



# Catholic Parish of Lower North Shore



St Thomas' Willoughby



St Philip Neri Northbridge



St Leonard's Naremburn

Twinning with the Parish of Letefoho, Timor Leste.

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.*

## PARISH OFFICE

182 High St, North Willoughby NSW  
(02) 9958 8846  
office@lins.org.au  
www.bbcatholic.org.au/lins

### Office Hours

Monday to Friday: 9:00am - 3:00pm

## CLERGY

Fr. Jose Philip, OSH (Parish Priest)  
jose.philip@bbcatholic.org.au  
Fr. Biju Mathew, AP  
biju.mathewK@bbcatholic.org.au  
Fr. Vincent Trung Nguyen, AP  
vincent.nguyen@bbcatholic.org.au  
Fr. Emmanuel Obiche, AP  
emmanuel.obiche@bbcatholic.org.au  
Fr. Peter Dowd (RNSH Chaplain)  
peter.dowd@bbcatholic.org.au

## PARISH STAFF

- ♦ **Secretary**  
Ursula O'Hare (Mon - Fri)  
Dionne Soares (Mon & Fri)
- ♦ **Children Sacrament Co-ordinator**  
Kristy Komadina (Tue & Wed)  
sacraments@lins.org.au
- ♦ **Catechist Co-ordinator**  
Henny Theodorus (Tue)  
ccd@lins.org.au
- ♦ **Finance (bookkeeper)**  
Ilona Dudek (Fri)  
accounts@lins.org.au

## CATHOLIC SCHOOLS

- ♦ **St. Thomas' Primary School**  
2 Horsley Ave, Willoughby  
(02) 7256 2104  
Principal: Enrica Bova  
enrica.bova@dbb.catholic.edu.au
- ♦ **St. Philip Neri Primary School**  
67 Baringa Rd, Northbridge  
(02) 9958 7136  
Principal: Fiona Bylsma  
fiona.bylsma@dbb.catholic.edu.au

## NINETEENTH SUNDAY IN ORDINARY TIME - YEAR A

13th AUGUST 2023



Dear sisters and brothers,

On this **19<sup>th</sup> Sunday in Ordinary Time**, we find ourselves immersed in the Gospel account of Jesus walking on water, an event that challenges us to examine our own faith and response to the storms of life. In our modern world, faith can seem fragile against the backdrop of doubt and uncertainty. We might hesitate to step out in faith, fearing failure or ridicule. However, Jesus calls us to step out of our comfort zones, to confront our doubts and fears with the same faith that led Peter to walk on water. Let us pray for the grace to silence the winds of doubt that buffet our hearts and to listen to the voice of Jesus: "Take courage, it is I; do not be afraid."

On Tuesday 15<sup>th</sup> August, the Church universally celebrates with joy **the Solemnity of the Assumption of Blessed Virgin Mary**. We profess our belief that Mary, our Holy Mother, was taken body and soul into heaven at the end of her earthly life. The Assumption underscores the Church's teaching on the resurrection of the body and the ultimate destiny of all believers; also serves as a source of hope, highlighting the fulfillment of God's promises and the potential for eternal life with Him for all who faithfully follow Christ. There are 7 Masses on the day in our parish community, please find your suitable Mass time and let's together celebrate the Feast with joy. Holy Mary, pray for us!

For the beautiful **Holy Hour Evening** last Tuesday 8<sup>th</sup> August at St Leonard's Naremburn, I would like to sincerely thank you all. The atmosphere in the church illuminated a peaceful and prayerful evening. I am deeply grateful to all those who took the time to help with the preparations, particularly to Lynda Lee who coordinated the program and the evening wonderfully.

We welcome back **Fr Jose Philip**, our parish priest, who has returned from his long service leave since 15<sup>th</sup> May. I believe that he's now overfilled with energy and spirit to serve the community in a joyful way. He will resume his role as parish priest on Tuesday 15<sup>th</sup> August.

And finally, I'd like to take this opportunity to say a sincere **thanks** to you all. Thank you loved brothers and sisters, for all of your support, your company and prayers during the last 3 months while I've been with you as parish Administrator, particularly to our clergy, parish staff, volunteers and of course those whom I've been shared our parish ministries with. May the Lord bless us with peace, love and joy as we continue our journey of building up God's kingdom.

