

Catholic Parish of Lower North Shore





St Thomas' Willoughby

St Philip Neri Northbridge St Leonard's Naremburn Twinned with the Parish of Letefoho, Timor Leste.

MISSION - "Together, in Christ's love, for others"

We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.

PARISH OFFICE

182 High St, North Willoughby NSW (02) 9958 8846

Soffice@Ins.org.au

www.bbcatholic.org.au/lns

OFFICE HOURS

Monday to Friday: 9:00am - 4.00pm **CLERGY**

Fr. Jose Philip, OSH (Parish Priest) jose.philip@bbcatholic.org.au

Fr. Biju Mathew, AP biju.mathewK@bbcatholic.org.au Fr. Vincent Trung Nguyen, AP

vincent.nguyen@bbcatholic.org.au Fr. Emmanuel Obiche, AP

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Fr. Peter Dowd (RNSH Chaplain)

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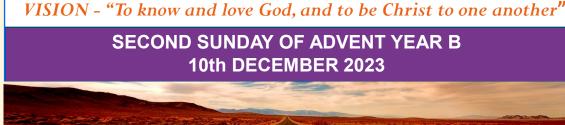
Secretary Ursula O'Hare (Mon - Fri) Dionne Soares (Mon & Fri) **Children's Sacrament Co-ordinator** Kristy Komadina (Tue & Wed) sacraments@Ins.org.au Catechist Co-ordinator Henny Theodorus (Tue) ccd@lns.org.au Finance (bookkeeper)

llona Dudek (Fri) accounts@Ins.org.au **CATHOLIC SCHOOLS**

St .Thomas' Primary School 2 Horsley Ave, Willoughby NSW (02) 7256 2104

Principal: Enrica Bova enrica.bova@dbb.catholic.edu.au St. Philip Neri Primary School

67 Baringa Rd, Northbridge NSW (02) 9958 7136 Principal: Liz Calabria



Dear Brothers & Sisters,

As we enter the second week of Advent we hear in the opening verses of Mark 1:1-8, that we are called to reflect on the profound message of preparation and repentance. As we immerse ourselves in this passage, the figure of John the Baptist emerges, a voice in the wilderness proclaiming a call to repentance and preparing the way for the Messiah. In our own spiritual landscapes, how often do we find ourselves in the wilderness-times of uncertainty, doubt, or longing? John's message echoes through the ages, urging us to turn towards God, to repent and be renewed. The baptism he offers symbolizes a cleansing, a fresh start, an invitation to embrace the transformative power of Christ in our lives.

This Gospel challenges us to reflect on our spiritual preparedness. Are we open to the transformative journey Christ offers? The urgency in Mark's narrative calls us to examine our hearts, making space for repentance and renewal. To help make room for the presence of Jesus in our lives the parish will be holding two Reconciliation & Prayer Evenings. The first will be held on Tuesday 12th Dec 7.30pm at St Leonards Church, this will also include Adoration. The second will be held on Wednesday 20th Dec 7pm at St Thomas' Church starting with the Rosary. So I invite you to come and allow the grace that comes from confessing our sins to open our hearts to a deeper relationship with God and strengthen our connection with the community. In the spirit of humility and renewal, let us approach the sacrament, allowing the love and mercy of Christ to transform us. May the message of Mark 1:1-8 inspire us to prepare our hearts, making room for the presence of Jesus, the true source of hope and renewal in our lives.

Blessings, Fr Jose Philip OSH Parish Priest



St Thomas' Church

Including Adoration

Date: Wednesday 20th December Time: 7.00PM - 8.30PM

Including Rosary & Adoration

Farewell to Kristy

We invite you all to join us for a special farewell celebration honouring Kristy, our Sacramental Coordinator. With gratitude, we share the news that Kristy will be concluding her position in the parish this year after playing an important role in our community. Please keep Kristy in your prayers as she commences her fulltime role with the diocese at CCD.

Entrance Antiphon Isaiah 30:19,30

O people of Sion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard in the joy of your heart.



Lighting of the 2nd Advent Candle

"Gracious God, as we light the second candle of this Advent wreath, we seek your peace. In a world filled with turmoil, may the light of this candle remind us of the peace

that only you can bring. Help us to be instruments of your peace in our homes, communities, and the world. Amen."

