



KU-RING-GAI CHASE CATHOLIC PARISH

Diocese of Broken Bay

28 January 2024

4th Sunday of Ordinary Time ~ Year B

Deut 18:15-20; 1 Cor 7:32-35; Mark: 1:21-28

Entrance Antiphon:

Save us, O Lord our God! and gather us from the nations, to give thanks so your holy name, and make it our glory to praise you.

Communion Antiphon: Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.



*Seek God,
Find God,
Embrace God in Jesus'*

Our Mission Statement:

'Help others to recognise, through their experiences, that Jesus who died and is risen is the truth that lights up their lives.'

Our Vision Statement:

'That the parishioners of Ku-ring-gai Chase Catholic Parish grow as missionary disciples and live as community in Christ inviting all people into our Parish, welcoming them to our Parish life and embracing the rich diversity of our community.'

WEEKEND MASSES

Saturday	5pm	St Bernard's
	6pm	St Patrick's
Sunday	8am	St Patrick's
	9am	St Bernard's
	10am	St Patrick's
	6pm	St Patrick's

WEEKDAY MASSES

St Patrick's, Asquith

8am Wednesday and Friday
9am Mon, Tues, Thurs, Saturday

St Bernard's Berowra Heights

8am Thursday
9.15am Wednesday and Friday
(except 1st Friday of the month when Mass is at 11.30am @ St Bernard's)

RECONCILIATION

Saturday 9.30am St Patrick's
Friday After 9.15am Mass St Bernard's

(Out of office hours **URGENT** only)

Emergency sick calls

0468 341 841

HOSPITAL ADMISSION:

If admitted to hospital, please write down your religion as Catholic to receive Catholic Services. *Please, call the office if you would like our own priests to visit you in hospital.*

PASTORAL CENTRE (Parish Office)

Opening Hours: 9am - 3.30pm, Mon-Fri

Phone: (02) 9456 2450

Website: www.bbcatholic.org.au/kccp

Email: parishkccp@bbcatholic.org.au

1-19 Woodcourt Rd, Berowra Heights 2082 /

P.O. Box 335, Berowra Heights NSW 2082

Parish Priest: Rev Dr Biju Jose, OSH

Assistant Priest: Fr Joy Thomas, OSH

Parish Secretary: Margaret Cooper

Parish Bookkeeper: Karen Price

Vol. Office Assistant: Jan Favaloro

Vol. Sacramental Team: Peta & Phill

(Email: kccpsacraments@gmail.com)

Anointing & Healing Mass



First Friday of the Month

Friday ~ 2 February 2024

ANOINTING & HEALING MASS @ St Bernard's: 11.30am

Adoration: 10.30am; Reconciliation: 11.00am; Healing Mass: 11.30am

NIGHT VIGIL @ St Patrick's:

7.30pm: Exposition of the Blessed Sacrament, Silent Prayer, Rosary, Divine Mercy Chaplet, Benediction. *All are welcome.*



A message from our Parish Priest ...

My dear parishioners,

I am so happy to greet you all. I hope everyone had a fabulous break and are refreshed. After a Christmas break, our parish office is in full swing. Welcome back and welcome to a new beginning.

The central theme of today's **Gospel passage** is the authority of Jesus. Jesus' teaching touches the hearts of the people and it makes changes in their lives as he speaks only the truth. Truth has its own power.

Again, Jesus' authority is empowering and liberating. That's exactly what we see in today's second part of the Gospel. A man possessed by an unclean spirit was liberated and empowered by Jesus through his authority. Let us always turn to the power of the Holy Spirit which is above and beyond ourselves.

Friday, January 26 we celebrated **AUSTRALIA DAY**. It is indeed an occasion once a year to give thanks to the Lord for the beautiful land we live in, and the many blessings received. May Our Lady, Help of Christians always intercede for all of us. Happy Australia Day!

This Wednesday, January 31, we celebrate the **memorial of St John Bosco**. He was a pioneer in educating the poor and founded the Salesian Order. He is a patron saint of young people. St John Bosco reminds us to take very seriously the passing on of the Christian faith to the young. Directing the soul and forming the mind and character of the young is very important.

