



# Catholic Parish of Lower North Shore

Serving the communities of  
St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby  
Twinned with the Parish of Letefoho, Timor Leste

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples. We respectfully acknowledge their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander people, as we continue the journey of Reconciliation.*

## Parish Priest

Rev Fr Brian Moloney PP

## Assistant Priests

Rev Fr Tomy Kuruvelil CFIC  
Rev Fr Vincent Musindalo AJ

## RNSH Chaplain

Rev Fr Andrew Mutubusi AJ

## Parish Office

182 High St, Willoughby  
P: 9958 8846  
E: office@lins.org.au  
www.lins.org.au

## Parish Office Hours

Mon-Fri: 8:30am - 3:00pm

## Parish Secretaries

Caitlin Douglas  
Katrina Chemello

## Sacramental Co-ordinator

Jessica Bousimon

## Parish Bookkeeper

Dorothy Tomagra

## Director of Liturgical Music

Lisa Lewis

## Catechist Co-ordinator

Kristy Komadina

## St Leonard's Church

Cnr Donnelly & Willoughby Rds  
Naremburn

## St Philip Neri Church

224 Sailors Bay Rd  
Northbridge

## St Thomas' Church

Cnr Horsley Ave & High St  
Willoughby

## Emergency No:

0408 632 015

## St Philip Neri Primary School

67 Baringa Rd, Northbridge  
Principal: Fiona Bylsma  
9958 7136

## St Thomas' Primary School

2 Horsley Ave, Willoughby  
Principal: Jenny McKeown  
9958 7308

## 5th Sunday Of Lent Year C – 7th April 2019



### EASTER LITURGIES 2019

### St Leonard's Church Naremburn

### St Philip Neri Church Northbridge

### St Thomas' Church Willoughby

**Reconciliation  
Friday 12th April**

**Holy Thursday  
Thursday 18th  
April**

**Good Friday  
Friday 19th April**

**Easter Vigil  
Saturday 20th April**

**Easter Sunday  
Sunday  
21st April**

**10:00am Stabat  
Mater  
Stations of the Cross  
  
3:00pm  
The Passion of our  
Lord**

**7:00pm Mass**

**10:30am Mass  
  
4:00pm Mass RNSH  
(Royal North Shore  
Hospital Chapel)**

**\*\*There is no 6:00pm  
Mass**

**7:30pm Mass**

**10:00am  
Stations of the Cross**

**9:00am Mass**

**7:00pm Light is On**

**7:30pm Mass**

**10:00am  
Stations of the  
Cross  
  
3:00pm  
The Passion of our  
Lord**

**8:00am Mass  
9:30am Mass**

### PLEASE REMEMBER IN YOUR PRAYERS...

**Recently Deceased:** James Dunn, Karen Ellis & Binawan Tirta.

**Anniversaries:** Bill Cheesman, Judy Moran (nee Fahy), Herlien Sutanto,  
& Beatrice Constance Fossey.

**Repose of the Soul:** Anthony Scala, Florence Smith, Elizabeth Mary Williams  
& George Bradley.



**ENTRANCE ANTIPHON** *Cf. Ps 42:1-2*

Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, for you, O God, are my strength.

**FIRST READING** *Is 43:16-21*

A reading from the prophet Isaiah  
*I am doing a new thing and I will give drink to my people.*

Thus says the Lord, who made a way through the sea, a path in the great waters; who put chariots and horse in the field and a powerful army, which lay there never to rise again, snuffed out, put out like a wick: No need to recall the past, no need to think about what was done before. See, I am doing a new deed, even now it comes to light; can you not see it? Yes, I am making a road in the wilderness, paths in the wilds. The wild beasts will honour me, jackals and ostriches, because I am putting water in the wilderness (rivers in the wild) to give my chosen people drink. The people I have formed for myself will sing my praises.

**PSALM** *Ps 125. R. v.3*

**(R.) The Lord has done great things for us; we are filled with joy.**

When the Lord delivered Zion from bondage, it seemed like a dream. Then was our mouth filled with laughter, on our lips there were songs. **(R.)**

The heathens themselves said: 'What marvels the Lord worked for them!' What marvels the Lord worked for us! Indeed we were glad. **(R.)**

Deliver us, O Lord, from our bondage as streams in dry land. Those who are sowing in tears will sing when they reap. **(R.)**

They go out, they go out, full of tears, carrying seed for the sowing: they come back, they come back, full of song, carrying their sheaves. **(R.)**

