



# Catholic Parish of Lower North Shore

Serving the communities of

St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby  
Twinned with the Parish of Letefoho, Timor Leste

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.*

FIFTH SUNDAY IN ORDINARY TIME YEAR A—5 JANUARY 2023



## Renovating our Parish

In last week's Bulletin, I mentioned how the earliest Christians used to gather regularly in their communities to pray, to celebrate the Eucharist and to discuss what they needed to do next. This approach certainly worked well because with the help of the Holy Spirit, the early Church grew rapidly. With a similar idea in mind, last week I invited you all to join us at one of our planned parish gatherings to discuss what we need to do next as a Catholic community. Specifically, we are organising a series of consultation workshops across our Parish, where refreshments will be served and all parishioners will be invited to listen, discuss and share any ideas, concerns and hopes they may have about our parish and its work. The planned workshops are as follows:

**St Philip Neri Hall, Northbridge 3.00 pm Sun 26 February**

**St Thomas Hall, Willoughby 7.00 pm Tues 7 March**

**St Leonards Hall, Naremburn 7.00 pm Weds 15 March**

Each workshop will be facilitated by **Deacon Peter McCulloch**, of the Hornsby Cathedral Parish. Deacon Peter is well known to me, as we worked closely together for several years at Frenchs Forest Parish. He has a background in business and community management, and before his ordination he spent most of his career working in the community sector. He also taught at Macquarie University.

Some of our parishioners may also remember Deacon Peter last year preaching at one of our Masses or speaking to parents about our Sacramental Programs.

It is hoped that the energy and ideas generated by these local workshops will lead to a combined parish consultation after Easter, as well as a new Parish Pastoral Plan that will guide our work into the future.

There is much for us to do as a parish. Please make note of these dates and come along to one of our workshops

**Fr Jose Phillip OSH**

## Welcome Kristy



Hi I'm Kristy Komadina and I am the newly appointed Sacramental Coordinator for our parish. Many of you may know me already as I have been an active parishioner here for 12 years. My children attended St Philip Neri Primary School and my family is part of the music ministry. I am also a long-time Catechist and was previously the Catechist Coordinator here in our parish. My connection to our community runs deep and I have a special interest in bringing families back to our church by sharing with them the message of God's love. I am excited to work together with families as they journey through the sacramental program. I ask that you pray for them during this time that through learning about the sacraments and partaking in the sacramental life of our church, they will grow closer to Christ and come to know that he loves each and every one of them!

## Entrance Antiphon

Ps 94:6-7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

## First Reading

Is 58:7-10

A reading from the prophet Isaiah  
Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and turn not from your own kin.

Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

## Responsorial Psalm

Ps 111:4-9. R. v.4

**(R.) A light rises in the darkness for the upright.**

1. He is a light in the darkness for the upright: he is generous, merciful and just. The good man takes pity and lends, he conducts his affairs with honour. **(R.)**

2. The just man will never waver: he will be remembered for ever. He has no fear of evil news; with a firm heart he trusts in the Lord. **(R.)**

3. With a steadfast heart he will not fear; open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory. **(R.)**

## Second Reading

1 Cor 2:1-5

A reading from the first letter of St Paul to the Corinthians. When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only

knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

## Gospel Acclamation

Jn 8:12

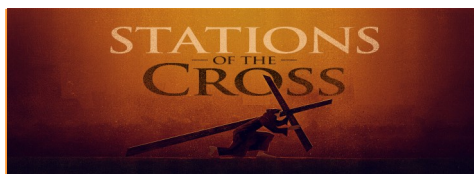
Alleluia, alleluia!  
I am the light of the world, says the Lord;  
the man who follows me  
will have the light of life.  
Alleluia!

## Gospel

Mt 5:13-16

A reading from the holy Gospel according to Matthew

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men. 'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'



## Stations of the Cross during Lent

You are invited to pray the Stations of the Cross at St Leonard's church each Tuesday during Lent, commencing 28th February until 4th April at 6:00pm

## Feast & Memorial Days This Week

Monday - St Paul Miki

Thursday - St Scholastica



Pope Francis said:

## "Being a Catechist is a Vocation"

Is it Your Vocation? Join Us and Find Out...

**"DO NOT BE AFRAID OF WHAT GOD ASKS OF YOU!  
IT IS WORTH SAYING YES TO GOD!  
IN HIM WE FIND OUR JOY!"**

## Prayer For Catechist Ministry

My Lord and my God, take from me everything that distances me from you.

My Lord and my God, give me everything that brings me closer to you.