Friday, February 2, is the **Feast of the Presentation of the Lord**. This celebration on the fortieth day after Christmas remembers the day when the infant Jesus was brought to the Temple to be dedicated to God according to Jewish law. In the image of Joseph and Mary presenting Jesus in the Temple, the Gospel shows a beautiful model of husband and wife united in practicing the faith and in raising their child in the faith. This feast reminds us that parents are the First and Foremost teachers of passing on the Christian faith to their children.

Again, Pope John Paul II designated the Feast of the Presentation of the Lord as the **World Day of Prayer for Consecrated Life**. Today, we pray that those in consecrated life will continue to help us to recognise Jesus as the Messiah in the pressures of secularism and modern life just as Simeon and Anna are the ones who recognise the baby Jesus as the Messiah in the arms of Mary and Joseph.

I wish you all a beautiful weekend! *Fr Biju Jose OSH*



We warmly welcome back to school all our teachers and students of St Bernard's and St Patrick's Primary Schools, AND

We also welcome back to school all our Catechists who lead Special Religious Education classes for our Catholic students in our local State Primary Schools of Wideview, Berowra, Mt Colah, Mt Kuring-gai, Asquith, Hornsby and Hornsby North.

We ask God's blessing on you all as you begin the new school year. May it be a happy and successful year for you all.

"Train up a child in the way he should go; even when he is old he will not depart from it." Proverbs 22:6



Pope's intention for January:

For the Gift of Diversity in The Church:

Let us pray that the Holy Spirit helps us recognise the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

THIS WEEK'S READINGS

Ordinary Time ~ Year B

Monday 29/01

2 Sam 15:13-14, 30, 16:5-13; Mk 5:1-20

Tuesday 30/01

2 Sam 18:9-10,14,24-25,30-19:3; Mk 5:21-43

Wednesday 31/01 ~ Memorial

St John Bosco, priest
2 Sam 24:2, 9-17; Mk 6:1-6

Thursday 01/02

1 Kg 2:1-4, 10-12; Mk 6:7-13

Friday 02/02 ~ Feast

The Presentation of the Lord
Mal 3:1-4; Lk 2:22-40

Saturday 03/02

1 Kg 3:4-13; Mk 6:30-34

Ku-ring-gai Chase Parish Remembers & Prayers for...

RECENTLY DECEASED:

ANNIVERSARY: Kevin Harant

PRAYERS FOR THE SICK:

Margaret Patterson, Pat Bowden, Sosefo Ali, Bill Holmes, Cita Del Rio, Chris Enright, Philomena & Rex D'Souza, Mary Mathew, Isabel Henson, Chichi Datoc, Mary Burns, Georgina Hughes, Patrick Dorahy, Rey Hilario, Roger Okell, John Cosgrove (Snr), Rosemary Pendlebury-Grainger.

Please NOTE WELL: *It is our practise during January, to delete names from the Sick list whose situation hasn't been updated.*

Please send an email to: parishkccp@bbcatholic.org.au to have a name reinstated.



Parish Bank Account Number:

To obtain the details of our new bank account (for regular or ad hoc donations),

please contact the parish office on 9456 2450 or via email to: parishkccp@bbcatholic.org.au ~ Thank you for your ongoing financial support of the parish, Fr Biju.



Tap n Go donation points available in both Churches. All taps are set to \$10.

Thank you for your support through these devices.

The Living Word

First Reading Deut 18:15-20

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."'

The Word of the Lord

All: Thanks be to God

Responsorial Psalm (Ps 94:1-2. 6-9. R. v.9)

(R.) If today, you hear his voice, harden not your hearts.

1. Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord. **(R.)**

2. Come in, let us kneel and bend low; let us kneel before the God who made us for he is our God and we the people who belong to his pasture, the flock that is led by his hand. **(R.)**

3. O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.' **(R.)**

Second Reading 1 Cor 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The Word of the Lord

All: Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

A people in darkness have seen a great light: a radiant dawn shines on those lost in death.

Alleluia!

Gospel Mk 1:21-28

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.



The Gospel of the Lord

All: Praise to you Lord Jesus Christ.

Reflection

The word 'diabolical' comes from a Greek word referring to something broken in two, shattered. Looking at persons and societies torn apart, it is obvious that the diabolical spirit is powerful. However, it harbours a fear that a more powerful Holy Spirit could reintegrate a personality, could make a community out of divided groups.

'Have you come to destroy us?' indicates that this fear was realised in the coming on to the scene of Jesus Christ. Jesus' answer was a resounding 'Yes', not in words but in action, healing a man torn apart by a diabolical spirit.

