



# Catholic Parish of Lower North Shore

Serving the communities of

St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby

Twinned with the Parish of Letefoho, Timor Leste

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.*

FORTH SUNDAY IN ORDINARY TIME YEAR A—29 JANUARY 2023



## Renovating our Parish

After Jesus ascended to heaven in the 1<sup>st</sup> Century AD, the earliest Christians faced the challenge of how to move forward as a faith-filled community. They gathered regularly in each other's homes to pray, to celebrate the Eucharist and to discuss what they needed to do next. Clearly, this approach worked well because with the help of the Holy Spirit, the early Church grew rapidly.

In many ways, the challenges of the past remain the challenges of the present, for there is still so much to do here in Lower North Shore Parish. As we begin this brand-new year, the time has come for us to gather in our local parish communities to discuss what we need to do next.

We have prepared a Calendar of Parish Activities for 2023 (copies are available in each of our churches). This is a good start, but there is still so much more for us to discuss, to discover and to do, if we are to effectively serve as the body of Christ in our community.

I would therefore like to invite you all to join with me and your fellow-parishioners as we listen, discuss and share any ideas, concerns and hopes you may have about our parish and its work.

Workshops will be held in each of our three parish communities, as follows:

**St Philip Neri Church, Northbridge**

**3.00 pm Sun 26 February**

**St Thomas Church, Willoughby**

**7.00 pm Tues 7 March**

**St Leonards Church, Naremburn**

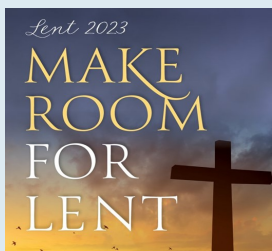
**7.00 pm Weds 15 March**

Each workshop will be facilitated by Deacon Peter McCulloch, of the Hornsby Cathedral Parish. I will provide more information about Deacon Peter in next week's Bulletin.

I am hopeful that the energy and ideas generated at these local workshops will lead to a combined parish consultation, to be held after Easter, and the preparation of a new Parish Pastoral Plan that will guide our work into the future.

Filled with the Spirit of God's love, our three LNS Catholic communities have a rich history of strong faith and good works, but there is still so much to do. Please join with me at one of these workshops as we map out our way forward.

**Fr Jose Phillip OSH**



*During Lent you are warmly invited to pause and reflect on ~~The Beatitudes~~. These 'sayings of Jesus' provide us with a portrait of how to deepen our call to discipleship. These reflections offer time to gently deepen your spirituality in a comfortable and quiet setting where listening, open sharing and quiet reflection can take place.*

**When:** Wednesday mornings March 1, 8, 15, 22 & 29

**Where:** St Thomas' Parish Hall 182 High St, Willoughby

**Time:** 9.45am -11.15am

**Sign-up Sheets will be placed in all Church Foyers this weekend  
alternatively Please ring Parish Office 9958.8846**

Facilitator: Leonie Puckeridge

## Entrance Antiphon

Ps 105:47

Save us, O Lord our God!  
And gather us from the nations,  
to give thanks to your holy name,  
and make it our glory to praise you.

## First Reading

Zep 2:3; 3:12-13

### A reading from the prophet Zephaniah

Seek the Lord all you, the humble of the earth, who obey his commands. Seek integrity, seek humility: you may perhaps find Shelter on the day of the anger of the Lord. In your midst I will leave a humble and lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them.

## Responsorial Psalm

Ps 145:7-10. R. Mt 5:3

(R.) Happy the poor in spirit;  
the kingdom of heaven is theirs!

1. It is the Lord who keeps faith forever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. (R.)
2. It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. (R.)
3. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. (R.)

## Second Reading

1 Cor 1:26-31

### A reading from the first letter of St Paul to the Corinthians.

Take yourselves, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it

was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

## Gospel Acclamation

Mt 5:12

**Alleluia, alleluia!**

Rejoice and be glad;  
Your reward will be great in heaven.  
Alleluia!

## Gospel

Mt 5:1-12

### A reading from the holy Gospel according to Matthew

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them: 'How happy are the poor in spirit: theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

## Feast & Memorial Days This Week

**Tuesday** - St John Bosco

**Thursday** - The presentation of the Lord

World Day of Prayer for Consecrated Life



We welcome back our teachers and student at St Thomas and St Philip Neri primary schools who start their 2023 school year this week. We ask our community to pray for our teachers, students and their families.