First Reading Isaiah 40:1-5, 9-11

'Console my people, console them' says your God. 'Speak to the heart of Jerusalem and call to her that her time of service is ended, that her sin is atoned for, that she has received from the hand of the Lord double punishment for all her crimes. 'A voice cries, 'Prepare in the wilderness a way for the Lord. Make a straight highway for our God across the desert. Let every valley be filled in, every mountain and hill be laid low, let every cliff become a plain, and the ridges a valley; then the glory of the Lord shall be revealed and all mankind shall see it; for the mouth of the Lord has spoken.' Go up on a high mountain, joyful messenger to Zion. Shout with a loud voice, joyful messenger to Jerusalem. Shout without fear, say to the towns of Judah, 'Here is your God. 'Here is the Lord coming with power, his arm subduing all things to him. The prize of his victory is with him, his trophies all go before him. He is like a shepherd feeding his flock, gathering lambs in his arms, holding them against his breast and leading to their rest the mother ewes.

Responsorial Psalm 84:9-14. R. v.8

(R.) Lord, let us see your kindness, and grant us your salvation.

Second Reading 2 Peter 3:8-14

There is one thing, my friends, that you must never forget:



that with the Lord, 'a day' can mean a thousand years, and a thousand years is like a day. The Lord is not being slow to carry out his promises, as anybody else might be called slow; but he is being patient with you all, wanting nobody

to be lost and everybody to be brought to change his

ways. The Day of the Lord will come like a thief, and then with a roar the sky will vanish, the elements will catch fire and fall apart, the earth and all that it contains will be burnt up. Since everything is coming to an end like this, you should be living holy and saintly lives while you wait and long for the Day of God to come, when the sky will dissolve in flames and the elements melt in the heat. What we are waiting for is what he promised: the new heavens and new earth, the place where righteousness will be at home. So then, my friends, while you are waiting, do your best to live lives without spot or stain so that he will find you at peace.

Gospel Acclamation Luke 3:4. 6

Alleluia, alleluia! Prepare the way of the Lord, make straight his paths: all people shall see the salvation of God. Alleluia!

Gospel Mark 1:1-8

The beginning of the Good News about Jesus Christ, the Son of God. It is written in the book of the prophet Isaiah: Look, I am going to send my messenger before you; he will prepare your way. A voice cries in the wilderness: Prepare a way for the Lord, make his paths straight, and so it was that John the Baptist appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. All Judaea and all the people of Jerusalem made their way to him, and as they were baptised by him in the river Jordan they confessed their sins. John wore a garment of camel-skin, and he lived on locusts and wild honey. In the course of his preaching he said, 'Someone is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the strap of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit.'

Volunteers Needed!

We need many volunteers to help us make our Christmas Masses a glorious celebration. These include roles in the nativity play for children, choir members, food servers, readers, people to set up and pack down and many more! If you are able to help, at the 6pm Christmas Eve Mass at St Leonards please use the QR code on the following page. All other Christmas Masses will have sign up sheets in each church for you to use.

> CHILDREN PARTICIPATING IN THE NATIVITY CHRISTMAS MASS ST THOMAS' CHURCH AT 6PM WILL HAVE REHEARSAL ON - THURSDAY 21st DECEMBER AT 10.30AM.

CHILDREN'S PARTICIPATING IN THE CHRISTMAS EVE CHOIR REHEARSAL- SUNDAY 17th AFTER 9.30AM MASS



Lana Zalmic, Lucy Rappa and Michael Chiu

hampers please - food is in great demand. Kind regards Lynda, Helen, June

Latest from Letefoho

Parabens! Congratulations to the first group of sponsored students to graduate from the Jesuit Teachers College in Kasait, Timor Leste!

These diligent and most grateful students were sponsored by Parishioners of LNSP through LETS, to complete their senior high school education and then their 4 year

teachers college course. They will return to Letefoho in 2024 to teach at Our Lady of Mt Carmel High School for 2 years - to "give back" to their school and community. They and their families are so thankful to LETS and the Parishioners of LNSP, who have given them such a treasured opportunity.

Lao ho Maromak!