Jesus Christ invites and empowers us to join in his healing mission to overcome whatever it is which tears people apart, whether at the individual, community or global levels.

We do so in the confidence of His Resurrection which overcame the diabolical tearing apart of His body and soul.

We could pause for a moment to commit ourselves to joining Jesus' mission, so putting the fear of God into the devil!

© Michael Tate; mtate@bigpond.com

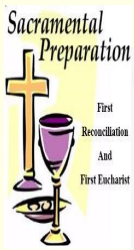
The psalm responses are from the English Translation of the Lectionary for the Mass ©1981 International Committee on English in the Liturgy Inc.(ICEL). All rights reserved. The psalm texts, from The Psalms, A New Translation, ©1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. © 2017 Creative Ministry Resources Pty Ltd All use must be in accordance with your user licensing agreement.

The 250 Club!

Dear all, the first of our 'two-per-year' series of the 250 Club for 2024 is about to commence and we are looking for more members so we can give away more money!

If you are already a member, (*and are unfinancial*), you will soon receive a reminder email from our bookkeeper. **If you are financial you won't hear from us ... UNLESS YOU WIN A PRIZE OF COURSE !!** We have 'blocks of four numbers' available now so why not be part of the fun ~ \$1 per week paid in advance for the 20 week series means your investment of just \$20 offers you **the chance of winning \$25 each week AND one chance in every five weeks of winning \$500!** To get on board this simple but effective parish initiative please contact the office on 9456 2450 or email parishkccp@bbcatholic.org.au





The Sacramental Programme for 2024 will begin very soon with the Parent Information Night for Reconciliation & Eucharist scheduled to take place on Tuesday 13 February ~ 7.30pm to 8.30pm ~ Please mark your diary now as this is a mandatory component of the programme which at least one parent must attend.

If your child/ren made Confirmation in 2023 (or earlier) and have not already made Reconciliation and/or Eucharist then you will soon be able to enrol them.

Watch This Space For More Details!



Natasha Steele, who for many years tirelessly ran our fabulous Piety Stall (located inside St Bernard's Church) has moved from our Parish. The stall will now be run by Pauline Placko & Genevieve Funk (pictured) who have big shoes to fill. Pauline & Gen generally go to the 5pm Vigil Mass or can be contacted through the Parish office. *Thank you Natasha for all your hard work for the parish across the years. We ask God to abundantly bless you and all your endeavours always.*



"For where two or three gather in my name, there am I with them." Matthew:18:20

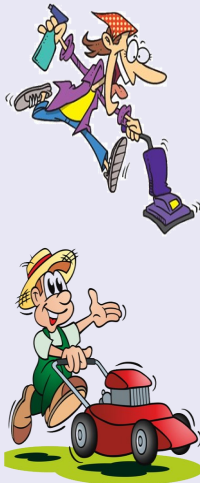
The World Day of Prayer is an annual, ecumenical service, where we collectively pray for a particular themed country. This year it is our turn ('the Catholics') to host the service and it will be held:
At: St Bernard's Catholic Church, Berowra Heights; On: Friday 1 March 2024; At: 7pm.

All are warmly invited to come and join us in prayer and song. 'Voices from the Waters,' Berowra's acappella group will lead the congregation in deep, meaningful music. A light supper will follow. **Please mark your diary to join us.**

Our parish needs volunteers very badly.

So we're asking you to give of your time ~ please can you help?

From Church Cleaners to Lawn Mower-ers, volunteers are very much needed & sought.



Almost every ministry in our parish could benefit from more volunteers. With more volunteers, our existing volunteers might even stay on a bit longer because ... sharing of the load with many, may prevent them leaving a ministry through burn-out! Just like the pleasure of a clean and tidy home, your time, effort and support will be greatly appreciated in the ongoing upkeep of your spiritual home.

Some of our Parish Ministries in need of great assistance are:

- | | | |
|---|---|---------------------------|
| † Readers | † Flower arrangers | And ... |
| † Senior Servers | † Sacristy Care | † We'd love to bring back |
| † Junior Servers <i>(we need heaps more of these esp. at SPA !)</i> | † Maintenance folk <i>(mowing, gardening, odd jobs etc)</i> | Children's Liturgy which |
| † Church Cleaners | † Communion to housebound | has been in hiatus since |
| | | Covid!! |

Please consider helping out by speaking to our priests or calling the office for more information on 9456 2450.