**SECOND READING** *Phil 3:8-14*

A reading from the letter of St Paul to the Philippians

*Because of Christ I look upon everything else as useless in order to gain him.*

I believe nothing can happen that will outweigh the supreme advantage of knowing Christ Jesus my Lord. For him I have accepted the loss of everything, and I look on everything as so much rubbish if only I can have Christ and be given a place in him. I am no longer trying for perfection by my own efforts, the perfection that comes from the Law, but I want only the perfection that comes through faith in Christ, and is from God and based on faith. All I want is to know Christ and the power of his resurrection and to share his sufferings by reproducing the pattern of his death. That is the way I can hope to take my place in the resurrection of the dead. Not that I have become perfect yet: I have not yet won, but I am still running, trying to capture the prize for which Christ Jesus captured me. I can assure you my brothers, I am far from thinking that I have already won. All I can say is that I forget the past and I strain ahead for what is still to come; I am racing for the finish, for the prize to which God calls us upwards to receive in Christ Jesus.

**GOSPEL ACCLAMATION** *Jl 2:12-13*

Praise to you, Lord Jesus Christ, king of endless glory!

With all your heart turn to me, for I am tender and compassionate.

Praise to you, Lord Jesus Christ, king of endless glory!

**GOSPEL** *Jn 8:1-11*

A reading from the holy Gospel according to John

*Let the person without sin be the first to throw a stone.*

Jesus went to the Mount of Olives. At daybreak he appeared in the Temple again; and as all the people came to him, he sat down and began to teach them.

The scribes and Pharisees brought a woman along who had been caught committing adultery; and making her stand there in full view of everybody, they said to Jesus, 'Master, this woman was caught in the very act of committing adultery, and Moses has ordered us in the Law to condemn women like this to death by stoning. What have you to say?' They asked him this as a test, looking for something to use against him. But Jesus bent down and started writing on the ground with his finger. As they persisted with their question, he looked up and said, 'If there is one of you who has not sinned, let him be the first to throw a stone at her.' Then he bent down and wrote on the ground again. When they heard this they went away one by one, beginning with the eldest, until Jesus was left alone with the woman, who remained standing there. He looked up and said, 'Woman, where are they? Has no one condemned you?' 'No one, sir,' she replied. 'Neither do I condemn you,' said Jesus 'go away, and don't sin any more.'

**PARISH REGISTRATION**

Complete a 'Parishioner Information Form' (available at the back of the Church or our website, (under 'Our Parish'—'Parish Forms')). Also if you:

- have changed address.
- need a reference for a school.
- welcomed a new child into your family
- Would like to support our Parish and join our Planned Giving.

**READINGS FOR THIS WEEK**

**MON:** Dan 13:1-9,15-17,19-30.33-62:

Jn 8:21-30

**TUE:** Num 21:4-9; Jn 8:21-30

**WED:** Dan 3:14-20,24-25,28; Jn 8: 31-42

**THU:** Gen 17:3-9; Jn 8:31-47

**FRI:** Jer 20:10-13; Jn 10:31-42

**SAT:** Ezek 37:21-28; Jn 11:45-56

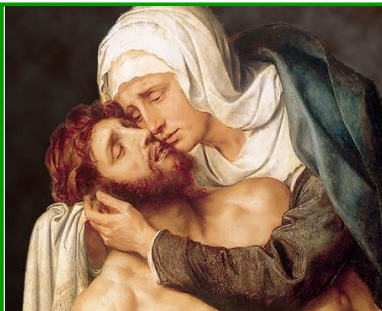


# Latest News...

The Light is  
**ON** for you



Each Friday during Lent we will be having Stations of the Cross followed by Reconciliation. St Thomas' Willoughby 12th April from 7pm. Please note there will be no reconciliation in Holy Week.



## STABAT MATER

**Good Friday**

**19th April 10am**

**St Leonards Naremburn.**

Stabat Mater is the title of a 13th century Latin hymn meaning "the Mother was standing", describing the sorrow of Mary, the mother

of Jesus, at the foot of the Cross. It has been a source of inspiration for many composers, but it is the anguished setting of Italian composer Giovanni Battista Pergolesi in 1736, which he composed in the final weeks of his life.

The work is divided into twelve movements and will be played after each Station of the Cross.

The World Community for Christian Meditation (NSW) presents:

## 'MEDITATE IN MAY'

**How to meditate in the Christian Tradition**

**4-week Course**

at the St. Thomas' Parish Office

Delivered in 4 sessions. Each 1-hour session covers a different topic and there is time for practice and questions.

Sessions are **Mondays 7:30pm** on the following dates:

6-May; 13-May; 20-May; 27-May.

Other locations/dates/times may be available

Please RSVP by SMS or call to 0431 996 108

Coordinator: Maximo

Booking: <https://www.trybooking.com/434714>

## DISCERNMENT EVENINGS

Every Christian has a vocation, a special invitation from God to become holy and whole, to walk a unique, earthly path that leads ultimately to heaven. Samuel Group participants are encouraged to bring their unique questions, desires, strengths and weaknesses to God, and to learn to respond to His loving voice.

