



# Catholic Parish of Lower North Shore

Serving the communities of  
St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby  
Twinned with the Parish of Letefoho, Timor Leste

We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.

## Most Holy Body & Blood of Christ Year C – 19 June 2022



### TASTING THE FUTURE

The feeding of the five thousand in today's Gospel is one of those anticipatory sharings in the heavenly banquet of the age to come.

We say this feeding is miraculous, and it was. A major part of the miracle is in the transformation of the Twelve. Our Lord did not personally feed the five thousand. He required his followers to get involved in alleviating hunger: 'You give them something to eat,' rather than leaving the crowd to fend for themselves, or resort to market economics. When they shared the food he had blessed, the miracle of the hospitality of God was multiplied throughout the crowd – extravagantly. And so Our Lord gave his followers and the crowd a real taste of the future generosity of God in the heavenly banquet. But, it would not have happened had the inner groups of disciples not shared Jesus' vision and got involved in what seemed to be an impossible task.

The Last Supper was the greatest anticipatory meal which Our Lord shared with his disciples. And, at Mass, we are eating and drinking the *glorified* humanity of our *Risen* Lord Jesus Christ: the life of the future.

We could pause for a moment to identify the myriad of hungers in this world and resolve to fulfil Our Lord's Command: 'You give them something to eat'! so that Divine Generosity might transform human history.

© Fr Michael Tate; mtate@bigpond.com

### FIRST HOLY COMMUNION 2022



We would like to congratulate our young parishioners who will be receiving their First Holy Communion this weekend.

Our parish is honoured to have accompanied approximately 135 candidates, together with their families, through their faith journey.



### LET'S GATHER FOR COMMUNITY & CONNECTION

**Cuppa 'n Conversation.** Each Wednesday between 9.30 and 11.00. You are welcome to drop in. Parish Hall Willoughby. **Balance and Strength Exercises with Anna on 22<sup>nd</sup> June.** St. Thomas' Parish Hall. Contact: Marie Harris 0417 077020

### PLEASE REMEMBER IN YOUR PRAYERS...

**Recently Deceased:** Richard Warfield, Giuseppa Tusa, Rosemary Radovan & June Pereira.

**Anniversaries:** Antonino Monaco, Giuseppa Gennusa, Frances Natoli Carmel Hanrahan, Fr Carol Grew, Anna & Frank Drago, Rocco Lopresti & Domenico Rosa Macri.

**Please Pray For:** Remegio Sioson, Elipdio Jala, Maria Trani & Clifford Sun.



## ENTRANCE ANTIPHON

Cf. Ps 80:17

He fed them with the finest wheat  
and satisfied them with honey from the  
rock.

## FIRST READING

Gen 14:18-20

A reading from the book of Genesis  
*Melchizedek brought bread and wine.*  
Melchizedek king of Salem brought  
bread and wine; he was a priest of God  
Most High. He pronounced this  
blessing:

‘Blessed be Abraham by God Most  
High, creator of heaven and  
earth,  
and blessed be God Most High for  
handing over your enemies to  
you.’

And Abraham gave him a tithe of  
everything.

## RESPONSORIAL PSALM

Ps 109:1-4. R. v.4

**(R.) You are a priest for ever,  
in the line of Melchizedek.**

The Lord’s revelation to my Master:  
‘Sit on my right: I will put your foes  
beneath your feet.’ **(R.)**

The Lord will send from Zion your  
sceptre of power: rule in the midst of  
all your foes. **(R.)**

A prince from the day of your birth  
on the holy mountains; from the womb  
before the daybreak I begot you. **(R.)**

The Lord has sworn an oath he will not  
change. ‘You are a priest for ever,  
a priest like Melchizedek of old.’ **(R.)**

## SECOND READING

1 Cor 11:23-26

A reading from the first letter of St  
Paul to the Corinthians  
*Every time you eat this bread and drink  
this cup, you are proclaiming the death of  
the Lord.*

This is what I received from the Lord,  
and in turn passed on to you: that on  
the same night that he was betrayed,  
the Lord Jesus took some bread, and  
thanked God for it and broke it, and he  
said, ‘This is my body, which is for you;  
do this as a memorial of me.’ In the  
same way he took the cup after  
supper, and said, ‘This cup is the new  
covenant in my blood. Whenever you  
drink it, do this as a memorial of me.’  
Until the Lord comes, therefore, every  
time you eat this bread and drink this  
cup, you are proclaiming to his death.

## GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia!  
I am the living bread from heaven,  
says the Lord; whoever eats this bread  
will live for ever.  
Alleluia!

