



Catholic Parish of Lower North Shore



St Thomas' Willoughby



St Philip Neri Northbridge



St Leonard's Naremburn

Twinned with the Parish of Letefoho, Timor Leste.

We wish to acknowledge the traditional custodians of the land on which we gather, the Cammeraygal and the Wallumedegal peoples, who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and commit ourselves to the ongoing journey of Reconciliation.

PARISH OFFICE

182 High St, North Willoughby NSW
(02) 9958 8846

✉ office@lins.org.au

🌐 www.bbcatholic.org.au/lins

OFFICE HOURS

Monday to Friday: 9:00am - 4:00pm

CLERGY

Fr. Jose Philip, OSH (Parish Priest)

jose.philip@bbcatholic.org.au

Fr. Biju Mathew, AP

biju.mathewK@bbcatholic.org.au

Fr. Vincent Trung Nguyen, AP

vincent.nguyen@bbcatholic.org.au

Fr. Peter Dowd (RNSH Chaplain)

peter.dowd@bbcatholic.org.au

PARISH STAFF

Secretary

Ursula O'Hare (Mon - Fri)

Dionne Soares (Mon & Fri)

Children's Sacrament

Co-ordinator

Natalie Wood (Mon, Tue & Thurs)

sacraments@lins.org.au

Catechist Co-ordinator

Henny Theodorus (Tue)

ccd@lins.org.au

Finance (bookkeeper)

Ilona Dudek (Fri)

accounts@lins.org.au

CATHOLIC SCHOOLS

St. Thomas' Primary School

2 Horsley Ave, Willoughby NSW

(02) 7256 2104

Principal: Enrica Bova

enrica.bova@dbb.catholic.edu.au

St. Philip Neri Primary School

67 Baringa Rd, Northbridge NSW

(02) 9958 7136

Principal: Liz Calabria

MISSION - "Together, in Christ's love, for others"

VISION - "To know and love God, and to be Christ to one another"

THIRD SUNDAY IN ORDINARY TIME

21st January 2024



Dear Parishioners,

As we approach Australia Day this week, let our hearts be called to reflect on both the values of our nation and the timeless message in this Sunday's Gospel reading. This resonates with the call for reflection and renewal, both in our individual faith journeys and in our shared national identity. Jesus' invitation to Simon, Andrew, James, and John by the Sea of Galilee mirrors the call to discipleship—a call to transform our lives and actively participate in the unfolding of God's kingdom.

Australia Day also invites us to reflect on our nation's history, acknowledging both its achievements and the challenges we face. In the Gospel, Jesus proclaims, "The time is fulfilled, and the kingdom of God is at hand." Similarly, as Australians, this moment beckons us to reckon with our past, seeking repentance where needed, and working towards a more just, inclusive, and reconciled future.

As we celebrate Australia Day, let us deepen our connection with the land, its people, and the Gospel message. May the spirit of discipleship inspire us to contribute positively to our nation's journey, guided by the teachings of Christ. Together, as a community, let us strive for a more inclusive, compassionate, and just society.

In unity and faith, **Fr Jose Philip**

Australia Day Masses will be held on Friday 26th

9am at St Thomas' Church and 9.15am at St Philip Neri Church

P R E P A R E
THE SEASON OF LENT

With Lent around the corner we would like to offer you the opportunity to embrace a meaningful Lenten journey with our special program Pieta! Join us for prayer, reflection, and community as we explore spiritual growth and deepen our connection with God. Together, let's make this Lent a transformative experience.

Please see the details on the following page.

Entrance Antiphon

Cf Psalm 95:1,6

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.

First Reading

Jonah 3:1-5. 10

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.

Responsorial Psalm

Ps 24:4-9. R. v.4

(R.) Teach me your ways, O Lord.

1. Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour.

(R.)

2. Remember your mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord.

(R.)

3. The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor.

(R.)

Second Reading

1 Corinthians 7:29-31

Brothers, our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

Gospel Acclamation

Mark 1:15

Alleluia, alleluia!
The kingdom of God is near:
believe the Good News!
Alleluia!

Gospel

Mark 1:14-20

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time

has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake - for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.

Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

Communion Antiphon

Cf Psalm 33:6

Look toward the Lord and be radiant;
let your faces not be abashed.

LITURGY of THE WEEK

Monday 22nd	3rd week in Ordinary Time
Tuesday 23rd	3rd week in Ordinary Time
Wednesday 24th	St Francis de Sales
Thursday 25th	The Conversion of St Paul
Friday 26th	Australia Day
Saturday 27th	3rd week in Ordinary Time

IN OUR PRAYERS

Recently Deceased :

Michele Guerrera

Anniversaries:

Bob Bongiorno

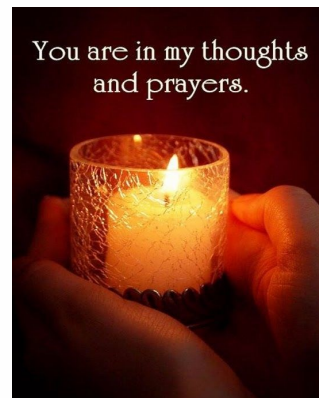
Morris Thacker

Sick:

Bishop Peter Ingham and

Michael Chiu

You are in my thoughts
and prayers.



Rosary

Please join us for the Rosary
every Wednesday at
St Thomas' Church



Please join us for our Lenten Program



This year we would like to offer the parish community the opportunity to prepare for lent by participating in a Lenten Program.

The Parish will be purchasing books for you to use in a group or for individual use from the Diocese of Wollongong. The book includes daily reflections from Ash Wednesday to Easter Sunday for personal reflection in addition to longer-form Sunday Scripture reflections, readings, responsorial psalms, prayers and reflection questions that are traditionally part of group Lenten programs. The book also includes beautiful artwork from the Masters with accompanying artwork reflections.

