



# Catholic Parish of Lower North Shore



*Serving the communities of  
St Leonard's Naremburn, St Philip Neri Northbridge, St Thomas' Willoughby  
Twinned with the Parish of Letefoho, Timor Leste*

*We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.*

## PARISH OFFICE

182 High St, North Willoughby NSW  
(02) 9958 8846  
[office@lins.org.au](mailto:office@lins.org.au)  
[www.bbcatholic.org.au/lins](http://www.bbcatholic.org.au/lins)

### Office Hours

Monday to Friday: 9:00am - 3:00pm

### CLERGY

**Fr. Jose Philip**, OSH (Parish Priest)

[jose.philip@bbcatholic.org.au](mailto:jose.philip@bbcatholic.org.au)

**Fr. Biju Mathew**, AP

[biju.mathewK@bbcatholic.org.au](mailto:biju.mathewK@bbcatholic.org.au)

**Fr. Vincent Trung Nguyen**, AP

[inent.nguyen@bbcatholic.org.au](mailto:inent.nguyen@bbcatholic.org.au)

**Fr. Emmanuel Obiche**, AP

[emmanuel.obiche@bbcatholic.org.au](mailto:emmanuel.obiche@bbcatholic.org.au)

**Fr. Peter Dowd** (RNSH Chaplain)

[peter.dowd@bbcatholic.org.au](mailto:peter.dowd@bbcatholic.org.au)

### PARISH STAFF

#### Secretary

Ursula O'Hare (Mon - Fri)

Dionne Soares (Mon & Fri)

#### Children Sacrament Co-ordinator

Kristy Komadina (Tue & Wed)

[sacraments@lins.org.au](mailto:sacraments@lins.org.au)

#### Catechist Co-ordinator

Henny Theodorus (Tue)

[ccd@lins.org.au](mailto:ccd@lins.org.au)

#### Finance (Bookkeeper)

Ilona Dudek (Fri)

[accounts@lins.org.au](mailto:accounts@lins.org.au)

## CATHOLIC SCHOOLS

### St. Thomas' Primary School

2 Horsley Ave, Willoughby

(02) 7256 2104

Principal: Enrica Bova

[enrica.bova@dbb.catholic.edu.au](mailto:enrica.bova@dbb.catholic.edu.au)

### St. Philip Neri Primary School

67 Baringa Rd, Northbridge

(02) 9958 7136

Principal: Fiona Bylsma

[fiona.bylsma@dbb.catholic.edu.au](mailto:fiona.bylsma@dbb.catholic.edu.au)



We are committed to the  
NATIONAL CATHOLIC  
SAFEGUARDING STANDARDS

## TWENTIETH SUNDAY IN ORDINARY TIME YEAR A - 20th AUGUST 2023

Dear Beloved Parishioners,

I am overjoyed to be back with you all after my three months leave. I would like to thank you for Your support and prayers during my leave. I have visited many places and families in US & Canada during this period and I return with a renewed spirit to continue serving this wonderful community. During my absence, you remained in my thoughts and prayers, and I would like to thank Fr Vincent for looking after our parish community while I was away. I am excited to reconnect and catch up with each one of you. Let us gather soon to share stories. Thank you for your understanding and patience during my time away. Together, we will continue to strengthen our bond and grow in faith. With love and blessings,

**Fr Jose Philip OSH, PP**

## Reflection

The overarching theme derived from today's readings is the question of insider-outsider. We see here that the divisions and barriers that emerge out of human experience have been shattered by the graciousness of God. Jesus' openness to 'the other' finds a precedent in the prophetic tradition. Isaiah spoke of a time when outsiders would join insiders in worshipping God, thus dissolving the categories of insider and outsider. He was, of course, referring to the age of eschatological fulfilment. This age dawned with the coming of Jesus. Jesus himself moved out of the constraints of his own cultural worldview, and he directs us to do the same. People are either excluded because of gender, culture or religious perspective, or included only because they are able and willing to conform to discriminatory standards. In the reign of God, this should not be the case. People are accepted along with their own cultural profiles. God's embrace first enclosed even those who rejected Jesus, and then God's plan of salvation unfolded in a new way. An invitation to enter the kingdom was issued to the Gentiles, those who had been considered outsiders. If outsiders are now insiders, what has happened to the former insiders? Paul insists that they are still insiders. God has not simply shifted the identifying boundaries; God has dissolved them. In the interim between the dawning of the eschatological age and the end of time, the invitation to be included remains open to all.