*Dear Child of God,  
it is often difficult for us to recognize  
the presence of God in our lives and in  
our world. In the clamour of the  
tragedy that fills the headlines we  
forget about the majesty that is  
present all around us. We feel  
vulnerable and often helpless. . . . But  
we are not helpless and with God’s  
love we are ultimately invincible. Our  
God does not forget those who are  
suffering and oppressed.*

**Archbishop Desmond Tutu (1931–2021)**

## GOSPEL

Lk 9:11-17

A reading from the holy Gospel  
according to Luke  
*They all ate and were filled.*  
Jesus made the crowds welcome and  
talked to them about the kingdom of  
God; and he cured those who were in  
need of healing.

It was late afternoon when the  
Twelve came to him and said, ‘Send  
the people away, and they can go to  
the villages and farms round about to  
find lodging and food; for we are in a  
lonely place here.’ He replied, ‘Give  
them something to eat yourselves.’  
But they said, ‘We have no more than  
five loaves and two fish, unless we  
are to go ourselves and buy food for  
all these people.’ For there were  
about five thousand men. But he said  
to his disciples, ‘Get them to sit down  
in parties of about fifty.’ They did so  
and made them all sit down. Then he  
took the five loaves and the two fish,  
raised his eyes to heaven, and said  
the blessing over them; then he broke  
them and handed them to his  
disciples to distribute among the  
crowd. They all ate as much as they  
wanted, and when the scraps  
remaining were collected they filled  
twelve baskets.

**Draw some of the people whom Jesus fed.**



**Baptism this Weekend**



**Sofia Fiorenza**

*Welcome*



Thank you for your support of the first weekend of the winter appeal. You can continue to return envelopes at Mass throughout June. Together we can make a difference to women and children fleeing domestic violence and facing an uncertain future.

### Parish Priest

Rev Fr Jose Philip OSH  
jose.philip@bbcatholic.org.au

### Assistant Priests

Rev Fr Biju Mathew  
Rev Fr Chima Ofor

### RNSH Chaplain

Rev Fr Peter Dowd

### Deacon

Rev Dr. Anthony Gooley

### Parish Missionary Council

Chair: Bev Jones

### Parish Office

182 High St, Willoughby  
P: 9958 8846  
E: office@lins.org.au  
www.bbcatholic.org.au/lins

### Parish Office Hours

Mon-Fri: 9:00am - 3:00pm

### Parish Secretary

Caitlin Douglas

### Finance

Ilona Dudek

### Sacramental Co-ordinator

Jessica Bousimon

### Director of Liturgical Music

Lisa Lewis

### Catechist Co-ordinator

Henny Theodorus

### St Leonard's Church

Cnr Donnelly & Willoughby Rds  
Naremburn

### St Philip Neri Church

224 Sailors Bay Rd  
Northbridge

### St Thomas' Church

Cnr Horsley Ave & High St  
Willoughby

### St Philip Neri Primary School

67 Baringa Rd, Northbridge  
Principal: Fiona Bylsma  
9958 7136

### St Thomas' Primary School

2 Horsley Ave, Willoughby  
Principal: Enrica Bova  
9958 7308



Last weekend members of the Lower North Shore choir gathered to farewell Valerie as she heads off to start a new chapter in W.A. We thank Valerie for all her time and talent in the choir and as a Lector and wish her all the best in her new parish.



### LATEST FROM LETEFOHO

We have now received the list of new Year 10 students who are seeking sponsorship to complete their Senior High School education at Our Lady Of Mt Carmel High School, Letefoho. Many parishioners whose sponsored students finished Year 12 last year, have sought to sponsor new students this year, so we have only 16 students requiring support.

Please see the green folders in the back of each church, with a short list of students to be sponsored. The school fees per year remain the same - \$245. If you are able to take up the sponsorship of a student please complete your details beside the name of a student. We ask, if possible, sponsors commit to supporting the same student for this year and the next 2 years, but fees are only paid yearly. Payment methods are:

1) BPoint payment option on the LNSP Website. If you go to the Catholic Parish of Lower North Shore website and open the red Payments tab, then click on the blue writing [Donations and Payments](#) then click on "1001739 LETS" from the Billcode dropdown menu you just fill in the details and pay with a credit card (<https://www.bpoint.com.au/pay/linsshoreparish>)

2) Electronic transfer to LNSP account - BSB: 062784 Acc # 100002032. Please reference your payment with "Your SURNAME LETS"

3) Cash or cheque to the Parish Office marked for LETS – Student Sponsorship with your SURNAME

Thank you again, for your wonderful support of the students of Letefoho. Your generosity is so greatly appreciated by the students and their families.