This discernment event is for young adults, who meet together once a month in order to pray, ask questions and discover their individual vocations or lifetime call from God.

We invite you to set aside a few hours on Wednesday evening March 27 in order to learn more about God and yourself and investigate your vocation, a special call from God, to leave a mark in this world.

**Date:** March 27, May 29, July 24, Sept 18, Nov 20

**Time** 5:30 – 7:30pm

**Where:** Holy Name Parish, 35 Billyard Ave Wahroonga- The Priory



You may remember Salma, who featured in Project Compassion 2013. At the time she was

pregnant with her first child, sick and terribly frightened. In distress, she sought the help of a midwife trained by Caritas' Safe Motherhood Program. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for. **Give 100% for Lent.**

## INVITATION TO ATTEND THE PARISH OF LETEFOHO 25<sup>TH</sup> ANNIVERSARY CELEBRATIONS ON 16 JULY 2019

On behalf of Fr Helio Fernandes, Parish Priest of Our Lady of Mt Carmel Letefoho, all members of our Parish community and supporters of our works in Timor Leste are invited to join Fr Brian on a trip to Timor Leste to celebrate the 25<sup>th</sup> anniversary of our twin Parish.

This will be a memorable celebration and opportunity to experience Timorese culture and hospitality. Come and see how the projects supported by our Parish have transformed the lives of our Timorese brothers and sisters. Witness how people with a thriving faith and spirited sense of community work together to overcome their many challenges. Sponsors of students from Our Lady of Mt Carmel High School in Letefoho will have an opportunity to meet and spend time getting to know their students.

The trip will encompass the 25<sup>th</sup> anniversary celebrations on 16 July 2019. The length of the trip can be varied to suit individual needs and commitments. We estimate the cost will be under \$2,000 per person including flights and on-the-ground costs in Timor Leste such as guides, transport, meals and accommodation.

If you are interested in joining the trip or would like to know more or attend an information session, please contact Paul Arblaster at [p\\_arblaster@yahoo.com.au](mailto:p_arblaster@yahoo.com.au) or 0411 255 382.



## MAGI PILGRIMAGE

Trace the journey of Jesus from the land of his birth to the way he carried his cross and gave the eternal sacrifice in this 14-day Holy Land pilgrimage to Jordan & Israel. This pilgrimage features places from the Old & New Testament and includes Petra, Bethlehem, Jericho, Sea of Galilee and Jerusalem for an all-inclusive price of \$5690. The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in Premium Hotels + All Meals + Catholic Priest + English speaking professional guides. For inquiries & bookings call **03 8839 6615 or 1300721561** or email us [pilgrimage@magiholidays.com.au](mailto:pilgrimage@magiholidays.com.au). Available Departures Dates: **Fr. Kenneth (26 May 19), Fr. Colin (31 May 19) and Fr. Richard (2 June 19), Fr Amal (8 Sep 19), Fr. Peter (16 Sept), Catholic Priest (11 Nov)**

WEEKEND MASSES	CHURCH	CLERGY 13 & 14 April
Sat 5:00pm	St Philip Neri	Fr Brian
Sat 6:00pm	St Thomas'	Fr Tomy
Sun 8:00am	St Thomas'	Fr Vincent
Sun 9:00am	St Philip Neri	Fr Brian
Sun 9:30am	St Thomas'	Fr Tomy
Sun 10:30am	St Leonard's	Fr Brian
Sun 6:00pm	St Leonard's	Fr Vincent
Sun 4:00pm	RNSH	Fr Andrew

WEEKDAY MASSES	CHURCH
Mon 9:00am	St Thomas'
Mon 9:15am	St Philip Neri
Tue 9:00am	St Thomas'
Tue 9:00am	St Leonard's
Wed 9:00am	St Thomas'
Wed 9:15am	St Philip Neri
Thu 9:00am	St Leonard's
Thu 9:00am	St Thomas'
Thu 1:00pm	RNSH
Fri 9:00am	St Thomas'
Fri 9:15am	St Philip Neri
Fri 1:00pm	RNSH
Sat 9:00am	St Thomas'
Sat 9:00am	St Leonard's

**CHILDREN'S BAPTISM**  
**St Leonard's Church: 12:00noon**  
 4<sup>th</sup> Sunday of the month  
**St Philip Neri Church: 12:00noon**  
 2<sup>nd</sup> Sunday of the month  
**St Thomas' Church: 10:45am**  
 2<sup>nd</sup> & 4<sup>th</sup> Sundays of the month  
**NO BAPTISMS DURING LENT**

**BAPTISM PREPARATION**  
**7:00pm Parish Office**  
**2<sup>nd</sup> & 3<sup>rd</sup> Tuesdays of the month**  
 Forms are available from the back of each Church, or our website.

