



# Catholic Parish of Lower North Shore

Serving the communities of

St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby  
Twinned with the Parish of Letefoho, Timor Leste

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.*

## 5th Sunday of Ordinary Time Year B – 7 February 2021

### The Divine Touch

The mother-in-law of Simon (Peter) was sick in bed with a raging fever. When Jesus learned about her distressed state, he 'took her by the hand and helped her up'. He broke the taboo about physical contact with a woman not his relative because he wanted to holistically heal her dis-ease.

Simon's mother-in-law didn't need an aspirin and a cup of tea. She felt quarantined, isolated, and needed a hand reassuring her of sociable relationships. Jesus overcame her fever and her dis-ease with the world.

At every Mass we exchange a physical gesture at the greeting of Peace. This quite often overcomes being ill-at-ease with a family member or just with the neighbour in the pew. We need to take that symbolic action into the world. For somebody, it may be the most touching thing we ever do. We could pause for a moment to identify that person who needs us to reach out, to take their hand and help them up. © Fr Michael Tate; mtate@bigpond.com

### CATECHIST NEWS

#### MEET OUR NEW CATECHIST AUDREY CHAN

Audrey is an active Parishioner in our community. She has been volunteering as a Counter for few years now she has taken a step forward to become a Catechist.

Audrey will start as an Assistant for a Kindergarten class in Willoughby Public School.

Welcome Audrey and Thank you for joining our team!

#### Who Am I?

I am a retired employee. I love to spend my spare time sewing, doing my gardening and cooking my favorite meal.

**Why I became a Catechist?** Because I love children and want to share my faith with them.

**Best thing about being a Catechist** is to help children to find God.

**Thinking to become a Catechist?** Please contact Aida Moore ccd@LNS.org.au

At our parish masses on **Sunday 14th February 9am at St Philip Neri** and **Sunday 21st February, 9:30 am St Thomas'**

Fr Brian will bless and send out our catechist for the new school year. Please join us for Mass and morning tea.



### LATEST FROM LETEFOHO

What a great start to the year for Our Lady of Mt Carmel High School, Letefoho! All the students who were sponsored last year to complete Years 10 and 11 are have returned to school this year! LETS is hoping to send the student sponsorship funds to Letefoho by the middle of next week, so if you have not yet paid the \$245 for this year's fees please make you payment as soon as possible and remember to reference the payment with "your surname: LETS". Payment can be made via electronic transfer into the LNSP Account( BSB 062784 Account # 13928001) or via the LNSP website LETS donation link using the LETS tab on the drop-down menu <https://www.bpoint.com.au/pay/lnshoreparish> . Many thanks for your continued wonderful support of the students of Letefoho.

### PLEASE REMEMBER IN YOUR PRAYERS...

**Recently Deceased:** Quela De LaRosa & Vittorio Del Vecchio (former president of Assumption Committee)

**Anniversaries:** Carl Ludwig Gustafson & Alice Attard (13th).

**Deceased:** Fr Basil Rosen & Donko Donjerkovic.

**Sick:** Carmelina Jimenez Medoza (Peru).



## REFLECTION MORNING ON CHAPTER ONE OF POPE FRANCIS' *FRATELLI TUTTI*

Tuesday 9 February 2021, 10am-12 midday in St Leonard's church hall.

For more details and to register, contact [pgemmell@tpg.com.au](mailto:pgemmell@tpg.com.au). For CovidSafe reasons it is essential that you register beforehand (name and phone number) and bring your mask with you. Refreshments will not be served but you may bring your own, or duck off to one of three neighbouring cafes during the silent hour of reflection. *Fratelli Tutti* is available online at [http://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco\\_20201003\\_enciclica-fratelli-tutti.html](http://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20201003_enciclica-fratelli-tutti.html) but we will provide copies of the extracts chosen for reflection.

### Parish Priest

Rev Fr Brian Moloney PP

### Assistant Priest

Rev Fr Biju Mathew

Rev Fr Chima Ofor

### RNSH Chaplain

Rev Fr Peter Dowd

### Deacon

Rev Dr. Anthony Gooley

### Seminarian Appointed

Rosan Mathew

### Parish Office

182 High St, Willoughby

P: 9958 8846

E: [office@lms.org.au](mailto:office@lms.org.au)

[www.bbcatholic.org.au/lms](http://www.bbcatholic.org.au/lms)