Front row (from left): Pedro de Jesus Graça, Isabel Soares, Helena Soares, Fr Elio, Rosalina



PARISH SCHEDULE						
	St Thomas	' Willoughby	St Leonard's Naremburn		St Philip Neri Northbridge	
Weekend Masses	6.00pm Vigil Saturday 8.00am & 9.30am Sunday		10.30am Sunday 6.00pm Sunday (Youth Mass)		5.00pm Vigil Saturday 9.00am Sunday	
Weekday Masses	9.00am: Mon – Sat		9.00am: Tue, Thu, Sat		9.15am: Mon, Wed, Fri	
Adoration	Tuesday: 9.30am - 10.30am		Saturday: 9.30am - 10.00am			
Reconciliation	Saturday: 5.15pm - 5.45pm		Saturday: 9.30am - 10.00am		Saturday: 4.15pm - 5.00pm	
Healing Mass	9.00am on First Friday (Divine Mercy & Adoration)		9.00am on 3 rd Saturday			
Baptism	11.00am on 2nd and 4th Sunday		12pm on 4th Sunday		10.30am on 3rd Sunday	
Children's Liturgy	9.30am Sunday (during school term)				9.00am 4 th Sunday <i>(Family Mass)</i>	
Rosary	8.30am Mon-Fri 7.00pm Wednesd	ay	9.30am Tue, Thu, Sa	it	<i>9.45am</i> Mon, Wed, Fri	
Group of Tra SYDNEY'S RE PAINTING SP Family Owne 02 9686 WWW.ASNL	ABN 67 098 980 922 ESIDENTIAL PECIALISTS and Business 6 4444	ROCKWEL MEDICAL CENTRE FOR APPOINTMENTS CALL US : 8212 8667 OR BOOK ONLINE : HTTPS://WWW.ROCKWELL WEDICALCENTRE.COM.AU	C GENERAL PRACTITIONERS DR MIRANDA MAW, MBBS, FACGCP,OCH DR SHENNAAZ KHAN, MBBCH, FRACGP DR GERARD MCLAREN FACEN DR GERARD MCLAREN FACEN DE GECALST DE JOLINIE DE JOLEN SHORE DR LOCATION : COUND FLOOR, NORTH SHORE HEALTHH HUB, J WESTBOURNE STREET, ST LEONARDS, NSW	All types of Glass Rep Frameless Shower Scr Semi Frameless Show Kitchen Splashbacks	er Screens - Mirrors	
Conveyancing – Wills and Estates – Powers of Attorney Appointment of Enduring Guardian – Leasing France Booth 9 High St, Willoughby NSW 2068 phone/Fax: +61 2 9958 1994 mobile: +61 432 320 701 e: flishooth@ensilonlegal.com au		DESIGN & CO QUALITY LANDSC Josh Moschella - silverspade@live.(OSCHElla - 0410 101 011 ade@live.com.au silverspade.com.au		FIRST SESSION FREED FOR SOLUTION AND AND AND AND AND AND AND AND AND AN	



Vox Populi 07 December 2023

Tomorrow, on 8 December, we celebrate the Solemnity of the Immaculate Conception of the Blessed Virgin Mary.

A feast called the Conception of Mary arose in the Eastern Church in the seventh century. It reached the West in the eighth century. In the 11th century, it received its present name, the Immaculate Conception. By the 18th century, it became a feast of the universal Church and is now recognised as a solemnity. In 1854, Pope Pius IX's solemn declaration, 'Ineffabilis Deus,' clarified with finality the long-held belief of the Church that Mary was conceived free from original sin. Mary was granted this extraordinary privilege because of her unique role in history as the Mother of God. That is, she received the gift of salvation in Christ from the very moment of her conception.

Even though Mary is unique in all humanity for being born without sin, she is held up by the Church as a model for all humanity in her holiness and purity and her willingness to accept the Plan of God for her.

Every person is called to recognise and respond to God's call to their own vocation to carry out God's plan for their life and fulfil the mission prepared for them since before the beginning of time. Mary's 'Let it be done to me according to Thy Word,' in response to the Angel Gabriel's greeting, is the response required of all Christians to God's Plan.

The Solemnity of the Immaculate Conception is a time to celebrate the great joy of God's gift to humanity in Mary and to recognise with greater clarity the truth that each and every human being has been created by God to fulfil a particular mission that only He can fulfil.



ELEBRATING THE FEAST OF JR upe

12 DEC

ALL ARE WELCOME TO JOIN US FOR: MASS 7:00PM BLESSING FOR EXPECTANT MOTHERS MUSIC ON THE FORECOURT AFTER

Our Lady of Dolours | 94 Archer St Chatswood



Advent starts this Sunday, heralding a new church year and the Year B cycle of liturgical readings at Mass.