It is with mixed emotions, we bid a fond farewell to Keith and Fiona Fone.

Keith and Fiona will soon be moving to a new home and new parish on the Mid North Coast of New South Wales, and while we are happy for them and wish them all the very best, we are sad to lose such wonderful supportive members of our parish family. Over many years, Keith and Fiona have volunteered in many ministries from senior server, reader, and exceptional flower arranger, (among other things), to always supporting parish events and yet they still managed to maintain an understated and humble way of going about things. **May God bless and protect you always.**



Just one of Fiona's fabulous creations!



The Vocations Office of the Diocese of Broken Bay request you to ~ Save the Date!

They are eagerly anticipating the coming year with hope and excitement and it is with great joy that they invite you to join them on **Friday, February 16, 2024, for their first Holy Hour and Discernment Evening of the year.** *Venue and further details to be confirmed.*

'Let us begin the new year together in faith, seeking God's guidance as we navigate the path before us.'

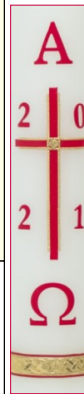
Looking for a new job for 2024 & beyond? Here are 3 opportunities in 2 parishes of the Broken Bay Diocese.

North Harbour Parish is looking for a Family and Sacramental Coordinator. This is a permanent part-time position based at North Manly and working with the Parish Priest and parish team to engage positively with families of children participating in sacraments, promote parish partnerships, develop a model of family catechesis and nurture strong relationships with the parish, schools and parents/ carers. Applications close on Friday 9 February 2024.

North Harbour is also seeking a permanent part-time Media and Communications Coordinator to assist in creating, organising, planning and implementing effective communication strategies between the Parish of North Harbour, parishioners and the greater community. Applications for this role also close on Friday 9 February 2024.

Frenchs Forest Parish is seeking a permanent part-time Parish Secretary to oversee the administration functions of a busy parish office. Applications for this role close on Friday 9 February 2024.

Full role descriptions, hours and contact details for all three positions are available on the Diocesan website — <https://www.bbcatholic.org.au/about/contact-us/positions-vacant>.



Would you consider Sponsoring a Paschal Candle?

Over the last couple of years, our parish has been blessed with parishioners prepared to sponsor the purchasing of our annual Paschal Candle at each Church.

The candles will be ordered this coming week and will be identical in everyway, however, if you contact us early in the week, it may be possible for you to select the decoration. The cost will be in the vicinity of **\$290 each (+/- \$10)** (this includes postage and GST).

If this is something you would like to do, please contact the parish office on 9456 2450.



Expressions of interest sought for the sponsorship of large electronic screens at St Patrick's Church, Asquith

Technology has been moving along at quite a pace and it is time to consider changing the 'way we view things' at St Patrick's Church.

It would seem that 2 x 75" (minimum size) and 1 x 65" screen will be required.

If you are in a comfortable enough position to sponsor a screen this would be a great blessing for the parish.

Please consider and contact the office on 9456 2450 or email: parishkccp@bbcatholic.org.au



Children's Choir @ St Patrick's

is always ready to welcome new members at any time throughout the year.

Children's Choir is open to: Anyone from Year 3 to Year 12, from any parish or local state school in the parish are welcome to join this choir at any time.

Children's Choir sings at: 10am Mass on 2nd and 4th Sundays of each month.

If interested in joining: Please call Patricia Smith on 9482 7935.

Rosters & Readings for W/nd – 3rd/4th February 2024 - 5th Sunday Ordinary Time Year B - Job 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

	St Bernard's Church		St Patrick's Church			
	5.00pm	9.00am	6.00pm	8.00am	10.00am	6.00pm
Acolyte / Snr Server	Justin Berry	Paul Dryden	Mani Subramany	Francis Lizardo	Malcolm Cross	Volunteer needed
Altar Servers Altar Servers	Martha Askew Piper Thompson	Joshua Rumble Bronte Tonkin	Volunteer needed Volunteer needed	Volunteer needed Volunteer needed	Rishona Gonsalves Substitute requested	Volunteer needed Volunteer needed
Reader (1)	Francesca Parrino	Freya Tonkin	Edwina Subramany	Jim Fitzgerald	Christine Vila	Les Fogden
Reader (2)	Celia Cox	Peta Tonkin	Penny Loughland	Michael Halliday	Cora Cuasay	Mary Stokes
Sacristy/Cleaning/Flowers	Gen Funk (cleaning) <i>additional help needed</i> Anne Bourke (sacristy)		Pat Smith, Marion Pahalawatta, <i>additional help needed</i> Ellen Downey (f)			
Maintenance	Team A & B - <i>additional help always</i>		February: Luke Massa, David Mooney			