### Parish Office Hours

Mon-Fri: 9:00am - 3:00pm

### Parish Secretaries

Caitlin Douglas

Katrina Chemello

### Sacramental Co-ordinator

Jessica Bousimon

### Director of Liturgical Music

Lisa Lewis

### Catechist Co-ordinator

Aida Moore

### St Leonard's Church

Cnr Donnelly & Willoughby Rds

Naremburn

### St Philip Neri Church

224 Sailors Bay Rd

Northbridge

### St Thomas' Church

Cnr Horsley Ave & High St

Willoughby

### St Philip Neri Primary School

67 Baringa Rd, Northbridge

Principal: Fiona Bylsma

9958 7136

### St Thomas' Primary School

2 Horsley Ave, Willoughby

Principal: Jenny McKeown

9958 7308

### Emergency No:

0418 200 109



### QR CODES NOW BEING USED AT ALL CHURCHES

Dear Parishioners

Thank you for your willingness to adopt all the changes the pandemic has created for us as a worshipping community. From this weekend we are using **NSW Services QR Codes** for all registrations at each of our 3 churches, halls and the parish office. This is the fastest and most effective way to gather and store contact tracing information. It will do away with the need to use sign in sheets and trybooking and will better protect your contact details. **Please bring your phone to Mass**, just remember to have it on silent! Please keep an eye out for others who may initially be struggling to make the change.

If you are unable to use this technology you can still book by calling the parish office 9958 8846.

### ST LEONARDS CHURCH CLOSED FOR REFIT

From Monday the 1st of February until Friday 12th of February St Leonards Naremburn will be closed. There will be **NO ACCESS for any groups or parishioners**. During this period weekday Mass and the one weekend of **Masses will take place in the adjacent hall**. Please continue to join us for Mass, we can still accommodate 90 people/4 sqm rule. **QR Codes have replaced trybooking and sign in for all Masses.**

### PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. Amen.

### GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God,  
almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.  
For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

### APOSTLES' CREED

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

## ENTRANCE ANTIPHON

Ps 94:6-7

O come, let us worship God  
and bow low before the God who made  
us, for he is the Lord our God.

## FIRST READING

Jb 7:1-4. 6-7

A reading from the book of Job

*I am filled with sorrow all day long.*

Job began to speak:

Is not man's life on earth nothing more  
than pressed service,  
his time no better than hired drudgery?  
Like the slave, sighing for the shade,  
or the workman with no thought but his  
wages,  
months of delusion I have assigned to  
me,  
nothing for my own but nights of grief.  
Lying in bed I wonder, 'When will it be  
day?'  
Risen I think, 'How slowly evening  
comes!'  
Restlessly I fret till twilight falls.  
Swifter than a weaver's shuttle my days  
have passed,  
and vanished, leaving no hope behind.  
Remember that my life is but a breath,  
and that my eyes will never again see  
joy.

## RESPONSORIAL PSALM

Ps 146:1-6. R. v.3

**(R.) Praise the Lord who heals the  
broken-hearted.**

Praise the Lord for he is good;  
sing to our God for he is loving:  
to him our praise is due. **(R.)**

The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.  
He fixes the number of the stars;  
he calls each one by its name. **(R.)**

Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly; he humbles  
the wicked to the dust. **(R.)**

## SECOND READING

1 Cor 9:16-19. 22-23

A reading from the first letter of St  
Paul to the Corinthians

*Punishment will come to me if I do not preach  
the Gospel.*

I do not boast of preaching the gospel,  
since it is a duty which has been laid  
on me; I should be punished if I did not  
preach it! If I had chosen this work  
myself, I might have been paid for it,  
but as I have not, it is a responsibility  
which has been put into my hands. Do  
you know what my reward is? It is this:  
in my preaching, to be able to offer  
the Good News free, and not insist on  
the rights which the gospel gives me.  
So though I am not a slave of any man  
I have made myself the slave of  
everyone so as to win as many as I  
could. For the weak I made myself  
weak. I made myself all things to all  
men in order to save some at any cost;  
and I still do this, for the sake of the  
gospel, to have a share in its blessings.

## GOSPEL ACCLAMATION

Mt 8:17

Alleluia, alleluia!

He bore our sickness,  
and endured our suffering.  
Alleluia!

## GOSPEL

Mk 1:29-39

A reading from the holy Gospel  
according to Mark

*He cured many who suffered from diseases of  
one kind or another.*

On leaving the synagogue, Jesus went  
with James and John straight to the  
house of Simon and Andrew. Now  
Simon's mother-in-law had gone to  
bed with fever, and they told him  
about her straightaway. He went to  
her, took her by the hand and helped  
her up. And the fever left her and she  
began to wait on them.

That evening, after sunset, they  
brought to him all who were sick and  
those who were possessed by devils.  
The whole town came crowding  
round the door, and he cured many  
who were suffering from diseases of  
one kind or another; he also cast out  
many devils, but he would not allow  
them to speak, because they knew  
who he was.