No season of the year is more at odds with our Australian culture than Advent. The advertising blitz for the Christmas shopping binge is in full swing, secular Christmas music is everywhere,

neighbourhood streets become ablaze with Christmas lights and good cheer. We easily forget the true meaning of Christmas, the birth of our Messiah, so lost on many today. Then suddenly, all the commercial Christmas glitz disappears Christmas night makes way for Boxing Day sales, the Sydney to Hobart yacht race is on and the summer holidays are in full swing.

Yes, it's a crazy time of the year; school graduation ceremonies, concerts, farewells. Workplaces celebrating end-of-the year parties. We are preoccupied with plans for Christmas day feasting and summer holidays. For many, there's a spirit of indulgence in the air, congruent with the languor of balmy summer days ahead. For others the struggle is just to keep their lives together, with living costs causing enormous stress for so many. In 2023 we are all overshadowed by a darker world with wars, conflict, and social division. Will we simply let Advent pass by unnoticed?



What does our Church say about Advent?

Advent is the twofold coming of Christ. The season where we prepare ourselves in heart and mind, to remember the first coming of the Son of God, through his Incarnation (God becomes human), **and** to joyfully anticipate his second coming at the end of time.¹

Our Advent liturgy tells its own story.

Advent begins on the Sunday on or nearest to 30th November and ends before the evening prayer on Christmas Eve. Depending on the day of the week that Christmas falls, the number of days vary but there are always four Sundays. **This year the 4th Sunday of Advent falls on 24th December, Christmas Eve.**

- Our **music** settings and hymns change, they're anticipatory, reflecting simplicity and restraint. We hear lovely hymns like the age-old *O Come O Come Emmanuel* and, *Creator of the Stars of Night*. The Gloria is not said or sung this season.
- The **colour violet** springs up everywhere denoting a season of penance, humility, and prayer as we await Christ's birth.
- The **Advent wreath** is an evergreen circular wreath signifying continuous life, the eternity of God who has no beginning or end. Each week of Advent, we will light one of the 4 candles, 3 purple and one rose, representing the 4 weeks of Advent: hope, faith, joy (rose) and peace. The white candle placed in the middle of the wreath is lit on Christmas Eve. This candle is called the "Christ Candle" and represents the life of Christ.

The Advent Sunday readings

The Sunday Mass readings are centred on the **Gospel** readings.

1st Sunday heralds the end times. (*The second coming*)

2nd and 3rd Sundays highlight the mission of John the Baptist,

 $4^{\mbox{\tiny th}}$ Sunday turns attention to the forthcoming Nativity of Christ.

The **Old Testament** readings consist of messianic prophecies, mostly from Isaiah, while the **second readings** are season-related extracts from the writings of the Apostles.

Take a little time during each week this Advent to read through the Sunday readings and see this story unfold.

(UNLYGRC #39, 1969)

Ref: https://www.catholic.au/s/article/Advent-and-Christmas

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Here are some ideas to help you focus on the Advent season this year.

We have put together a music play list of Advent music both old and new. Take a little time out, listen in the car, out walking, at home, to help you focus on this wonderful season of Advent. Keep the Christmas carols to later in Advent. <u>https://open.spotify.com/laylist/4NkqWPgXx4VeVwwcoqQxbf?</u> <u>si=e9771d18ae38423b</u>

Have a listen to the popular Fr Mike Schmitz on the true meaning of Advent (8mins). <u>https://</u>

youtu.be/WD357YYDk1A?si=576WFL5_gll_QeBj

Partake in an Advent prayer study at home or with others. <u>Eg https://www.ignatianspirituality.com/</u> <u>advent/</u>

Spend calming prayer time with Jesus in the Advent Holy Hour 7.30pm Dec 12, St Leonards Church.

Go to confession.

Get to a local Handel's Messiah concert, specifically written as an Oratorio to be performed during Advent.



Christmas For Waterloo

Again this year members of Vinnies are asking you to give Gifts and Hampers for the families we visit in Waterloo. Most of these families live in isolation in the Department of Housing high rise units.

For many years now our parish has generously given to these families bringing some joy into their lives for Christmas. For this they have always expressed sincere gratitude.

This year with the increase in food prices etc; the people we serve and of course the homeless cannot afford any treats or luxuries.

You have already given generously to the homeless and now we are asking for your help again. Under the Christmas tree you will find cards with suggestions for hampers. There will be cards on the tree if you wish to give gifts.

Please place your GIFTS or HAMPERS under the tree on the 9th & 10th December in each church so that they can be ditributed in time

for Christmas. Thank you June, Helen & Lynda