My Lord and my God,  
detach me from myself to give my all to you



## Fr Chima's Farewell Mass and morning tea

**When-** Sunday 19th February

**Where-** St Thomas' Church

**Time-** 9.30am

## St Leonard's Hall

If you are interested to hire the Parish Hall for your next event or gathering, please contact Irma on 0437607918



### Parish Priest

Rev Fr Jose Philip OSH  
jose.philip@bbcatholic.org.au

### Assistant Priests

Rev Fr Biju Mathew  
Rev Fr Chima Ofor  
Rev Fr Vincent Nguyen

### RNSH Chaplain

Rev Fr Peter Dowd

### Parish Office

182 High St, Willoughby  
P: 9958 8846  
E: office@lms.org.au  
www.bbcatholic.org.au/lms

### Parish Office Hours

Mon - Fri: 9:00am - 3:00pm

### Parish Secretary

Ursula O'Hare  
Monday - Friday  
Dionne Sores  
Mon & Fri

### Sacramental Coordinator

Kristy Komadina  
Tuesday & Wednesday

### Director of Liturgical Music

Lisa Lewis

### Catechist Co-ordinator

Henny Theodorus

### Finance

Ilona Dudek  
Tuesday Only

### St Leonard's Church

Cnr Donnelly & Willoughby Rds  
Naremburn

### St Philip Neri Church

224 Sailors Bay Rd  
Northbridge

### St Thomas' Church

Cnr Horsley Ave & High St  
Willoughby

### St Philip Neri Primary School

67 Baringa Rd, Northbridge  
Principal: Fiona Bylsma  
9958 7136

### St Thomas' Primary School

2 Horsley Ave, Willoughby  
Principal: Enrica Bova  
9958 7308

## Parish Discernment Discussions

**Session 1- St Philip Neri Hall 3pm on Sunday 26th February**

**Session 2- St Thomas Hall 7pm on Tuesday 7th March**

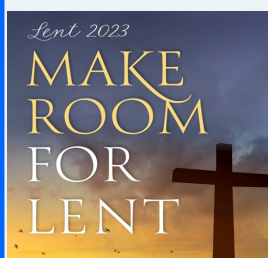
**Session 3- St Leonard's Hall 7pm on Wednesday 15th March**



### Facilitated by Deacon Peter McCulloch

The meetings are intended to determine a community response to the mission of our parish through inter-Parish cooperation allowing parishioners to share and give their feedback on what is working well within our parish, where we are going and what dreams and goals we might have for our community. It is our hope that a new Parish Missionary Council will spring forth from these discussions. If you are unable to attend on one of the times proposed you are most welcome to submit your interest Via email to Fr Jose at:

[jose.philip@bbcatholic.org.au](mailto:jose.philip@bbcatholic.org.au)



During Lent you are warmly invited to pause and reflect on **The Beatitudes**. These 'sayings of Jesus' provide us with a portrait of how to deepen our call to discipleship. These reflections offer time to gently deepen your spirituality in a comfortable and quiet setting where listening, open sharing and quiet reflection can take place.

**When: Wednesday mornings March 1, 8, 15, 22 & 29**

**Where: St Thomas' Parish Hall 182 High St, Willoughby**

**Time: 9.45am - 11.15am**

**Sign-up Sheets will be placed in all Church Foyers this weekend  
alternatively Please ring Parish Office 9958.8846**

Facilitator: Leonie Puckeridge

## Congratulations Hien Vu

Hien Vu is now nearing completion of his formation and he is ready to take the next formal step towards ordination called Candidacy. Bishop Anthony Randazzo has discerned that Hien is eligible to take this step and so he will call him Candidacy at the 5pm vigil Mass on Sat Feb 25<sup>th</sup> at Our Lady of the Rosary Cathedral, Waitara. You are invited to come to this Mass to pray for him. We congratulate Hien on taking this important next



## Support the University's Cancer Research at the Bill Walsh Translational Cancer Research Laboratory



Irma was diagnosed with colorectal cancer in 2020. With the support of her friends and family, Irma has been undergoing treatment and is responding well. Irma credits this to the support she has received from her community, and her clinician Professor Nick Pavlakis. To show her gratitude, Irma is asking you to help her raise funds to support the important work the team do at the Bill Walsh Translational Laboratory.