Dianne Bergant CSA



**PLEASE PRAY FOR OUR  
CANDIDATES FOR CONFIRMATION  
WHO ARE BEING PRESENTED AT  
MASSES ACROSS OUR PARISH THIS  
WEEKEND.**

## SUNDAY'S READINGS

### Entrance Antiphon: (Psalm 83:10-11)

Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

### First Reading: (Isaiah 56:1.6-7)

Thus says the Lord: Have a care for justice, act with integrity, for soon my salvation will come and my integrity be manifest. Foreigners who have attached themselves to the Lord to serve him and to love his name and be his servants – all who observe the sabbath, not profaning it, and cling to my covenant – these I will bring to my holy mountain. I will make them joyful in my house of prayer. Their holocausts and their sacrifices will be accepted on my altar, for my house will be called a house of prayer for all the peoples.

### Responsorial Psalm: (Ps 66:2-3 5-6. 8. R. v.4)

**O God, let all the nations praise you!**

### Second Reading: (Romans 9:1-5)

Let me tell you pagans this: I have been sent to the pagans as their apostle, and I am proud of being sent, but the purpose of it is to make my own people envious of you, and in this way save some of them. Since their rejection meant the reconciliation of the world, do you know what their admission will mean? Nothing less than a resurrection from the dead! God never takes back his gifts or revokes his choice. Just as you changed from being disobedient to God, and now enjoy mercy because of their disobedience, so

those who are disobedient now – and only because of the mercy shown to you – will also enjoy mercy eventually. God has imprisoned all men in their own disobedience only to show mercy to all mankind.

### Gospel Acclamation: (Matthew 4:23)

Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick.

Alleluia!

### Gospel: (Matthew 15:21-28)

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

### LITURGY of THE WEEK

Mon 21/08: St Pius X, pope

Tue 22/08: **THE QUEENSHIP OF THE BLESSED VIRGIN MARY**

Wed 16/08: Wednesday of the 20th Week in Ordinary Time

Thu 17/08: St Bartholomew, apostle

Fri 18/08 : St Louis & St Joseph Calasanz

Sat 19/08: Saturday of the 20th Week in Ordinary Time

### In our prayers

**Recently Deceased:** Pauline Dickenson and Sister Miriam Da Luz

**Anniversaries:** Ivan, Frana and Mile Greco, Jakica Lipovac, Ika Maras, Gordon, Mark, Iggy and Jessy Castellino, Cajetan, Quiteria, Joseph and John Dulcina, Patrick Attard, Antonio Testa, Josh Hughes.

**Sick:** Bishop Peter Ingham, Julie Wong and Elizabeth Dunn



RCIA or HOW TO BECOME A CATHOLIC Many adults are welcomed into the Catholic Church each year through the Rite of Christian Initiation of Adults (RCIA). The RCIA takes place within a parish community in a relaxed and supportive environment to allow the candidate to share in the life of the Church expressed in a local faith community. It offers a way to grow in knowledge of Christ and the Catholic faith in company with others on a similar journey. The non-baptised who are suitably prepared are welcomed into the Catholic Church by the reception of the three Sacraments of Initiation, namely Baptism, Confirmation and Holy Eucharist. If you or someone you know would like to know more about the program please contact the parish office. Fr Jose will be speaking with candidates over the coming weeks, in preparation for a program to start in September





help them build a better future



## LETS Information Night

**Where:** St Thomas Parish Hall  
**When:** 7:30 Pm Wednesday, 30<sup>th</sup> August  
**R.S.V.P:** [admin@lets.net.au](mailto:admin@lets.net.au)

- Come along and see what our Brothers and Sisters in our Twin Parish are up to.
- Hear all about current LETS projects and how your support continues to make a difference in the lives of both the students and the wider community of Letefoho.
- Listen to their beautiful songs and join our Parish Community as we pray for our Brothers and Sisters in Letefoho.
- For those who sponsor a Student, you can bring along a letter (no gifts please) for your Student, if you would like to.