If you would like to purchase the Lenten book for individual use or to join a group please phone the office 99588846 or write your name on the sheet provided in the entry of each church.

Group session TBA

The cost of the book will be \$8.00

Farewell Fr Biju

At the end of 2023 the parish received news from the Bishop that Fr Biju will be sadly concluding his appointment with us here at Lower North Shore Parish to assume a new appointment as Assistant Parish Priest of Frenchs Forest.



The parish would like wish our wonderful Fr Biju Mathew every blessing for his new appointment at Frenchs Forest. We have been greatly blessed and enriched by Fr Biju's ministry here in Lower North Shore for the past three years. His new appointment will be effective from Friday 9th February 2024. To thank Fr Biju the parish will have a farewell celebration morning-tea on Sunday January 28th after the 9.30am Mass at St Thomas'. Please join us in thanking Fr Biju for his ministry here in Lower North Shore over the past three years. Please keep Fr Biju in your prayers during this time.

Date: Sunday 28th January

Time: 9.30am Mass + morning tea

Place: St Thomas' Church Willoughby

Message of thanks from Vinnies

Thank You

This week we are back at Maternal Heart and at Waterloo reconnecting with the people we serve.

From them I want to pass on a big thanks for the wonderful array of toiletries, gifts and hampers you so generously donated at Christmas time. Also special thanks to the people who contributed their time to help pack the mass toiletries into manageable parcels. Your generosity has made a big difference in the lives of disadvantaged people we see.

We need your help!



Date from 23 January. The LETS team are asking for fit young men who could lift 51 donated sporting goods at an Artarmon warehouse onto 3 trolleys to transfer from the storage room floor to a lift for the Schenker's Courier to transport to Victoria for Letefoho, East Timor (for free.) Depending on how many volunteers the work would be about an hour and half.. Please ring or text subject "Lifting goods" to Mary-Louise 0417300353 or Marylouise@dfd.com.au.

Sacramental Coordinator



My name is Natalie Wood and I'm the new Sacramental Coordinator for our parish. I have been a parishioner here in the Lower North Shore Parish for the past thirteen years and I am very excited to be in this new role.

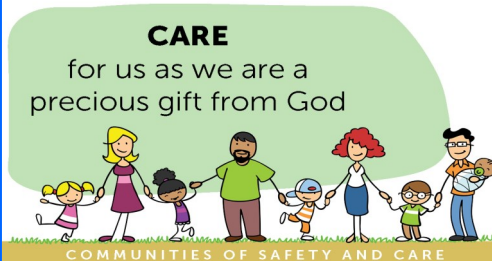
Previously I have been involved in facilitating the Young Adults Group at St Leonard's Church and a discovering Christ course held in the parish. I look forward to meeting all the children and their families especially the privilege of being able to share this journey with them. Please don't hesitate to contact me at any time if you have any queries about the sacramental program or the baptism of your child.

Cuppa N' Conversation



We gather in the Front Room of the Parish Hall **every Wednesday** between 9.30am and 11.00am. All welcome.
Marie Harris 0417 077 020

We will be kept safe by **ADULTS** who...



We are committed to the **NATIONAL CATHOLIC SAFEGUARDING STANDARDS**



Pope Francis said:

"Being a Catechist is a Vocation"

Is it Your Vocation? Join Us and Find Out...

Prayer For Catechist Ministry

My Lord and my God, take from me everything that distances me from you.
My Lord and my God, give me everything that brings me closer to you.
My Lord and my God,
detach me from myself to give my all to you.

PARISH SCHEDULE

	St Thomas' Willoughby	St Leonard's Naremburn	St Philip Neri Northbridge
Weekend Masses	6.00pm Vigil Saturday 8.00am & 9.30am Sunday	10.30am Sunday 6.00pm Sunday (<i>Youth Mass</i>)	5.00pm Vigil Saturday 9.00am Sunday
Weekday Masses	9.00am: Mon – Sat	9.00am: Tue, Thu, Sat	9.15am: Mon, Wed, Fri
Adoration	Tuesday: 9.30am - 10.30am	Saturday: 9.30am - 10.00am	
Reconciliation	Saturday: 5.15pm - 5.45pm	Saturday: 9.30am - 10.00am	Saturday: 4.15pm - 5.00pm
Healing Mass	9.00am on First Friday (<i>Divine Mercy & Adoration</i>)	9.00am on 3 rd Saturday	
Baptism	11.00am on 2nd and 4th Sunday	12pm on 4th Sunday	10.30am on 3rd Sunday
Children's Liturgy	9.30am Sunday (<i>during school term</i>)		9.00am 4 th Sunday (<i>Family Mass</i>)
Rosary	8.30am Mon-Fri 7.00pm Wednesday	9.30am Tue, Thu, Sat	9.45am Mon, Wed, Fri

ROYAL NORTH SHORE HOSPITAL MASSES

Thursday, Friday: 1.00pm | Sunday: **4.00pm**



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DR GERARD MCLAREN FRACGP, FAFRM (RACP, FACRM)

SPECIALIST :

PROF. DAVID KANDIAH RHEUMATOLOGIST

ALLIED HEALTH :

DR GEORGE DRAGASEVICH CHIROPRACTOR

OUR LOCATION :

GROUND FLOOR, NORTH SHORE HEALTH HUB, 7 WESTBOURNE STREET, ST LEONARDS, NSW

Advertising Space

Available Please contact the Parish Office



All types of Glass Repair · Framed Shower Screens
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Semi Frameless Shower Screens · Mirrors
Kitchen Splashbacks

Instagram.com/willoughbyglass

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