Working in a child-related ministry in the Catholic Diocese of Broken Bay: Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though, exemptions may apply in some cases. The Parish is the employer of the paid or volunteer worker and therefore is required by law to verify the Working with Children Check number. All paid or volunteer workers engaged in a child-related role must have a clear Working with Children Check to work in a child-related ministry. This disclosure references the legislation, *Child Protection (Working with Children) Act 2012*.

the working
with children
check

Do you hold a current Working With Children Check that needs to be renewed?
Then we have some great news! It just got a whole lot easier !!

Working with Children Check renewals go digital.

A Working with Children Check (WWCC) lasts for five years and then needs to be renewed. **In great news for you, our wonderful volunteers, you can now skip the queue and digitally renew your WWCC in as little as 10 minutes.**

Online renewals remove the need for busy workers to visit a Service NSW Centre. The new process is streamlined, efficient and secure and will become the go-to renewal method for essential workers looking to easily meet their compliance obligations and reclaim valuable time.

Enabled by photo verification tech, the process delivers a high-level of security by ensuring the images are destroyed after the real-time check is completed, without the hassle of submitting physical documents. Since launching late last year, more than 3000 customers have successfully renewed their WWCC online and 98% of those who provided feedback gave a 'thumbs up' to the online experience.

For more information please visit: <https://www.service.nsw.gov.au/transaction/renew-working-children-check-wwcc>.

Of course, once renewed you still need to advise this office of the renewal so it can be verified internally and the parish's legal obligations are met.

The businesses here support our parish by advertising, please support them in turn.

ALBERT & MEYER
FUNERAL DIRECTORS
AUSTRALIAN FAMILY OWNED & OPERATED

24 Hour Personal Attention

Ph: 02 9484 3992
E: director@albertmeyer.com.au

Rebecca Pincott
General Manager

SEND FREIGHT,
PARCELS, DOCs –
ANYWHERE
ANYTIME

We pick-up, pack and send quickly, cheaply and safely. For friendly, efficient service **contact James or Stuart** (Berowra Heights resident), for a competitive quote for large and small packing and shipping needs for local and international deliveries. **Free pick-up for local residents.**
P: 02 9804 1544 or M: 0451 531 759; E: westryde@packsend.com.au

HARANT'S ~ Home & Office Improvements Pty. Ltd

Builder's Licence No. 27126C and our own KCCP parishioner

CHRISTIAN HARANT

Specialising in kitchens, bathrooms, decks, carports,
gyprock, plastering, maintenance work.

M: 0412 478 813; E: harantspty@gmail.com

King Tide Café / Restaurant

Open 7 days ~ 8am to 4pm ~ *Owned & operated by our own*
KCCP Parishioners John & Moauli Griffiths

Come by Car / Boat / Train

Faafetai fo'i ~ means 'You're Welcome' in Samoan

Delicious food, fabulous service & exceptional views await YOU!
Hawkesbury River Marina, 9 Dangar Rd Brooklyn NSW
(02) 9985 7102

WE HAVE REBRANDED!

Assistive Technology
Specialists

Comfort
Discovered

KarisLife

Assistive Independence

The same amazing friendly team and excellent service. Large range of products and solutions for independence, dignity and mobility to live a better life.

Undercover street parking

Easy access to showroom and toilet

Guaranteed price match

Try before you buy

73 Jersey St North, Hornsby NSW 2077
www.karislife.com.au 9987 4500

ratemyagent

Agent of the Year - 2021, 2020, 2019, 2018, 2017
Berowra and Berowra Heights

Francesca Parrino

Upper North Shore Expert

M (+61) 0415 651 740 E francescaparrino@smileelite.com

Francesca Parrino Property

Facebook | Instagram | LinkedIn | YouTube | RateMyAgent

Smile Elite

Facebook | Instagram | LinkedIn | YouTube

francescaparrinoproperty.com.au | smileelite.com

FRANCESCA PARRINO

PROPERTY POWERED BY SMILE ELITE