## CATECHISTS AND HELPERS NEEDED

We are needing new catechists and helpers to join the Catechist Ministry. It is a wonderful opportunity to be part of something very rewarding. Come and share your faith with the children and pass on the Good News. All resources and training are provided. Our parish serves students from Northbridge Public School and Willoughby Public School. For more information please contact Henny Theodorus on 9958 8846 or email [ccd@lms.org.au](mailto:ccd@lms.org.au). Below are the classes we need to fill.

### Northbridge Public School

	Catechist	Helper	Time
<b>Kindergarten</b>	Filled	Filled	9.10 - 9.40am
<b>Year 1</b>	Filled	Needed	9.10 - 9.40am
<b>Year 2</b>	Filled	Needed	9.10 - 9.40am
<b>Year 3</b>	Needed	Needed	10.50 – 11.20am
<b>Year 4</b>	Needed	Needed	10.50 – 11.20am
<b>Year 5 &amp; 6</b>	Filled	Needed	10.50 – 11.20am



## Baptism

We welcome into our parish faith family the newly baptised

**Harry and Carl Forster, Ethan, and Hayden Smith, Henry Kanabar and Jayden Bathis – Brown**

Please keep these children and the family in your prayers.



## LIVING OUT OUR FAITH

SESSIONS WITH SPECIAL GUEST SPEAKER  
**BISHOP DAVID WALKER**

THE SESSIONS WILL BE HELD OVER THREE WEEKS

THURSDAY 24 & 31ST AUGUST & 7TH SEPTEMBER

9AM - MASS CELEBRATED BY BISHOP WALKER, 9.30AM - CUPPA  
 10AM - FAITH SESSION

Mass at St Thomas' Church Willoughby  
 followed by the faith sessions in the Parish Hall- Blue Room

ALL ARE WELCOME



## SAVE THE DATE:

The Parish's LSAP group, as part of our celebration of the Church's season of creation, is arranging a viewing of the film The Letter on **Tuesday 19 September 2023 at St Thomas' Church, Willoughby, starting at 7.30PM (sharp)**. Please save the date for this uplifting film about 5 people invited to Rome to discuss the encyclical, Laudato Si', with Pope Francis.

We will be kept safe by **ADULTS** who...

## CARE

for us as we are a precious gift from God



COMMUNITIES OF SAFETY AND CARE

## PARISH SCHEDULE

	St Thomas' Willoughby	St Leonard's Naremburn	St Philip Neri Northbridge
<b>Weekend Masses</b>	<b>6.00pm</b> Vigil Saturday <b>8.00am &amp; 9.30am</b> Sunday	<b>10.30am</b> Sunday <b>6.00pm</b> Sunday ( <i>Youth Mass</i> )	<b>5.00pm</b> Vigil Saturday <b>9.00am</b> Sunday
<b>Weekday Masses</b>	9.00am: Mon – Sat	9.00am: Tue, Thu, Sat	9.15am: Mon, Wed, Fri
<b>Adoration</b>	Tuesday: 9.30am - 10.30am	Saturday: 9.30am - 10.00am	
<b>Reconciliation</b>	Saturday: 5.15pm - 5.45pm	Saturday: 9.30am - 10.00am	Saturday: 4.15pm - 5.45pm
<b>Healing Mass</b>	9.00am on First Friday ( <i>Divine Mercy &amp; Adoration</i> )	9.00am on 3 <sup>rd</sup> Saturday	
<b>Baptism</b>	9.00am 1 <sup>st</sup> Sunday 11.00am 3 <sup>rd</sup> Sunday ( <i>outside Mass</i> )	10.30am on 2 <sup>nd</sup> Sunday	9.00am on 4 <sup>th</sup> Sunday
<b>Children's Liturgy</b>	9.30am Sunday ( <i>during school term</i> )		9.00am 4 <sup>th</sup> Sunday ( <i>Family Mass</i> )

### MEMORIAL MASS

*Biaggina Boccanfuso*

1 Month Anniversary  
Saturday 26th August 2023  
St Leonard's Church 4.00 pm

### MEMORIAL MASS

*Concetta Maria Vacarella*

1 Month Anniversary  
Saturday 9th September 2023  
St Leonard's Church 11.00 am



### SERRA VOCATIONS MASS AND DINNER MEETING

Father Bill Stevens will be celebrating Mass for Serra at Sacred Heart Church Pymble on Thursday 24<sup>th</sup> August 2023. The evening commences with Mass at **6.00 PM** followed by a light meal and a short meeting. Following the meeting Father Bill will be our guest speaker. His topic will be "The Mass" and should not be missed. Everyone is welcome. Please "come and see".

*Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians and novices and for the perseverance of existing vocations.*

Please telephone: Terry Scanlan on **0438 887 295** or email [terry\\_scanlan@bigpond.com](mailto:terry_scanlan@bigpond.com) if you would like to attend.

Peace

Terry

0438 887 295



ABN 67 098 980 922

**SYDNEY'S RESIDENTIAL PAINTING SPECIALISTS**

*Family Owned Business*

**02 9686 4444**

[www.asnu.com.au](http://www.asnu.com.au)



**ROCKWELL MEDICAL CENTRE**

FOR APPOINTMENTS  
**CALL US : 8212 8667**

OR BOOK ONLINE :

[HTTPS://WWW.ROCKWELLMEDICALCENTRE.COM.AU](https://www.rockwellmedicalcentre.com.au)

**GENERAL PRACTITIONERS**

DR MIRANDA MAW, MBBS, FRACGP, DCH  
DR SHEHNAZ KHAN, MBBS, FRACGP  
DR GERARD MCLAREN, FRACGP, FAFRM (RACP), FACRM

**SPECIALIST :**  
PROF. DAVID KANDIAH, RHEUMATOLOGIST

**ALLIED HEALTH :**  
DR GEORGE DRAGASEVICH, CHIROPRACTOR

**OUR LOCATION :**  
GROUND FLOOR, NORTH SHORE HEALTH HUB, 7 WESTBOURNE STREET, ST LEONARDS, NSW



All types of Glass Repair • Framed Shower Screens  
Frameless Shower Screens • Table Tops  
Semi Frameless Shower Screens • Mirrors  
Kitchen Splashbacks

19/1-7 Short Street  
Chatswood, NSW 2067

Email: [info@willoughbyglass.com.au](mailto:info@willoughbyglass.com.au)  
Web: [www.willoughbyglass.com.au](http://www.willoughbyglass.com.au)

Tel: (02) 9882 3648  
Fax: (02) 9882 3649

**WilloughbyGlass**

**Epsilon Legal lawyers**

Conveyancing – **Wills and Estates** –  
Powers of Attorney **Appointment of Enduring Guardian** – Leasing

***France Booth***

9 High St, Willoughby NSW 2068  
phone/Fax: +61 2 9958 1994  
mobile: +61 432 320 701  
e: [flisbooth@epsilonlegal.com.au](mailto:flisbooth@epsilonlegal.com.au)  
[www.epsilonlegal.net](http://www.epsilonlegal.net)



**LANDSCAPES**  
DESIGN & CONSTRUCTION  
QUALITY LANDSCAPING SERVICES

Josh Moschella - 0410 101 011  
[silverspade@live.com.au](mailto:silverspade@live.com.au)  
[www.silverspade.com.au](http://www.silverspade.com.au)



**PERSONAL TRAINER IN WILLOUGHBY**  
**DAMIEN GIARDINA**

**FIRST SESSION FREE**

**0432 210 343**  
DAMIEN.GIARDINA@HOTMAIL.COM

**STRENGTH TRAINING  
HIIT TRAINING  
BOXING  
SMALL GROUP**

CHECK ME OUT ON INSTAGRAM:  
@DGCOACHING.COM.AU



## Office of the Bishop

### **Vox Populi** **18 August 2023**

Many parents, friends, fellow students and parishioners have no doubt been hearing the incredible stories our World Youth Day pilgrims experienced recently. Although everyone needed to get back into their routine upon returning, what they saw, heard and were part of is something that will not only remain with them forever but is also a wonderful staging platform for their enhanced spiritual journey.

Many people have asked about the various addresses and homilies of Pope Francis in Lisbon.

The official translations have now been released by the Vatican, and can be found on our [DBB website](#). Additionally, below are the YouTube links to the Papal events, with English translations:

[\*\*Papal Welcome\*\*](#)

[Stations of the Cross](#)

[\*\*Vigil\*\*](#)

[Missioning Mass Homily](#)

Please encourage our students and young adults to talk about their pilgrimage to Italy and Lisbon, in family groups, at school or in your parish. It is part of their continuing journey.

A special thank you to Bishop Anthony, the teachers, priests, seminarians and leaders who cared and encouraged every pilgrim.





