



Vox Populi

27 March 2025

Laetare Sunday is the fourth Sunday of the Season of Lent, the midpoint of Lent, and is traditionally a day of joy within the solemn period of Lent.

“Laetare” means “rejoice” and comes from the traditional Latin Introit of the Mass of the day: “Laetare Jerusalem” (“Rejoice, O Jerusalem”), taken from Isaiah 66:10.

It is one of the two days in the liturgical calendar the priests wear rose vestments.

The rose vestments symbolise a sentiment of joyous hope and is a brightening of the sombre tone of purple otherwise used during Lent. It’s a reminder of what we are preparing for, the joy of the Resurrection of Easter Sunday.

It’s a reminder that we are people of the Resurrection and not people of the Crucifixion.

One of the traditions of the day is for people to visit their “mother church”, the church in which they received the sacrament of baptism.

However we choose to spend Laetare Sunday, we should be reminding ourselves of the joy of the Resurrection, while also preparing ourselves for the final few weeks of Lent.