**Fr Chima's Farewell**

**Mass and morning tea**

**When-** Sunday 19th February

**Where-** St Thomas' Church

**Time-** 9.30am

## HEALING MASS

Including Anointing of The Sick & Novena to the Sacred Heart

**February**

**St Thomas' 9.00am—Friday 3rd**

**St Leonard's 9am— Saturday 18th**

**Word of God Sunday**

February 5 2023



### Parish Priest

Rev Fr Jose Philip OSH  
[jose.philip@bbcatholic.org.au](mailto:jose.philip@bbcatholic.org.au)

### Assistant Priests

Rev Fr Biju Mathew  
Rev Fr Chima Ofor  
Rev Fr Vincent Nguyen

### RNSH Chaplain

Rev Fr Peter Dowd

### Parish Office

182 High St, Willoughby  
P: 9958 8846  
E: [office@lms.org.au](mailto:office@lms.org.au)  
[www.bbcatholic.org.au/lms](http://www.bbcatholic.org.au/lms)

### Parish Office Hours

Mon - Fri: 9:00am - 3:00pm

### Parish Secretary

Ursula O'Hare  
Monday - Friday  
Dionne Sores  
Mon, Tue & Fri

### Director of Liturgical Music

Lisa Lewis

### Catechist Co-ordinator

Henny Theodorus

### Finance

Ilona Dudek  
Tuesday Only

### St Leonard's Church

Cnr Donnelly & Willoughby Rds  
Naremburn

### St Philip Neri Church

224 Sailors Bay Rd  
Northbridge

### St Thomas' Church

Cnr Horsley Ave & High St  
Willoughby

### St Philip Neri Primary School

67 Baringa Rd, Northbridge  
Principal: Fiona Bylsma  
9958 7136

### St Thomas' Primary School

2 Horsley Ave, Willoughby  
Principal: Enrica Bova

## Parish Discernment Discussions

**Session 1- St Philip Neri Hall 3pm on Sunday 26th February**

**Session 2- St Thomas Hall 7pm on Tuesday 7th March**

**Session 3- St Leonard's Hall 7pm on Wednesday 15th March**



### Facilitated by Deacon Peter McCulloch

The meetings are intended to determine a community response to the mission of our parish through inter-Parish cooperation allowing parishioners to share and give their feedback on what is working well within our parish, where we are going and what dreams and goals we might have for our community. It is our hope that a new Parish Missionary Council will spring forth from these discussions. If you are unable to attend on one of the times proposed you are most welcome to submit your interest Via email to Fr Jose at:

[jose.philip@bbcatholic.org.au](mailto:jose.philip@bbcatholic.org.au)

## Meet the Pilgrim: Clara De Asis



Hi! My name is Clara De Asis. I'm 19, and I'm one of the pilgrims travelling to Lisbon for World Youth Day later this year. I was born and raised in Willoughby where I attended St Thomas Primary School and then Willoughby Girls High School. I am currently a student entering my third year of university while also working as a gymnastics coach at a local club, where I teach recreational and low-level acrobatics gymnastics.

Growing up, I had always been an active member of our parish where I was a junior server and a choir member at St Thomas Church. Now, I continue to volunteer as a data projectionist, a collection minister and a reader, as well as being a member of the LNS Youth Group. A lot of you probably only recognise me when I'm with my older sister (no, not my twin), Frances, another one of our pilgrims.

Coming from a Filipino family, I was raised with strong Catholic beliefs and values, which I know will be strengthened by attending World Youth Day. What I'm most looking forward to for this experience is meeting like-minded people who come from different parts of the world, and forming a camaraderie through our shared faith. I'm also very excited to travel through the cities and towns of Italy while learning about some of the famous Saints.

Fun fact: I was named after St Clare of Assisi... Clara De Asis.

In the lead up to our departure, I ask that you support and pray for me to reach my destination in deepening my faith and encountering Christ.

*If you would like to make a donation towards Clara's pilgrimage, please go to <https://www.bpoint.com.au/pay/lmsshoreparish> or scan the QR Code. It will take you to the Parish Website where you can make a payment - just be sure to specify that this is a WYD Pilgrim donation. If you are interested in sponsoring Clara*