For further information, please contact Lorna at [admin@lets.net.au](mailto:admin@lets.net.au) or Georgina at [gcm.lough@gmail.com](mailto:gcm.lough@gmail.com)

### HOW DO WE RECRUIT FOR MINISTRY AND RAISE UP LEADERS?

Divine Renovation Podcast

This week on the podcast the team takes on the topic of how to recruit and raise up leaders for ministry. Ron, Rob, Dan, and Mike have a wonderful conversation around the steps that are necessary to take someone from a casual observer and help them achieve greatness for their parish. How do you know if someone is the right person for a leadership role and what do you do if they don't see things quite the same way? This is a great topic for pastors and lay leaders alike.

To download the Divine Renovation App for Apple and Android:

[www.divinerenovation.app.link](http://www.divinerenovation.app.link) For the full list of Divine Renovation Books with links, visit our website: [www.divinerenovation.org/inspire#books](http://www.divinerenovation.org/inspire#books) To check out the Divine Renovation Network, visit our website: <https://www.divinerenovation.tv/>

Listen on Apple Podcasts: <https://podcasts.apple.com/au/podcast/divine-renovation-podcast/id1044369142?i=1000458526033>

### PASTORAL WORKS BROKEN BAY

Thank you for the many generous donations we have received for Pastoral works this financial year. In our August, November and recent May collections we raised \$24,063.33, towards our Parish Quota of \$95,120.

We still have a balance of \$71, 056.67. Donations over \$2 are tax deductible.



MASS/ SERVICE/ SCHEDULE	ST THOMAS' WILLOUGHBY	ST LEONARDS NAREMBURN	ST PHILIP NERI NORTHBRIDGE
<b>Sunday Masses</b>	6pm Vigil Saturday 8am & 9:30am Sunday	10:30am & 6pm Sundays	5pm Vigil Saturday & 9am Sunday
<b>Weekday Masses</b>	9am Mon to Sat	9am Tue -Thu - Sat	9:15am Mon - Wed - Fri
<b>Royal North Shore Hospital Chapel</b>	Weekday Mass Thursday & Friday 1pm	Weekend Mass 4pm Sunday	
<b>Reconciliation</b>	Saturday 5:15pm - 5:45pm	Saturday 9:30am - 9:45am	Saturday 4:45pm
<b>Youth Mass</b>		6pm Sunday 1 <sup>st</sup> & 3 <sup>rd</sup> of the month	
<b>Children's Liturgy</b>	During 9:30am Mass Each Sunday in school term.		TBC
<b>Community Masses</b>		PNGCCAA 1 <sup>st</sup> Saturday 7pm	
<b>Healing Mass/ Anointing Novena to the Sacred Heart</b>	9am Mass 1 <sup>st</sup> Friday		
<b>Adoration</b>	Tuesday after 9am Mass		
<b>Baptisms</b>	11:30am 2nd & 4th Sundays	12.00 Noon 4th Sunday	11:30am 2nd Sunday
<b>Baptism Prep Parish Office</b>	2nd Tuesday of the month 11am 3rd Tuesday of the month 7pm		
<b>Catholic Charismatic Prayer Group CCCR</b>	St Thomas' Parish Hall 7:15pm Tuesday Evenings Enquiries 0419 977 531		
<b>Legion of Mary</b>	Meets every Friday in the 'Blue Room' at the Parish Hall 9:45am All Welcome		



## Free Seminar

# Wills, Enduring Guardianship and Powers of Attorney

A seminar for the Catholic community of Broken Bay featuring an expert legal advisor to answer your questions.

**Date:** Thursday 14 July 2022  
**Time:** 11.00am – 12.30pm  
**Venue:** The Lakes Parish Hall, St Joseph's Catholic Church  
 21 Lagoon St, Narrabeen NSW 2101  
**Catering:** Light refreshments provided  
**Register:** [www.bbcatholic.org.au/willsday](http://www.bbcatholic.org.au/willsday) or contact David on  
 02 8379 1664 / [david.armstrong@bbcatholic.org.au](mailto:david.armstrong@bbcatholic.org.au)

*"An authentic faith always involves a deep desire to leave this earth a better place than we found it."*

POPE FRANCIS



### Presenter

**Cecilia Castle**, principal of Castle Lawyers, will present and answer questions from her legal expertise of over 30 years. Cecilia is a regular speaker and writer on legal topics, Catholic and parishioner in the Diocese of Broken Bay.