In the morning, long before dawn, he  
got up and left the house, and went  
off to a lonely place and prayed there.  
Simon and his companions set out in  
search of him, and when they found  
him they said, 'Everybody is looking  
for you.' He answered, 'Let us go  
elsewhere, to the neighbouring  
country towns, so that I can preach  
there too, because that is why I  
came.' And he went all through  
Galilee, preaching in their synagogues  
and casting out devils.

## Baptism this Weekend

Charles Leitao



Welcome!

## WEEK DAY READINGS

**MON 8** Gen1: 1-19; Mk 6:53-56

**TUES 9** Gen 1: 20-24; Mk 7: 1-13

**WED 10** Gen 2: 4-9, 15-17;  
Mk 7:14-23

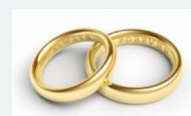
**THUR 11** Gen 2: 18-25; Mk 7:24 -30

**FRI 12** Gen 3: 1-8; Mk 7:31-37

**SAT 13** Gen 3:9-24; Mk 8: 1-10

## CONGRATULATIONS

This weekend at the 6pm Mass at St  
Thomas' we will be blessing Michael  
and Bev Irwin on the wonderful  
occasion of their 60th Wedding  
Anniversary. May the joyful living out  
of their vocation continue to be a  
blessing for all who know them.





WEEKEND MASSES	CHURCH	CLERGY 13 & 14 Feb
Sat 5:00pm	St Philip Neri	Fr Biju
Sat 6:00pm	St Thomas'	Fr Chima
Sun 8:00am	St Thomas'	Fr Chima
Sun 9:00am	St Philip Neri	Fr Brian
Sun 9:30am	St Thomas'	Fr Biju
Sun 10:30am	St Leonard's	Fr Brian
Sun 6:00pm	St Leonard's	Fr Brian
Sun 4:00pm	RNSH	Fr Peter

### RECONCILIATION

**St Leonard's Church**

Sat: 9:30am - 9:45am

**St Thomas' Church**

Sat: 5:15pm - 5:45pm

**St Philip Neri Church**

Sat: 4:45pm

•Please remember to sanitise hands on your way into Mass.  
•Sit 1.5m away from others.  
•Follow the distance stickers on pews and for communion.

WEEKDAY MASSES	CHURCH
Mon 9:00am	St Thomas'
Mon 9:15am	St Philip Neri
Tue 9:00am	St Thomas'
Tue 9:00am	St Leonard's
Wed 9:00am	St Thomas'
Wed 9:15am	St Philip Neri
Thu 9:00am	St Leonard's
Thu 9:00am	St Thomas'
Thu 1:00pm	RNSH
Fri 9:00am	St Thomas'
Fri 9:15am	St Philip Neri
Fri 1:00pm	RNSH
Sat 9:00am	St Thomas'
Sat 9:00am	St Leonard's

### BAPTISM PREPARATION

Parish Office 2<sup>nd</sup> Tuesday of the 11am & 3<sup>rd</sup> Tuesday at 7pm.

Forms are available from the back of each Church, or our website.

### MEMORIAL PLAQUES AT ST THOMAS' CHURCH

If you would like to purchase a memorial plaque for a loved one, please contact the Parish Office.

### CHILDREN'S BAPTISM

**St Leonard's Church: 12:00noon**

4<sup>th</sup> Sunday of the month

**St Philip Neri Church: 12:00noon**

2<sup>nd</sup> Sunday of the month

**St Thomas' Church: 10:45am**

2<sup>nd</sup> & 4<sup>th</sup> Sundays of the month

### ADORATION

Tuesdays after 9:00am Mass at St Thomas' Willoughby concluding with Benediction at 10:30am.

**School Term Only**

Nicholas Maurer J.P.  
0417 202 645  
office@maurerfunerals.com.au



*Harbourview*  
@  
THE NORTHBRIDGE CLUB

We are your local team with over 20 years experience in hospitality and events.

Come and meet Doreen to arrange your next special event.

Family celebrations are our specialty.

Restaurant open for lunch

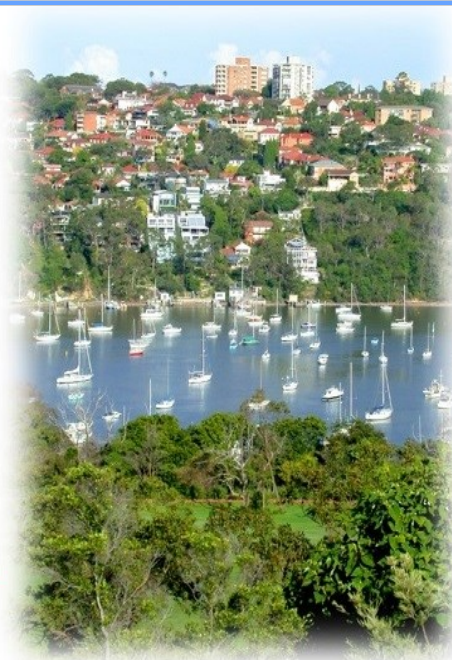
Tuesday to Sunday

Dinner on Friday night.