God bless,

**Fr. Vincent Trung Nguyen, Parish Administrator**

## SUNDAY'S READINGS

### Entrance Antiphon:

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

### First Reading: (1 Kings 19:9.11-13)

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

### Responsorial Psalm: (Ps 84:9-14. R. v.8)

**Lord, show us your mercy and love,  
and grant us your salvation.**

### Second Reading: (Romans 9:1-5)

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the

covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

### Gospel Acclamation: (Psalm 129:5)

Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!

### Gospel: (Matthew 14:22-33)

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

**15th August 2023**

### Solemnity of the Assumption of Blessed Virgin Mary

Our parish and community Masses for the Solemnity of the Assumption are as follow:

- ◆ **St Thomas' church:** 9.00am (STT school attending)  
7.00pm
- ◆ **St Leonard's church:** 9.00am
- ◆ **St Philip Neri's church:** 9.15am (SPN school attending)
- ◆ **St Paul's Aged Care:** 9.45am
- ◆ **Pathways Residences:** 11.00am
- ◆ **Estia Health:** 2.00pm

### Healing Mass - August

(With the sacrament of Anointing of the Sick)

- ◆ 9.00 am on **Saturday 20th August**
- ◆ **St. Leonard's church - Naremburn**
- ◆ 9.30am - 10.00am: Adoration & Reconciliation

### In our prayers

**Recently Deceased:** Paola Sparaccino

**Anniversaries:** Rose Leong, Alison De Marco, Donko, Jaka & Dominic Dojerkovic, Grazia Monaco, Sebastian Barbarino and Pasqualina Monaco.

**Sick:** Bishop Peter Ingham, Julie Wong and Elizabeth Dunn

### LITURGY of THE WEEK

- Mon 14/08: Saint Maximilian Kolbe (Memorial)
- Tue 15/08: **THE ASSUMPTION OF THE BLESSED VIRGIN MARY (SOLEMNITY)**
- Wed 16/08: Wednesday of the 19th Week in Ordinary Time (Saint Stephen of Hungary)
- Thu 17/08: Thursday of the 19th Week in Ordinary Time
- Fri 18/08: Friday of the 19th Week in Ordinary Time
- Sat 19/08: Saturday of the 19th Week in Ordinary Time
- Sun 20/08: 20TH SUNDAY IN ORDINARY TIME



You are invited to the  
**40<sup>th</sup> ANNIVERSARY**  
of **PRIESTLY ORDINATION**  
Thanksgiving Mass  
& Supper  
of the  
**Very Rev Fr Brian Moloney**  
Parish Priest & Dean  
**Our Lady of the Rosary Parish**  
The Entrance  
19 August 2023  
5pm



help them build a better future



## LETS Information Night

**Where:** St Thomas Parish Hall  
**When:** 7:30 Pm Wednesday, 30<sup>th</sup> August  
**R.S.V.P:** [admin@lets.net.au](mailto:admin@lets.net.au)

- Come along and see what our Brothers and Sisters in our Twin Parish are up to.
- Hear all about current LETS projects and how your support continues to make a difference in the lives of both the students and the wider community of Letefoho.
- Listen to their beautiful songs and join our Parish Community as we pray for our Brothers and Sisters in Letefoho.
- For those who sponsor a Student, you can bring along a letter (no gifts please) for your Student, if you would like to.



## CATECHIST AND HELPERS NEEDED

We are needing new catchiests and helpers to join the Catechist Ministry. It is a wonderful opportunity to be part of something very rewarding. Come and share your faith with the children and pass on the Good News. All resources and training are provided. Our parish serves students from Northbridge Public School and Willoughby Public School. For more information please contact Henny Theodorus on 9958 8846 or email [ccd@lms.org.au](mailto:ccd@lms.org.au). Below are the classes we need to fill.