### PLEASE REMEMBER IN YOUR PRAYERS...

**Recently Deceased:** Antonio Lupacchini

**Anniversaries:** Calogera Drago

**The Sick:** Albert Hodges, Hermalina Sutanto





MASS/ SERVICE/ SCHEDULE	ST THOMAS' WILLOUGHBY	ST LEONARD'S NAREMBURN	ST PHILIP NERI NORTHBRIDGE
<b>Sunday Masses</b>	6pm Vigil Saturday 8am & 9:30am Sunday	10:30am & 6pm Sunday	5pm Vigil Saturday & 9am Sunday
<b>Weekday Masses</b>	9am Mon to Sat	9am Tue -Thu - Sat	9:15am Mon - Wed - Fri
<b>Royal North Shore Hospital Chapel</b>	Weekday Mass Thursday & Friday 1pm	Weekend Mass 4pm Sunday	
<b>Reconciliation</b>	Saturday 5:15pm - 5:45pm	Saturday 9:30am - 9:45am	Saturday 4:45pm
<b>Youth Mass</b>		1 <sup>st</sup> & 3 <sup>rd</sup> Sunday of the month at 6pm	
<b>Children's Liturgy</b>	During 9:30am Mass Each Sunday in school term.		<b>9am Sunday dates to be advised for 2023</b>
<b>Community Masses</b>		Italian Mass- 1st Friday 7pm PNGCCAA 1 <sup>st</sup> Saturday 7pm	
<b>Healing Mass/ Anointing Novena to the Sacred Heart</b>	9am Mass 1 <sup>st</sup> Friday	9am Mass 3rd Saturday	
<b>Adoration</b>	Tuesday after 9am Mass <b>ALL YEAR</b>		
<b>Baptisms</b>	11:00am 2nd & 4th Sundays	12pm 4th Sunday	12pm 3rd Sunday
<b>Baptism Prep Parish Office</b>	2nd Tuesday of the month 11am 3rd Tuesday of the month 7pm		
<b>Catholic Charismatic Prayer Group CCCR</b>	St Thomas' Parish Hall 7:15pm Tuesday Evenings Enquiries 0419 977 531		
<b>Legion of Mary</b>	Meets every Friday in the 'Blue Room' at the Parish Hall 9:45am All Welcome		

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Powers of Attorney Appointment of  
Enduring Guardian – Leasing

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9 High St, Willoughby NSW 2068  
phone/Fax: +61 2 9958 1994  
mobile: +61 432 320 701  
e: [flisbooth@epsilonlegal.com.au](mailto:flisbooth@epsilonlegal.com.au)  
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COMPULSORY  
TRAINING

# CCD MINISTRY INDUCTION ON ZOOM

FOR FULL AUTHORISATION:  
NEW CATECHISTS - REGISTER  
FOR ALL 8 SESSIONS.

YELLOW CARD CATECHISTS -  
REGISTER FOR SESSIONS NOT YET  
COMPLETED.

PLEASE REGISTER FOR THE FULL  
COURSE BY MONDAY 6 FEBRUARY

OR FOR INDIVIDUAL SESSIONS - 1  
WEEK PRIOR TO EACH SESSION

[REGISTRATIONS@BBCATHOLIC.ORG.AU](mailto:REGISTRATIONS@BBCATHOLIC.ORG.AU)

COURSE HANDOUTS AND ZOOM  
LINK WILL BE EMAILED TO YOU  
CLOSE TO THE TRAINING DATE

MONDAYS  
10AM-  
12:30PM

TUESDAYS  
6:30PM-  
8:30PM

13 FEBRUARY 14 FEBRUARY

MISSION AND MINISTRY OF THE  
CATECHIST



20 FEBRUARY 21 FEBRUARY

SRE TEACHER IN THE PARISH  
AND THE SCHOOL

27 FEBRUARY 28 FEBRUARY

SAFEGUARDING CHILDREN/  
CHILD PROTECTION



6 MARCH 7 MARCH

LESSON PLANNING: TEACHING  
THE AUTHORISED CURRICULUM

13 MARCH 14 MARCH

DEVELOPMENT OF THE CHILD AND  
ADOLESCENT



20 MARCH 21 MARCH

CLASSROOM MANAGEMENT

27 MARCH 28 MARCH

INTRODUCTION TO THE BIBLE



3 APRIL 4 APRIL

LESSON PLANNING USING  
DIGITAL RESOURCES





# WORLD YOUTH DAY LISBON 2023



## REGISTRATION UPDATE

- The excitement is certainly building as we continue to plan and prepare for WYD23 to Lisbon next year!
- Places for Over 18's on the full pilgrimage have reached capacity.
- We have a number of spaces on the Direct Pilgrimage 29 July to 11 August
- It's not too late to let us know that you'd like to journey with us on the Direct pilgrimage.
- Register to secure your place: <https://bit.ly/wyd2023bbc>

# JOSEPH HOUSE - 2023 APPLICATIONS NOW OPEN!

Are you looking for an opportunity to discern your vocation in a supportive, faith-filled community? Joseph House in Willoughby is the perfect place for you!

Joseph House is a house of discernment for young men, located in the Parish of Lower North Shore and close to St Thomas church. It offers an exciting living space for Catholic men to explore their call to holiness.

Residents will have the chance to reflect and pray, while also taking part in the world through work and study. With convenient access to public transport, Joseph House is the perfect place for young men in the Diocese of Broken Bay to discern their vocation.

This special space has the capacity to accommodate up to six men and features a chapel and various common areas to create community. If you're looking for an opportunity to discover the man that Christ is calling you to be, apply to Joseph House today!

For more information email: [josephhouse@bbcatholic.org.au](mailto:josephhouse@bbcatholic.org.au)



*Please help spread the word by sharing this information with your family, friends, and on your social media accounts. Additionally, you can include it in your Parish Bulletins, announce it from the pulpit, or simply mention it to those around you.*