The Harbourview @ Northbridge Golf Club - 296c Sailors Bay Rd Northbridge

PH: (02) 99586900 - Email: Catering@northbridgegolfclub.com.au

Website: Harbourviewdining.com.au



**SYDNEY'S RESIDENTIAL  
PAINTING SPECIALISTS**

*Family Owned Business*

**02 9686 4444**

**www.asnu.com.au**

**Epsilon Legal lawyers**

Conveyancing - Wills and Estates -  
Powers of Attorney Appointment of  
Enduring Guardian - Leasing

**France Booth**

9 High St, Willoughby NSW 2068

phone/Fax: +61 2 9958 1994

mobile: +61 432 320 701

e: [flisbooth@epsilonlegal.com.au](mailto:flisbooth@epsilonlegal.com.au)

[www.epsilonlegal.net](http://www.epsilonlegal.net)



Josh Moschella - 0410 101 011

[silverspade@live.com.au](mailto:silverspade@live.com.au)

[www.silverspade.com.au](http://www.silverspade.com.au)

**Damien Giardina**

*"Dream, Believe, Achieve"*

Personal Trainer

•Master Trainer

•Massage Therapist

•Boxing Instructor

*Lets begin a healthy, happy life!*

**M:0432 210 343**

**E:damien.giardina@hotmail.com**



# Alpha Training Day

Alpha is a series of interactive sessions that explore the basics of the Christian faith in a friendly, open and informal environment.

Perfect as an introduction or refresher, the Alpha Training Day will give you the A-Z in running Alpha in your parish and how it can play an instrumental role in renewing your parish. The day includes small-group facilitation training, how to run an Alpha weekend / day retreat, and tips on marketing, promotion and forming an Alpha team.

**Register  
Now!**



**Date:**

Saturday, 13 February 2021

**Time:**

9.00am to 4.30pm

**Venue:**

Corpus Christi Parish Hall  
263 Mona Vale Rd, St Ives

**Presented by:**

Tania Rimac  
Alpha in a Catholic Context NSW  
Coordinator

**RSVP:**

8 February 2021 to  
[faith.formation@bbccatholic.org.au](mailto:faith.formation@bbccatholic.org.au)  
or Hazel Lim 8379 1626



**CATHOLIC  
DIOCESE OF  
BROKEN BAY**



## HOW TO CHECK IN

1. Scan the QR code with your phone camera – the app's check-in page will automatically open.
2. Enter your contact details.
3. Add dependants (if applicable).
4. Select 'Check in'.
5. A confirmation will appear on your screen when you've successfully checked in.

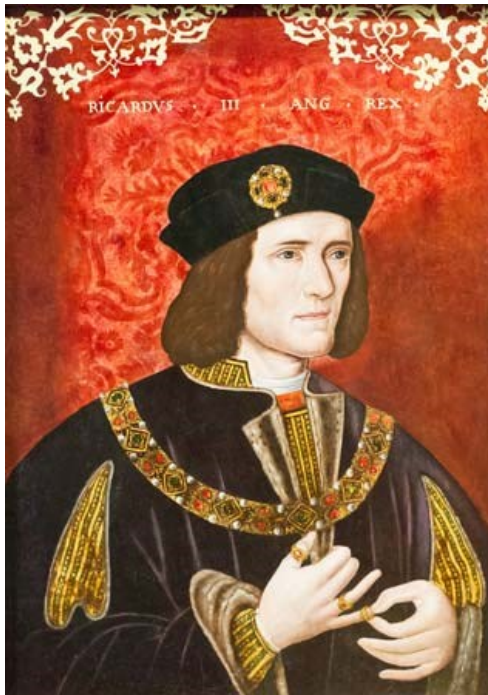
If you do not have the ServiceNSW app, you can download it for free below.



### REFLECTIONS WITH FR MICHAEL KELLY SJ

We can hear a lot today about the need for “work/life balance”, and we should. We can get so distracted from what is deepest, truest and most nourishing in our lives by all the other claims on us or by our own compulsiveness. What should we do? Follow Jesus’ advice, stop it, move away and ask God to take hold of us so we can find our true selves and enjoy them as we relate to God when God shows us our true selves.

Listen here <https://ucanews.simplecast.com/episodes>



### AUSTRALIAN SHAKESPEARE COMPANY

Australian Shakespeare Company are offering year 12 students in our parish an opportunity to watch them rehearse for Richard III. Many of our students will be studying this text for their HSC. If you have someone who would benefit from seeing the play preformed on Saturday Feb 20th at St Leonard’s Hall please contact Caitlin in the parish office for further details.