A new document produced by the Bishops Commission for Evangelisation, Laity and Ministry encourages Catholics to “preach all the Gospel, to all the world, all the time”. The document reflects on the proclamation of the Gospel, drawing on recent Papal teaching and referring to well-known Gospel parables.

This document offers good formation for parish leaders, ministers and all parishioners in better understanding the key concepts of evangelisation, discipleship and mission in a clear and relevant way.

For further discussion and support about the use of this document in parish life, please contact Pina Bernard at [pina.bernard@bbcatholic.org.au](mailto:pina.bernard@bbcatholic.org.au) or 0432 682 239.

[Access the document here \(PDF\)](#)

## Areté Missionary Leadership Course 2024 – Applications Open



Registrations are now open for the Arété Centre Foundations of Missionary Leadership Program for 2024. The Program equips people with the knowledge, skills, and values to become effective missionaries and leaders in their parishes and communities. Parish leaders are encouraged to apply, with **subsidies being offered by Evangelisation Broken Bay**. Please contact Pina Bernard on 0432 682 239 or

[pina.bernard@bbcatholic.org.au](mailto:pina.bernard@bbcatholic.org.au) to discuss subsidy options.

### Virtual Open Night

To find out more about the Course, join Fr Chris Ryan MGL and an exciting panel of guests including Fr Rob Galea, Fr Simon Lobo and others, at the Virtual Open Night for a wide ranging conversation about the powerful role lay people can play in the Church's Mission.

Date: Thursday 17 August

Time: 7.30pm

Register: [www.aretecentre.org](http://www.aretecentre.org) for this free online event

## Annual Seminarian Benefit Dinner

Calling all #BrokenBay faithful! Come join us for an amazing evening Saturday, September 2<sup>nd</sup> 2023. Enjoy delicious food, friendly company and musical performances put on by our very own seminarians. Most importantly, support our diocese's commitment to inspiring vocations! Seats are limited. Tickets are \$60pp, all are welcome! Secure yours now at the [link](#).

**Date:** Saturday, September 2, 2023, at

**Time:** 6:30pm, after the 5pm Vigil Mass.

**Venue:** Our Lady of Dolours Chatswood Parish – Harrington Hall, 94 Archer Street, Chatswood 2067

**Tickets:** \$60 per person

CHATSWOOD PARISH &  
CATHOLIC VOCATIONS BROKEN BAY  
INVITE YOU TO JOIN US  
FOR THE

*Seminarian Benefit Dinner*

Support our Broken Bay Seminarians and help raise  
awareness of the importance of vocations in our Diocese

SEPTEMBER  
SATURDAY | 2 | AT 6:30 PM  
2023

 Being Church in the City



 CATHOLIC  
VOCATIONS  
BROKEN BAY

**\$60pp Bookings Essential**

FOR TICKETS: [HTTPS://WWW.TRYBOOKING.COM/CJOUX](https://www.trybooking.com/CJOUX)  
OUR LADY OF DOLOURS CHATSWOOD PARISH – HARRINGTON HALL  
94 ARCHER STREET, CHATSWOOD 2067  
CONTACT: (02) 9410 9000  
EMAIL: [CHATSWOODOFFICE@BBCATHOLIC.ORG.AU](mailto:CHATSWOODOFFICE@BBCATHOLIC.ORG.AU)  
[VOCATIONS.MINISTRY@BBCATHOLIC.ORG.AU](mailto:VOCATIONS.MINISTRY@BBCATHOLIC.ORG.AU)





## **DO YOU FEEL STUCK? IS THERE SOMETHING YOU JUST CAN'T RESOLVE ON YOUR OWN?**

Counselling supports with CatholicCare Broken Bay are now available. Counselling provides an opportunity to explore tricky life experiences or concerns in a safe and reflective environment. When feelings become overwhelming or confusing, counselling can be really helpful. We work with you, assisting you to face challenges and stressors, coming up with suggestions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward.

We offer face-to-face sessions at our Artarmon, Brookvale, Tuggerah and Waitara based Family Centres as well as via telehealth. And we have short wait lists. Sessions are \$60 per hour and a \$20 rate is available for concession card holders. We are also an accredited provider of NDIS supports.

Please reach out today – our door is open. Call 1800 324 924 or visit [www.feelingblue.au](http://www.feelingblue.au).