To make your donation, please scan the QR code



## PLEASE REMEMBER IN YOUR PRAYERS...

**Anniversaries:** Alice Attard, Marija Drage, Jagoda Milostic and Rado Petkovic

**The Sick:** Bishop Peter Inghan





| MASS/ SERVICE/ SCHEDULE                                       | ST THOMAS' WILLOUGHBY   | ST LEONARD'S NAREMBURN  | ST PHILIP NERI NORTHBRIDGE               |
|---|---|---|--|
| <b>Sunday Masses</b>  | 6pm Vigil Saturday<br>8am & 9:30am Sunday   | 10:30am & 6pm Sunday  | 5pm Vigil Saturday<br>& 9am Sunday       |
| <b>Weekday Masses</b>   | 9am Mon to Sat  | 9am Tue -Thu - Sat  | 9:15am Mon - Wed - Fri                   |
| <b>Royal North Shore Hospital Chapel</b>                      | Weekday Mass<br>Thursday & Friday 1pm   | Weekend Mass<br>4pm Sunday  |  |
| <b>Reconciliation</b>   | Saturday 5:15pm - 5:45pm  | Saturday 9:30am - 9:45am  | Saturday 4:45pm                          |
| <b>Youth Mass</b>   |   | 1 <sup>st</sup> & 3 <sup>rd</sup> Sunday<br>of the month at 6pm                                       |  |
| <b>Children's Liturgy</b>                                     | During 9:30am Mass<br>Each Sunday in school term.                                 |   | 9:00am on the 4th Sunday<br>of the month |
| <b>Community Masses</b>                                       |   | Italian Mass<br>Any request please contact<br>Irma 0437607918<br>PNGCCAA 1 <sup>st</sup> Saturday 7pm |  |
| <b>Healing Mass/ Anointing<br/>Novena to the Sacred Heart</b> | 9am Mass 1 <sup>st</sup> Friday   | 9am Mass 3rd Saturday   |  |
| <b>Adoration</b>  | Tuesday after 9am Mass<br><b>ALL YEAR</b>   |   |  |
| <b>Baptisms</b>   | 11:00am<br>2nd & 4th Sundays  | 12pm<br>4th Sunday  | 12pm<br>3rd Sunday                       |
| <b>Baptism Prep<br/>Parish Office</b>                         | 2nd Tuesday of the month<br>11am<br>3rd Tuesday of the month<br>7pm               |   |  |
| <b>Catholic Charismatic<br/>Prayer Group CCCR</b>             | St Thomas' Parish Hall<br>7:15pm Tuesday Evenings<br>Enquiries 0419 977 531       |   |  |
| <b>Legion of Mary</b>   | Meets every Friday in the<br>'Blue Room' at the Parish<br>Hall 9:45am All Welcome |   |  |

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**WilloughbyGlass**

**Epsilon Legal** lawyers

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Powers of Attorney Appointment of  
Enduring Guardian – Leasing

**France Booth**  
9 High St, Willoughby NSW 2068  
phone/Fax: +61 2 9958 1994  
mobile: +61 432 320 701  
e: [flisbooth@epsilonlegal.com.au](mailto:flisbooth@epsilonlegal.com.au)  
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# CCD MINISTRY INDUCTION ON ZOOM

**FOR FULL AUTHORISATION:  
NEW CATECHISTS – REGISTER  
FOR ALL 8 SESSIONS.**

**YELLOW CARD CATECHISTS –  
REGISTER FOR SESSIONS NOT YET  
COMPLETED.**

**PLEASE REGISTER FOR THE FULL  
COURSE BY MONDAY 6 FEBRUARY**

**OR FOR INDIVIDUAL SESSIONS – 1  
WEEK PRIOR TO EACH SESSION**

**REGISTRATIONS@BBCATHOLIC.ORG.AU**

**COURSE HANDOUTS AND ZOOM  
LINK WILL BE EMAILED TO YOU  
CLOSE TO THE TRAINING DATE**

**MONDAYS  
10AM-  
12:30PM**

**TUESDAYS  
6:30PM-  
8:30PM**

**13 FEBRUARY 14 FEBRUARY**

**MISSION AND MINISTRY OF THE  
CATECHIST**



**20 FEBRUARY 21 FEBRUARY**

**SRE TEACHER IN THE PARISH  
AND THE SCHOOL**

**27 FEBRUARY 28 FEBRUARY**

**SAFEGUARDING CHILDREN/  
CHILD PROTECTION**



**6 MARCH 7 MARCH**

**LESSON PLANNING: TEACHING  
THE AUTHORISED CURRICULUM**

**13 MARCH 14 MARCH**

**DEVELOPMENT OF THE CHILD AND  
ADOLESCENT**



**20 MARCH 21 MARCH**

**CLASSROOM MANAGEMENT**

**27 MARCH 28 MARCH**

**INTRODUCTION TO THE BIBLE**



**3 APRIL 4 APRIL**

**LESSON PLANNING USING  
DIGITAL RESOURCES**





# WORLD YOUTH DAY LISBON 2023



## REGISTRATION UPDATE

- The excitement is certainly building as we continue to plan and prepare for WYD23 to Lisbon next year!
- Places for Over 18's on the full pilgrimage have reached capacity.
- We have a number of spaces on the Direct Pilgrimage 29 July to 11 August
- It's not too late to let us know that you'd like to journey with us on the Direct pilgrimage.
- Register to secure your place: <https://bit.ly/wyd2023bbc>

# JOSEPH HOUSE - 2023 APPLICATIONS NOW OPEN!

Are you looking for an opportunity to discern your vocation in a supportive, faith-filled community? Joseph House in Willoughby is the perfect place for you!

Joseph House is a house of discernment for young men, located in the Parish of Lower North Shore and close to St Thomas church. It offers an exciting living space for Catholic men to explore their call to holiness.

Residents will have the chance to reflect and pray, while also taking part in the world through work and study. With convenient access to public transport, Joseph House is the perfect place for young men in the Diocese of Broken Bay to discern their vocation.

This special space has the capacity to accommodate up to six men and features a chapel and various common areas to create community. If you're looking for an opportunity to discover the man that Christ is calling you to be, apply to Joseph House today!

For more information email: [josephhouse@bbcatholic.org.au](mailto:josephhouse@bbcatholic.org.au)

