



WELCOME TO THE TWELFTH SUNDAY IN ORDINARY TIME



In times of uncertainty, when things are unclear, and we feel that things are out of our control Jesus implores us to turn to him and not be afraid. We are invited to surrender all fear and anxiety to him; over and over again he reminds us, 'be not afraid'. He walks with us always, and in times of darkness and fear, he carries us. Jesus, I trust in You!

GOSPEL READING: MATT 10:26

"Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear.'"

Read the full text at

<https://www.universalis.com/Australia/mass.htm>

REFLECTION:

"We should be transformed during prayer and receive strength from God to face what lies ahead. So, when there are problems, have faith and pray!"



http://frtommylane.com/homilies/year_a/12-2.htm

ADDITIONAL RESOURCES

The Most repeated advice in the Bible - Aleteia:
<https://aleteia.org/2017/08/27/if-you-suffer-from-anxiety-you-need-to-know-the-most-repeated-advice-in-the-bible/>

Dealing with Anxiety as a Catholic - The Catholic Therapist:
https://www.youtube.com/watch?v=EWo_nAiCgGA



SONG:

Be Not Afraid - Catholic Artists from Home:
<https://www.youtube.com/watch?v=RFODlpFOoBg&t=7s>

THIS WEEK:

Share this resource, part of the resource or one of the links with someone you care for.

PRAYER:

Loving Father, in times of uncertainty, in times of fear and trouble, help me turn to you and trust in you always. Jesus, in your name there is power, in times of anxiety, remind me to call to you and not be afraid. Amen



FEAST:

24 June - The Nativity of St John the Baptist: is one of the oldest feasts celebrated in the Church and is the only birthday other than Jesus and the Blessed Virgin Mother, which has a dedicated feast day attributed to it. St John the Baptist is also known as the forerunner, precursor or harbinger as his ministry was to announce to the world the coming of Christ and always pointed people to Jesus. He did so, even from his mother's womb when he 'leaped' for joy at the arrival of Mary and Child.
<https://www.aquinasandmore.com/blog/celebrating-the-birth-of-the-forerunner-st-john-the-baptist/>

CHILDREN'S RESOURCES:

Ocean of Mercy Virtual Catholic Conference for Kids - Essential Catholic:
<https://www.essentialcatholic.com/home>

Do Not Fear, for I am with You - Catholic Mission:
<https://www.youtube.com/watch?v=nxYaGqGimVI>

Who's John the Baptist - Catholic Kids Media:
<https://www.youtube.com/watch?v=JESNhOmnSiU>

BE NOT AFRAID



Read Matthew 10:26-33 and fill in the missing words

'Every _____ on your head has been _____. So there is no need to be _____; you are _____ more than hundreds of _____.'

'So if _____ declares himself for me in the _____ of men, I will _____ myself for him in the presence of my _____ in _____.'

Words List

Father	counted	heaven	afraid	worth
anyone	presence	sparrows	hair	declare

MORE RESOURCES AT:
bbcatholic.org.au/connected



CATHOLIC
DIOCESE OF
BROKEN BAY