Archdiocese of Sydney, with Sydney hosting the event this year.

Presenters on the evening include the organisers of a photographic exhibition recently held on the Central Coast to draw attention to this issue, which includes Commander Sharon Marshall from the NSW Police. For other speakers and further details, please see flyer above.

This is a free event, and includes dinner. All most welcome to be part of this important conversation. Registration is essential at: <https://tinyurl.com/2wwy3ajm> or via QR code above. Enquiries: [Pina.Bernard@bbcatholic.org.au](mailto:Pina.Bernard@bbcatholic.org.au) or phone 0432 682 238



### The Feast of St Mary of the Cross MacKillop is on **Tuesday August 8th.**

We will have Mass at 9.30am at St Gerard's to celebrate Australia's patron saint.

The Feast of the Assumption is on **August 15th.** Masses will be celebrated at

- St Gerard's at 9.30am (with St Gerard's School) and 7pm
- at OLHC at 6pm, and
- at St Agatha's Pennant Hills with OLHC Primary School at 11.40am.

Our neighbouring parishes may have complementary Mass times also.



### ASSOCIATION OF THE MIRACULOUS MEDAL MONTHLY MASS AND NOVENA:

The monthly AMM Mass and Novena will be held in Saint Anthony's Church, 54 Agincourt Rd., Marsfield, on SATURDAY, 5th August, 2023 at 10.00 a.m. We will commence with a rosary at 9.45am. All Welcome.



### SERRA VOCATIONS MASS AND DINNER MEETING

Fr Jim McKeon, Parish Priest of Epping and Carlingford Parish, will be celebrating Mass for Serra at **Sacred Heart Church Pymble on Thursday 27th July 2023, 6pm.** The evening commences with Mass at followed by a light meal and a short meeting.

Following the meeting Father Jim will be our guest speaker. His topic will be "Safeguarding in the Catholic Church" and should not be missed. Everyone is welcome.

Please telephone: Terry Scanlan on 0438 887 295 or email [terry\\_scanlan@bigpond.com](mailto:terry_scanlan@bigpond.com) if you would like to attend.



GOT YOUR WEDDING PLANS UNDER CONTROL?  
How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our website: [www.engagedencounter.org.au](http://www.engagedencounter.org.au) Choose any of the coming weekends: **Aug 5-6, Nov 11-12; Feb 24-25**

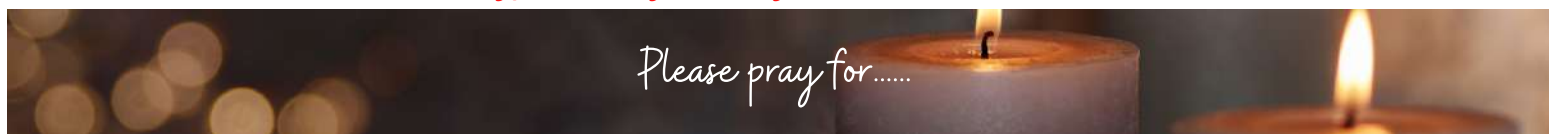
The seed that falls on good ground  
 will yield a fruitful harvest.

The seed is the word of God, Christ is the sower;  
 all who come to him will live for ever.

WEEKEND MASSES							
Epping	5:00pm Vigil, 8:30am (Family/Children), 10:15am and 6:00pm (Youth)						
Carlingford	6:00pm Vigil, 7:45am, 9:30am (Family/Children) and 5:00pm (Youth)						
WEEKDAY MASSES							
	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	*	5:00pm	*	*	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
<b>EXPOSITION OF THE EUCHARIST:</b> Epping Wednesday 5:30-6:30pm and Saturday 9:45-10:15am, Carlingford Thursday 10-10:30am							
<b>SACRAMENT OF RECONCILIATION:</b> Epping Wednesday 5:30-6:30pm and Saturday 9:45-10:15am, Carlingford Thursday 10-10:30am and Saturday 5:15-5:45pm, <b>OR BY APPOINTMENT at either church</b>							
<b>BAPTISMS AND WEDDINGS: BY APPOINTMENT</b>							
<b>POSTAL ADDRESS FOR THE PARISH OFFICE:</b> PO Box 369, Epping NSW 1710							
<b>ST GERARD MAJELLA'S PRIMARY SCHOOL: PH:</b> 9871 1633 <b>Email:</b> sgc@dbb.catholic.edu.au							
<b>OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH:</b> 9868 3322 <b>Email:</b> olhc@dbb.catholic.edu.au							



**Healing Mass: 1st Tuesday of the month, 10am at St Gerard's Meeting Room, Carlingford**  
*\*Tuesday, Thursday & Friday Mass at OLHC on hold till further notice.*



**For those who are sick and suffering:**

- Cohen Hadden (family of Pat & Margaret McArdle)
- Graham Yeates
- Dennis Porteous (our Parish Secretary)
- Eric Yeung (brother of Goretti Yeung)
- Margaret Floyd
- Graham Kelly
- Owen Harrison
- Paul Grassi
- Maureen Carlon (Marie Saul's sister)
- Kevin Saul (Marie Saul's nephew)
- Yolanda Calderone
- Loreta Rosario
- Lorraine Warner
- Beryl and John Day
- Laura Doran
- Mary Chernov (sister of Trish Harrison)
- Margaret Hall
- Grace Spyrou (aunty of Kevin Siau)



**Thank you** for your prayers for all our brothers and sisters who are on our prayer list. They are strengthened by our united prayers for them. Our parish also has a Prayer Ministry group on Facebook. There are occasional prayer requests that come through the office via email or directly posted on this private group. Please feel free to join if you would like to pray for someone or for your own intentions: <https://www.facebook.com/groups/2660800900909668> or via QR code.

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**

**Recently deceased** - Lorna Wettasinha, Noelene Viset, Domenico Staltari, Eloiza Andrade, Amanda Doronila, Canesio Emata



**Anniversaries** - Dorrie Flanagan (mother of Betty Connors), Chryshan & Queenie Solomonsz, Flora Ng (grandmother of Kevin Siau), Mark Hillier, Richard Barry, Kestutis Ankus, Sam Licciardello, Roger Brennan (father of Cliff Brennan)