### Northbridge Public School

	Catechist	Helper	Time
<b>Kindergarten</b>	Filled	Filled	9.10 - 9.40am
<b>Year 1</b>	Filled	Needed	9.10 - 9.40am
<b>Year 2</b>	Filled	Needed	9.10 - 9.40am
<b>Year 3</b>	Needed	Needed	10.50 – 11.20am
<b>Year 4</b>	Filled	Needed	10.50 – 11.20am
<b>Year 5 &amp; 6</b>	Filled	Needed	10.50 – 11.20am

## Baptism

We welcome into our parish faith family the newly baptised

**Ariel Jaella Wu**

Please keep Ariel and the family in your prayers.



## Praying for a respectful discussion about the Voice

### Referendum

Monday 7.30PM (sharp) to 8PM St Leonard's Naremburn we are reading and reflecting in silent prayer and then praying the rosary for the intention of a respectful and informed discussion on the Voice Referendum and for the unity of our nation. Please join us.



## LIVING OUT OUR FAITH

SESSIONS WITH SPECIAL GUEST SPEAKER  
**BISHOP DAVID WALKER**

THE SESSIONS WILL BE HELD OVER THREE WEEKS

THURSDAY 24 & 31ST AUGUST & 7TH SEPTEMBER

9AM - MASS CELEBRATED BY BISHOP WALKER, 9.30AM - CUPPA  
 10AM - FAITH SESSION

Mass at St Thomas' Church Willoughby followed by the faith sessions in the Parish Hall- Blue Room

ALL ARE WELCOME



On Saturday 5 August 2023 5 members of the Parish's LSAP group took to the streets of Naremburn with gusto and in 50 minutes of collecting rubbish amassed 5 bags and a bucket of rubbish destined for Middle Harbour or, at best, the streets and gutters of our common home. The most noticeable single item was Vape packaging – cardboard boxes, plastic bags, vape machines and their plastic caps. In addition, we also collected many glass and plastic bottles scattered around the streets. Our next Clean Up is Saturday 2 September 2023 at 9.30AM after the 9AM Mass at St Leonard's, Naremburn. Feel free to join us. Gloves supplied.

**We will be kept safe by ADULTS who...**

## CARE

for us as we are a precious gift from God



COMMUNITIES OF SAFETY AND CARE

## PARISH SCHEDULE

	St Thomas' Willoughby	St Leonard's Naremburn	St Philip Neri Northbridge
<b>Weekend Masses</b>	<b>6.00pm</b> Vigil Saturday <b>8.00am &amp; 9.30am</b> Sunday	<b>10.30am</b> Sunday <b>6.00pm</b> Sunday ( <i>Youth Mass</i> )	<b>5.00pm</b> Vigil Saturday <b>9.00am</b> Sunday
<b>Weekday Masses</b>	9.00am: Mon – Sat	9.00am: Tue, Thu, Sat	9.15am: Mon, Wed, Fri
<b>Adoration</b>	Tuesday: 9.30am - 10.30am	Saturday: 9.30am - 10.00am	
<b>Reconciliation</b>	Saturday: 5.15pm - 5.45pm	Saturday: 9.30am - 10.00am	Saturday: 4.15pm - 5.45pm
<b>Healing Mass</b>	9.00am on First Friday ( <i>Divine Mercy &amp; Adoration</i> )	9.00am on 3 <sup>rd</sup> Saturday	
<b>Baptism</b>	9.00am 1 <sup>st</sup> Sunday 11.00am 3 <sup>rd</sup> Sunday ( <i>outside Mass</i> )	10.30am on 2 <sup>nd</sup> Sunday	9.00am on 4 <sup>th</sup> Sunday
<b>Children's Liturgy</b>	9.30am Sunday ( <i>during school term</i> )		9.00am 4 <sup>th</sup> Sunday ( <i>Family Mass</i> )

### Vacancies—Parishes

Three of our Diocesan parishes are seeking to recruit a permanent part-time Parish Secretary; The Lakes Parish, Lindfield/Killara and Epping & Carlingford.

The Parish Secretary role plays an important part in the Parish team, providing support for Parish communications, general & sacramental program administration, financial processes, Parish property, compliance and Diocesan support.

All three vacancies have flexibility within the working schedule for the right candidate, however the role does require a physical presence in the Parish office.

The ideal candidate will have a comprehensive knowledge and demonstrated experience with office administration as well as a sound understanding of Microsoft Office Suite of programs. As this role is often the first point of contact for the parish, well-developed communication and interpersonal skills are crucial, supported by a good understanding of, and commitment to Catholic values and teachings.