## YOU ARE INVITED TO JOIN BISHOP ANTHONY IN LISBON PORTUGAL, IN AUGUST 2023

58

weeks

06

days

09

hours

47

minutes

18

seconds



WYD

Thinking about World Youth Day 2023? Bishop Anthony Randazzo is inviting young people of the Diocese to join him on an experience of a lifetime.

Go on pilgrimage to Italy to see the homes and sites of the saints, and on to Lisbon, Portugal to join youth from around the world for WYD23. Check out the CYBB WYD website for further information and subscribe to join the mailing list to start your journey.

[Check out the CYBB WYD website!](#)



All families are invited to celebrate Mass for the 10<sup>th</sup> World Meeting of Families with Bishop Anthony Randazzo **on Sunday 26 June 2022 at Our Lady of the Rosary Cathedral Waitara at 2pm.**

This will be followed by food, formation, and fun games for kids in the Light of Christ Centre.

Simon Carrington from Fire Up Ministries will be talking about 'The Joy of Married Love' while the kids are entertained outdoors with a Giant Bubble Artist and exciting activities like Tug of War, Parachute Games and Soccer, with slap band prizes for the winners. There's something for everyone!

Click [here](#) to register.

<https://form.jotform.com/221578860682062>

Please RSVP by Monday 20 June.

Contact [Tomasz.Juszczak@bbcatholic.org.au](mailto:Tomasz.Juszczak@bbcatholic.org.au) for more information





CATHOLIC  
DIOCESE OF  
BROKEN BAY

# Wills, Enduring Guardianship and Powers of Attorney

**Free Seminar** for the Catholic community of Broken Bay featuring an expert legal advisor.



**Presenter**  
**Cecilia Castle**  
Principal of  
Castle Lawyers,  
will present

and answer questions from her legal expertise of over 30 years. Cecilia is a regular speaker and writer on legal topics, and a parishioner in the Diocese of Broken Bay.



## **Event details**

Thursday 14 July 2022

11:00am to 12:30pm

St Joseph's Catholic Church Hall,  
21 Lagoon Street, Narrabeen.

Light refreshments provided.

## **Register now**

[www.bbcatholic.org.au/willsday](http://www.bbcatholic.org.au/willsday)

or contact David on 02 8379 1664

[david.armstrong@bbcatholic.org.au](mailto:david.armstrong@bbcatholic.org.au)

## **PLENARY COUNCIL 2022**

The *Final Framework for Motions* of the Plenary Council has now been published, and can be accessed through the Plenary Council website at <https://drive.google.com/file/d/1EiQBQV8U8-T5DemhN1TY-WSIT4uSzy-v/view>. If you have any interest at all in the possible future of the Australian Catholic Church, I do encourage you to have a look at the whole document. The eight themes that have emerged give you an idea of the scope of the discussions that will take place at the Second Assembly in early July, and perhaps some reassurance that many voices have been heard. Opinions will be strongly divided on the document in general and various motions in particular. I suggest you read it yourself and make up your own mind.

**Tricia Gemmell, St Leonard's Animator**

## How the Eucharist Changed My Life

The Fr. Mike Schmitz Catholic Podcast

Why do less than 30% of Catholics believe in the Real Presence? It seems like many have forgotten that Jesus gave his flesh for the life of the world. Today, Fr. Mike reminds us of the gift of the Eucharist and shares the way it transformed his own life. It is the heart of our faith, our spiritual nourishment, the bread that we live for, and the teaching worth dying for.

Listen on Apple Podcasts: <https://podcasts.apple.com/au/podcast/the-fr-mike-schmitz-catholic-podcast/id1200915759?i=1000566679935>

***Archbishop Desmond Tutu (1931–2021) shares a hopeful vision for the transformation of all death into new life, all evil into good.***

Dear Child of God, it is often difficult for us to recognize the presence of God in our lives and in our world. In the clamour of the tragedy that fills the headlines we forget about the majesty that is present all around us. We feel vulnerable and often helpless. . . . But we are not helpless and with God's love we are ultimately invincible. Our God does not forget those who are suffering and oppressed.

*Tutu shares an experience he had when gathered with other church leaders during the most difficult days of apartheid:*

We met at a theological college that had closed down because of the government's racist policies. During our discussions I went into the priory garden for some quiet. There was a huge Calvary—a large wooden cross without a corpus, but with protruding nails and crown of thorns. It was a stark symbol of the Christian faith. It was winter: the grass was pale and dry and nobody would have believed that in a few weeks' time it would be lush and green and beautiful again. It would be transfigured.