**CHILDREN'S LITURGY**  
**St Philip Neri Church -9:00am Mass**  
 2nd, 3rd & 4th Sundays  
**St Thomas' Church - 9:30am Mass**  
**St Leonard's Church - 10:30am Mass**

**HOME ROSARY**  
 Friday 12th April, 7:30pm  
 45 Park Rd, Naremburn  
 If you would like to host a Home Rosary please call  
 Cecilia 0466 961 240

**MEMORIAL PLAQUES AT ST THOMAS' CHURCH**  
 If you would like to purchase a memorial plaque for a loved one, please contact the Parish Office.

**ADORATION**  
 Tuesdays after 9:00am Mass at St Thomas' Willoughby concluding with Benediction at 10:30am. **School Term**

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**MASS WITH ANOINTING OF THE SICK**  
**9:00am - St Thomas'**  
 1st Fri of the month  
**9:00am - St Leonard's**  
 3rd Sat of the month

**RECONCILIATION**  
**St Leonard's Church**  
 Sat: 9:30am - 9:45am  
**St Thomas' Church**  
 Sat: 5:15pm - 5:45pm  
**St Philip Neri Church**  
 Sat: 4:45pm

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**Having journeyed through Lent for four weeks, I may well feel in need of the reassuring words of Isaiah (First Reading).**

Just as the Lord promised to give abundant water to sustain the exiles from Babylon on their journey home, he will also guide me through the rest of Lent, supporting me with spiritual food and drink.

In gratitude, I pray the response to the **Psalms**: 'What marvels the Lord worked for me, indeed I am glad', recalling the joy of the exiles as they returned to their country.

Paul reminds us that 'nothing can happen that will outweigh the supreme advantage of knowing Christ Jesus'. He is aware that he needs not try for perfection by his own efforts. I take comfort in this, and forgetting the past, look forward to what is still to come (**Second Reading**).

Jesus defuses a tense and potentially violent situation by forgiving the woman who sinned, and then turning the tables on her accusers: 'If there is one of you who has not sinned, let him be the first to throw a stone at her' (**Gospel**). Although he does not condemn her, she is to 'go away and not sin any more'.

Perhaps this helps me in these last days of Lent to pray to the Lord that he be 'my Saviour again and renew my joy'. I may also want to pray for all those people around me who still feel in exile, that the expectation of new life at Easter might help them to come home.

**SECOND READING Philippians 3: 8-14**

**REFLECTION**

After coming to some inner quiet in the way I know works best for me – perhaps focusing on my breathing, or on a favourite picture of nature, or on the light of a candle – I slowly read the text.

Perhaps I imagine Paul is talking to me.

I listen, pause, and engage in a conversation with him.

I may have questions to ask him, details which I need to clarify. I take my time.

Then I may want to look at my own life up to this point. In what ways am I able to agree with Paul?

I bring to mind events which make this possible and give thanks for them.

But there may be a phrase which I find difficult.

If so, I turn to the Lord, always present, silently, at my side. I ask him to help me understand Paul's words.

If I find myself disagreeing with Paul, I say so, and then turn once more to Jesus, who knows and understands me.

I speak to him simply in my own words, from the heart.

To conclude my prayer, I may like to tell the Lord that I want to know him more clearly, love him more dearly, and follow him more nearly, day by day ... not through my own efforts, but with the help of his love and his grace.

**GOSPEL John 8: 1-11**

**REFLECTION**

As I come to my time of prayer, maybe in my favourite place, or wherever I can give a few moments to the Lord, I consider what mood I am in.

What am I hoping for today?

I then read the familiar story a few times, and put the text aside.

I spend some time recalling it in as much detail as I can ... the people, their actions, their words, their looks. Is there some element of the story I find strange or surprising? If so, I tell the Lord about it and ask him to enlighten me.

Perhaps I find myself focusing on the woman. I reflect on how she must have felt as the story unfolds. What are my feelings towards her today?

There may have been times in my life when I have been the accuser ... perhaps self-righteous or condemning? With hindsight and the help of the Lord, how would I act now? I ponder, and share what is in my heart with the Lord, trusting that he will hear me and guide me.

Maybe I have come across a similar situation ... perhaps someone in trouble with the law or hounded by the media, who was able to change completely and become once again a valued member of society.

Who or what caused them to change?

I give thanks for them and those who helped them.

Eventually, I conclude my prayer. Slowly, I make a grateful sign of the cross.