**The Lakes Parish** is looking for someone to work four days per week, approximately 26 hours per week, with a preference for the working schedule to be Monday to Thursday. Applications close **Wednesday, 30 August 2023**

**Lindfield-Killara Parish** is looking for someone to work three days per week, approximately 22.5 hours per week. Applications close **Wednesday, 30 August 2023**

**Epping & Carlingford Parish** is looking for someone to work 24 hours per week, with flexibility on days/hours. Applications close **Friday, 1 September 2023**

If this role interests you, please email a brief cover letter and CV to the relevant parish office:

The Lakes Parish: [Lakesparishoffice@bbcatholic.org.au](mailto:Lakesparishoffice@bbcatholic.org.au)

Lindfield-Killara Parish: [parishoffice@lindfieldkillara.org.au](mailto:parishoffice@lindfieldkillara.org.au)

Epping & Carlingford Parish: [jim.mckee@bbcatholic.org.au](mailto:jim.mckee@bbcatholic.org.au)



ABN 67 098 980 922

**SYDNEY'S RESIDENTIAL PAINTING SPECIALISTS**

*Family Owned Business*

**02 9686 4444**

[www.asnu.com.au](http://www.asnu.com.au)



**ROCKWELL MEDICAL CENTRE**

FOR APPOINTMENTS  
**CALL US : 8212 8667**  
OR BOOK ONLINE :  
[HTTPS://WWW.ROCKWELLMEDICALCENTRE.COM.AU](https://www.rockwellmedicalcentre.com.au)

**GENERAL PRACTITIONERS**

DR MIRANDA MAW, MBBS, FRACGP, DCH  
DR SHEHNAZ KHAN, MBChB, FRACGP  
DR GERARD MCLAREN, FRACGP, FAFRM (RACP, FACRM)  
**SPECIALIST :**  
PROF. DAVID KANDIAH, RHEUMATOLOGIST  
**ALLIED HEALTH :**  
DR GEORGE DRAGASEVICH, CHIROPRACTOR

**OUR LOCATION :**  
GROUND FLOOR, NORTH SHORE HEALTH HUB, 7 WESTBOURNE STREET, ST LEONARDS, NSW



All types of Glass Repair · Framed Shower Screens  
Frameless Shower Screens · Table Tops  
Semi Frameless Shower Screens · Mirrors  
Kitchen Splashbacks

[Instagram.com/willoughbyglass](https://www.instagram.com/willoughbyglass)

19/1-7 Short Street Chatswood, NSW 2067  
Email: [info@willoughbyglass.com.au](mailto:info@willoughbyglass.com.au)  
Web: [www.willoughbyglass.com.au](http://www.willoughbyglass.com.au)  
Tel: (02) 9882 3648  
Fax: (02) 9882 3649

**WilloughbyGlass**

**Epsilon Legal lawyers**

Conveyancing – Wills and Estates – Powers of Attorney Appointment of Enduring Guardian – Leasing

**France Booth**  
9 High St, Willoughby NSW 2068  
phone/Fax: +61 2 9958 1994  
mobile: +61 432 320 701  
e: [flisbooth@epsilonlegal.com.au](mailto:flisbooth@epsilonlegal.com.au)  
[www.epsilonlegal.net](http://www.epsilonlegal.net)



**silver spade**

LANDSCAPES  
DESIGN & CONSTRUCTION  
QUALITY LANDSCAPING SERVICES

Josh Moschella - 0410 101 011  
[silverspade@live.com.au](mailto:silverspade@live.com.au)  
[www.silverspade.com.au](http://www.silverspade.com.au)



**PERSONAL TRAINER IN WILLOUGHBY**  
**DAMIEN GIARDINA**

**FIRST SESSION FREE**

**STRENGTH TRAINING  
HIIT TRAINING  
BOXING  
SMALL GROUP**

**0432 210 343**  
DAMIEN.GIARDINA@HOTMAIL.COM

CHECK ME OUT ON INSTAGRAM:  
[@DGCOACHING.COM.AU](https://www.instagram.com/dgcoaching.com.au)



**Vox Populi**  
**11 August 2023**

Dear brothers and sisters,

I am reflecting on our pilgrimage and our World Youth Day experience in Lisbon, Portugal, as I make my way to the airport and our pilgrims also prepare for their return journey.