As I sat quietly in the garden I realized the power of transfiguration—of God's transformation—in our world. The principle of transfiguration at work when something so unlikely as the brown grass that covers our veld in winter becomes bright green again. Or when the tree with gnarled leafless branches bursts forth with the sap flowing so that the birds sit chirping in the leafy branches. Or when the once dry streams gurgle with swift-flowing water. When winter gives way to spring and nature seems to experience its own resurrection.

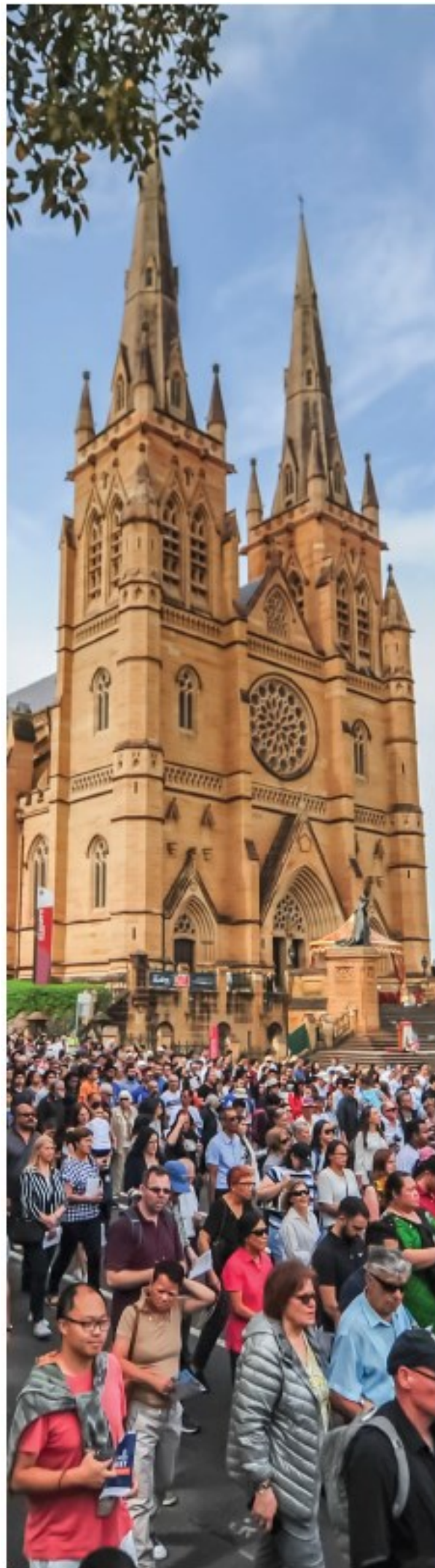
The principle of transfiguration says nothing, no one and no situation, is "untransfigurable," that the whole of creation, nature, waits expectantly for its transfiguration, when it will be released from its bondage and share in the glorious liberty of the children of God, when it will not be just dry inert matter but will be translucent with divine glory. . . .

All over this magnificent world God calls us to extend [God's] kingdom of shalom—peace and wholeness—of justice, of goodness, of compassion, of caring, of sharing, of laughter, of joy, and of reconciliation. God is transfiguring the world right this very moment *through us* because God *believes in us* and because God *loves us*. What can separate us from the love of God? Nothing. Absolutely nothing. And as we share God's love with our brothers and sisters, God's other children, there is no tyrant who can resist us, no oppression that cannot be ended, no hunger that cannot be fed, no wound that cannot be healed, no hatred that cannot be turned to love, no dream that cannot be fulfilled.

### Reference:

Desmond Tutu with Douglas Abrams, *God Has a Dream: A Vision of Hope for Our Time* (New York: Doubleday, 2004), 1–3, 128.





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# WALK

*with*

# CHRIST

## 2 0 2 2

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**SUNDAY 19 JUNE**  
**CORNER OF MARTIN PLACE**  
**AND PITT STREET**

Entertainment in Martin Place from 1.30pm  
Procession begins at 2.30pm sharp

[WWW.SYDNEYCATHOLIC.ORG/WALKWITHCHRIST](http://WWW.SYDNEYCATHOLIC.ORG/WALKWITHCHRIST)



**WILLOUGHBY SYMPHONY CHOIR**  
WITH WILLOUGHBY SYMPHONY ORCHESTRA

CONDUCTED BY  
**PETER ELLIS**

SOPRANO  
**SARAH TOTH**

MEZZO-SOPRANO  
**CELESTE HAWORTH**

TENOR  
**JOSHUA OXLEY**

BARITONE  
**TEDDY TAHU RHODES**

# Elijah

**MENDELSSOHN**

2PM SUNDAY  
**3 JULY 2022**



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