What an amazing time it has been for our young people to be present with the Holy Father and 1.5 million young people from all around the world. They came together to express their faith in Jesus Christ and stand united in solidarity as members of the Church who are venturing out into the world to proclaim the Good News.

We have just concluded a three-day retreat at Fatima. It was such a wonderful time for our students, young adults, teachers, seminarians, priests, and religious as we gathered together in prayer.

We have been accompanied by Mary, walking together and being led more deeply and lovingly into Jesus Christ, her Son - which is the heart of our mission.

It has been a fantastic time that has had a profound effect on everyone, and I am really confident the Lord is doing good things in them through the power of the Holy Spirit.

I know they will bring life to our Church and advance the mission as we proclaim Jesus Christ to the World.

My prayers and blessings,  
+Bishop Anthony



### **Pilgrimage Itinerary at a glance!**

#### **8 – 10 August Post *WYD* retreat**

The Pilgrimage concludes with the Post WYD retreat led by the Diocesan WYD Leadership Team in Fatima, where in 1917 the Blessed Virgin Mary appeared to three children as a 'lady in white'. During the time of retreat pilgrims will enter into a time of rest, recreation and retreat, with an opportunity to process the amazing past days on pilgrimage and WYD experiences before returning home to Australia



## Areté Missionary Leadership Course 2024 – Applications Open



Registrations are now open for the Arété Centre Foundations of Missionary Leadership Program for 2024. The Program equips people with the knowledge, skills, and values to become effective missionaries and leaders in their parishes and communities. Parish leaders are encouraged to apply, with **subsidies being offered by Evangelisation Broken Bay**. Please contact Pina Bernard on 0432 682 239 or

[pina.bernard@bbcatholic.org.au](mailto:pina.bernard@bbcatholic.org.au) to discuss subsidy options.

### Virtual Open Night

To find out more about the Course, join Fr Chris Ryan MGL and an exciting panel of guests including Fr Rob Galea, Fr Simon Lobo and others, at the Virtual Open Night for a wide ranging conversation about the powerful role lay people can play in the Church's Mission.

Date: Thursday 17 August

Time: 7.30pm

Register: [www.aretecentre.org](http://www.aretecentre.org) for this free online event

## Annual Seminarian Benefit Dinner

Calling all #BrokenBay faithful! Come join us for an amazing evening Saturday, September 2<sup>nd</sup> 2023. Enjoy delicious food, friendly company and musical performances put on by our very own seminarians. Most importantly, support our diocese's commitment to inspiring vocations! Seats are limited. Tickets are \$60pp, all are welcome! Secure yours now at the [link](#).

**Date:** Saturday, September 2, 2023, at

**Time:** 6:30pm, after the 5pm Vigil Mass.

**Venue:** Our Lady of Dolours Chatswood Parish – Harrington Hall, 94 Archer Street, Chatswood 2067

**Tickets:** \$60 per person

CHATSWOOD PARISH &  
CATHOLIC VOCATIONS BROKEN BAY  
INVITE YOU TO JOIN US  
FOR THE

*Seminarian Benefit Dinner*

Support our Broken Bay Seminarians and help raise  
awareness of the importance of vocations in our Diocese

SEPTEMBER  
SATURDAY | 2 | AT 6:30 PM  
2023

  

**\$60pp Bookings Essential**

FOR TICKETS: [HTTPS://WWW.TRYBOOKING.COM/CJOUX](https://www.trybooking.com/CJOUX)  
OUR LADY OF DOLOURS CHATSWOOD PARISH - HARRINGTON HALL  
94 ARCHER STREET, CHATSWOOD 2067  
CONTACT: (02) 9410 9000  
EMAIL: [CHATSWOODOFFICE@BBCATHOLIC.ORG.AU](mailto:CHATSWOODOFFICE@BBCATHOLIC.ORG.AU)  
[VOCATIONS.MINISTRY@BBCATHOLIC.ORG.AU](mailto:VOCATIONS.MINISTRY@BBCATHOLIC.ORG.AU)